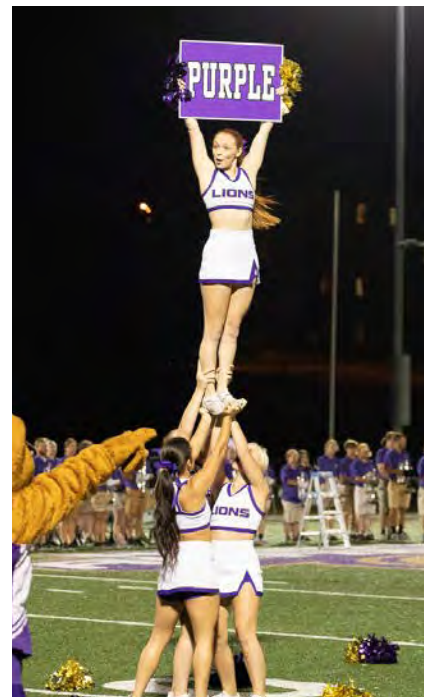




# HOMECOMING

STUDENT ACTIVITY BOOK



[una.edu/students](http://una.edu/students)



# TABLE OF CONTENTS

<u>HOMECOMING COURT</u> .....	2 - 7
<u>SPIRIT CHALLENGE</u> .....	8 - 16
<u>PEP RALLY</u> .....	17
<u>NOTES</u> .....	18
<u>HOMECOMING TAILGATE</u> .....	19
<u>NPHC STROLL OFF</u> .....	20
<u>PAST WINNERS</u> .....	21
<u>FIGHT SONG</u> .....	22

# HOMECOMING COURT NOMINATIONS & ELECTIONS



***The following rules are taken directly from the SGA Elections Manual. If you have any questions, please do not hesitate to reach out to the SGA Elections and Recruitment Chair or the Office of Student Engagement.***



# HOME COMING COURT INFORMATION

The Homecoming Court Selection is sponsored by the Student Government Association. Homecoming Court will be presented at the pregame show on September 30th at Braly Stadium.

## **NOMINATION OF THE COURT**

Homecoming Court Nominations open August 16th on Campus Groups and close Sept 5th at 5pm.

*IMPORTANT! The Nominee must complete a FERPA release form before the deadline (Sept 5) in order to be included on the ballot. It can be found on page 6.*

## **SELECTION OF THE COURT**

Homecoming Court Elections begin September 11 at 8:00am and conclude September 13 at 5:00pm. The ballot will be emailed to students' UNA email address the morning the elections begin.

## **SELECTION OF THE KING & QUEEN**

The 5 women with the most votes and 5 men with the most votes will be included on the homecoming court and King and Queen ballot. The King and Queen elections begin September 18 at 8:00 am and concludes September 20 at 5:00pm. The ballot will be emailed to students' UNA email address the morning the elections begin.



## **HOME COMING COURT MEETING**

The court must meet with Ms. Becca Bush in the Student Engagement Conference Room on September 25th at 1:30pm to discuss logistics for the week.

## **HOME COMING COURT REHEARSAL**

The rehearsal will be the afternoon of Friday, September 29th. The specific time and location will be announced at the Court Meeting on September 25th.

## **HOME COMING COURT RULES**

The Homecoming Election rules and regulations are listed on the following pages and have been taken directly from the Student Government Association's Election Manual.



# TITLE II – HOMECOMING RULES AND ELECTIONS

## CHAPTER 5 - Eligibility

- 5.1 Students who are enrolled full-time, who are currently enrolled at the University of North Alabama, and are considered a Junior or Senior, may be eligible for nomination.
- 5.2 To be nominated for Homecoming Court, a nominee must have a cumulative institutional GPA of 2.5.
- 5.3 No previously elected queen or king, or student serving on the Homecoming Committee shall be eligible.

## CHAPTER 6 - Nominations

- 6.1 All student organizations in good standing with Student Engagement shall be eligible to nominate one (1) candidate for Homecoming Queen and/or one (1) candidate for Homecoming King.
- 6.2 Students that are not nominated by an organization may qualify as a nominee by submitting a petition of fifty (50) signatures and Student L Numbers of currently enrolled University students to the Office of Student Engagement. The deadline for petitioned nominees to be submitted shall be the same as the deadline for organizations nominees to be submitted.
- 6.3 If a student is nominated by more than one (1) organization, the student will be able to select which nomination to accept. An organization has the option to submit another nomination if a student accepts another organization's nomination.
- 6.4 The nomination form shall be filled out online. In extenuating, circumstances, paper nomination forms shall be present in the Student Engagement office (GUC 163).

## CHAPTER 7 - Election Process

- 7.1 Elections for Homecoming King and Queen will be a two-vote process. All nominees will be on the first ballot to determine who shall make it on homecoming court. After the first round of voting, the top five (5) in each category will make it on the homecoming court for the next ballot. The second round of voting will determine who on the homecoming court will be the Homecoming King and Queen. The person receiving the highest number of votes in each category will become the Homecoming King/Queen.
- 7.2 The first round of voting will take place one week before homecoming. The second vote will be during the week of Homecoming.
- 7.3 Each ballot will open at 8:00 a.m. and close at 5:00 p.m.
- 7.4 The polls will open for a three (3) day period beginning at 8:00 a.m. on the first day and ending at 5:00 p.m. on the third day.
- 7.5 The designated Elections and Recruitment member shall be responsible for publishing the ballot. Should he/she be nominated for the Homecoming Court, then a member of the Elections and Recruitment Committee, appointed by the Chair, is responsible for publishing the ballot.

# TITLE II – HOMECOMING RULES AND ELECTIONS

- 7.6 Students who are enrolled full-time , who are currently enrolled at the University of North Alabama, and are considered a Junior or Senior, may be eligible for nomination.

## CHAPTER 8 - Rules

### 8.1 **Campaigning**

- 8.1.1 The selected Homecoming Court shall be allowed to campaign digitally until the Homecoming Court is announced.
- 8.1.2 The selected Homecoming Court shall be allowed to campaign both digitally and physically starting the day that the Homecoming Court is announced.
- 8.1.3 Candidates are expected to run a fair, truthful, and respectable campaign.
- 8.1.4 Untruthful or misleading statements, and offensive or obscene images are not permitted during campaigning.
- 8.1.5 SGA is not liable or responsible for any untruthful or offensive statements made about candidates by other candidates, students, or employees of the University.
- 8.1.6 Candidates are not allowed to remove, cover, or deface other candidates' campaign materials.
- 8.1.6b If a candidate and/or their volunteer(s) is found to have maliciously done anything mentioned in 8.1.6, the candidate shall be referred to the Judicial Branch who will then make a recommendation for what shall be done.
- 8.1.6c Candidates must submit a list of all volunteers working for their campaign to the Elections and Recruitment Committee.

### 8.2 **Campaign Material**

- 8.2.1 A candidate's campaign material must comply with Residence Hall and all University policies.
- 8.2.2 All campaign material must be free of any untruthful, misleading, discriminative, or obscene statements or images.
- 8.2.3 No campaign material shall be distributed among or placed on, utility poles, statues, monuments, sidewalks, steps, bike racks, trees, chain guards, or bushes.
- 8.2.4 Any chalking of the campus used in campaigning must be approved through the University.
- 8.2.5 No adhesive-backed campaign material will be allowed except for the sole purpose of attaching candidate posters to glass windows by using clear tape.
- 8.2.6 Campaign materials must be removed by the deadlines posted for the current campaign period.
- 8.2.7 The deadline for each campaign period shall be three (3) school days after said election.
- 8.2.7b Failure to comply with 8.2.7 will result in a \$50 fine.

*Important! The Nominee must complete a FERPA release form before the deadline to be included on the ballot. An email of the form should be automatically sent.*



## **STUDENT GOVERNMENT ASSOCIATION FERPA ACADEMIC RELEASE**

Signing this form signifies that I wish to wave my rights granted to me by the Family Educational Rights and Privacy Act of 1974 (FERPA) and permits the University of North Alabama to release academic information to the Student Government Association. Signing this form will authorize access to personal academic information to the following persons: Student Engagement Professional Staff, SGA Advisor, the Elections and Recruitment Chair, and the Chief Justice of the Judicial Branch.

I hereby permit the Student Engagement Office to access and release my academic information to determine eligibility status for various activities sponsored by SGA, UPC, and/or the Student Engagement Office. The Student Engagement Office will maintain my semester and cumulative grade average information on file for one year. If you have any questions about signing this information release, please contact the Office of Student Engagement at 256-765-4248.

FULL LEGAL NAME: \_\_\_\_\_

UNA L#: \_\_\_\_\_

NOMINATING ORGANIZATION: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

***DUE ON SEPT 5TH***

PLEASE HAVE READY TO UPLOAD ON YOUR  
NOMINATION FORM



# CONTACT INFORMATION FOR QUESTIONS

SGA Elections & Recruitment Chair

Anjalee Crawford



[una.edu/sga](http://una.edu/sga)



[acrawford3@una.edu](mailto:acrawford3@una.edu)



256-221-6446





# HOMECOMING

## SPIRIT CHALLENGE

**Dear Lions,**

The University is officially celebrating the 50th anniversary of the ninth and final name change of our institution to the University of North Alabama. We are excited to celebrate this significant event and are looking forward to continuing the numerous traditions that have occurred since before and after the title of UNA. We invite you to celebrate the continuation of old traditions, as well as, the birth of new ones. Therefore, it is an exciting time to be at UNA and embrace the, "**CHEERS TO 50 YEARS.**"

The University of North Alabama is excited to host the 2023 Homecoming week beginning, Monday, September 25. We will conclude the week with the UNA Homecoming Football Game on Saturday, September 30 at 6:00 pm. The University will provide an assortment of activities for all students to unite as one and display our Lion Pride.

All students are encouraged to celebrate Homecoming by organizing a team to participate in the Homecoming Spirit Challenge sponsored by the University Program Council. Teams may consist of individual student groups or registered student organizations. Each team will compete in various activities throughout the week to become the 2023 Homecoming Spirit Challenge winner.

Applications for registration open August 28, 2023 at 9:00am.

The Deadline to register is September 18, 2023 at 6:00pm.

Scan here to sign up:



This manual is a reference for all students who are interested in contributing to the success of Homecoming. Please review all information, guidelines, and deadlines carefully.

**Good Luck and Roar Lions!**



**Jacob Davis**  
**Spirit Activities Planner**



# HOMECOMING SPIRIT CHALLENGE

**SEPTEMBER 25 - SEPTEMBER 30**

The University Program Council would like to welcome students to participate in the annual Homecoming Spirit Challenge! Please review the following rules and guidelines:

1. Each event will be individually judged. Results of each event will be tallied to determine the overall winners. You can compete in as many challenges as you wish.

2. There will be three divisions to compete in. The divisions are as follows:

### **MEN, WOMEN, CO-ED**

There will be a first and second place winner in the following competitions: Window Painting, Lion Olympics, and the Parade Float Competition. The Blood Drive will be based on member participation only. An overall homecoming winner will be declared based off of the team with the most points at the conclusion of all competitions.

3. All team members must be currently enrolled graduate or undergraduate students at UNA.

4. Teams must be submitted before 9/18/23 @ 6PM


5. The Parade Float and Overall Spirit Challenge winners will be announced on September 30th at the football game. The Window Painting and Lion Olympic winners will be announced during the Pep Rally on Friday, September 29th.




### IMPORTANT CONTACT INFO

UPC Spirit Activities Planner  
Mr. Jacob Davis

Coordinator of Student Activities  
Ms. Becca Bush

 256-436-6495

 256-765-4792

 jdavis52@una.edu

 rbush@una.edu



# IMPORTANT DATES

**SPIRIT CHALLENGE REGISTRATION:** Mon, Aug 28 to Mon, Sept 18 @ 6:00pm on Campus Groups

**MANDATORY TEAM CAPTAIN MEETING:** Mon, Sept 18 @ 6:00pm in the SGA Chambers

**WINDOW PAINTING COMPETITION:** Mon, Sept 25 from 9:00am - 4:30pm at the GUC Windows

**BLOOD DRIVE:** Tues, Sept 26 from 8:00am to 5:00pm in the SRC Gym

**LION OLYMPICS:** Thur, Sept 28 @ 7:00pm on the Soccer Field (Field beside Flowers Hall)

**PEP RALLY:** Fri, Sept 29 @ 9:00pm at the Soccer Field (Field beside Flowers Hall)

**PARADE FLOAT COMPETITION:** Sat, Sept 30 @ 11:30am on Pine Street

*The University Program Council challenges each team or organization to coordinate their competition pieces with dignity and UNA SPIRIT in mind. Good Luck & Roar Lions!!*

# SPIRIT CHALLENGE

## CHALLENGE RULES, GUIDELINES, AND SCORING

**GUC WINDOW PAINTING POINTS WILL BE DISTRIBUTED BASED ON POINTS AWARDED TO EACH TEAM OUT OF THE 30 POINTS AVAILABLE.**



**BLOOD DRIVE POINTS WILL BE AWARDED AS FOLLOWS:**

**10 POINTS WILL BE AWARDED TO EVERY TEAM WHO HAS 20% OF THEIR REGISTERED ORGANIZATION DONATE BLOOD.**



**LION OLYMPICS POINTS WILL BE DISTRIBUTED BASED ON PLACEMENT IN EACH OF THE 5 INDIVIDUAL COMPETITIONS:**

**FIRST PLACE: 15 POINTS  
SECOND PLACE: 10 POINTS  
THIRD PLACE: 5 POINTS**



**PARADE POINTS WILL BE DISTRIBUTED BASED ON POINTS AWARDED TO EACH TEAM OUT OF THE 30 POINTS AVAILABLE.**

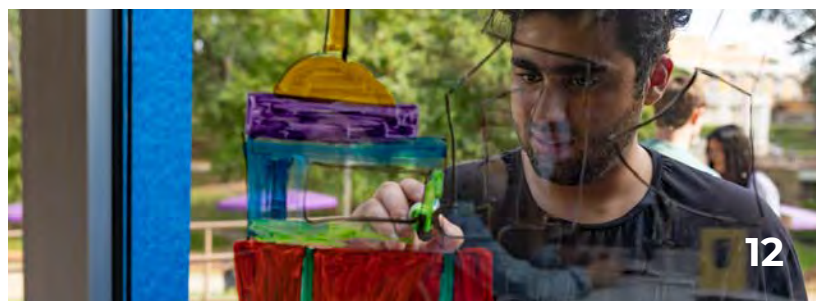


# WINDOW PAINTING COMPETITION

Monday, September 25 | 9:00am - 4:30pm

**The window painting event is designed as a competition in artistic ability, coupled with school spirit. Teams will paint their assigned window in the front of the GUC using their own design and interpretation of the Homecoming theme. Creativity, use of theme, and artistic appeal are the judging factors and are encouraged. Rules and guidelines are listed below.**

1. Each team will be assigned a window panel on the front side of the GUC on which to prepare their entry. Windows will be assigned at the first mandatory meeting.
2. Space is limited to the first 30 teams registering. Windows can only be painted on the outside of the GUC windows.
3. The entry should include the Homecoming theme. It is not required to incorporate the football game opponent.
4. Window entries must be painted between the hours of 9:00am and 4:30pm on Monday, Sept 25th. Any team that begins painting prior to 9:00am or after 4:30pm will be penalized 10 points. In the event of rain, the competition will be postponed until Wednesday, Sept 27th under the same time limits stipulated above.
5. Groups will be rated on a scale of 1 - 10, with 30 being the highest possible total. The groups will be judged on the following:
  - a) Creativity
  - b) Use of theme
  - c) Artistic Appeal
6. The winners of this event will be announced during the Homecoming Pep-Rally on Sept. 29th.
7. Groups are not responsible for cleaning the windows.
8. Each team **must leave a 2 inch margin** around its painting. Failure to do so will result in a 15 point deduction from the group's total window painting score.
9. Teams must use the water-based paints provided by UPC for their window painting. Failure to do so will result in a 25 point deduction from the group's total window painting score.
10. The paint colors provided may vary. They include: Pink, White, Red, Blue, Purple, Black, Yellow, Orange, and Gold.
11. All teams participating in this event are prohibited from using University property in preparation and painting of the window. This includes, but is not limited to, standing on chairs outside the GUC, standing on benches outside the GUC, etc. If this occurs, your team will be fined for the replacement of damaged property.
12. All teams are required to **bring** and **use** a DROP CLOTH to protect the concrete outside the GUC. Failure to use a drop cloth will result in a 15 point deduction from the group's total window painting score.  
*\*\*Note: Ladders will not be provided\*\**
13. All entries must be in good taste. References to alcohol, drugs, and/or negative references about any campus organizations, students, faculty, or staff are strictly prohibited.



# BLOOD DRIVE

Tuesday, September 26th | 8:00 AM - 5:00 PM | SRC Gym

**Teams will be given the opportunity to participate in a Blood Drive donation through LifeSouth to benefit local blood banks in the Shoals Community. Rules and guidelines are listed below.**

1. Each group is requested to have 20% of your total organization participate. Each team that meets this goal will receive 10 bonus points toward their overall Spirit Competition Score.
2. Each individual donor is required to stop by the UPC table to sign in to the event and list the team they are donating on behalf of.
3. Donations can only be accepted during the event from 8:00am to 5:00pm. No points will be awarded after 5:00pm.
4. All individuals who are willing to donate and sit down with a LifeSouth worker to do registration paperwork will be counted toward a team's total percentage. Should an individual be told that they are unable to donate at that time for any reason, this shall not be held against them as they did their part to participate.
5. All individuals who are planning to donate on behalf of an organization are expected to register for a donation time-slot through Life South to ensure excessive wait times are avoided. The form link will be sent directly to captains to distribute among their team as they deem best.
6. Any cheating will result in immediate disqualification. Any claims will be evaluated by the Coordinator of Student Activities and the Director of Student Engagement and their decision will be final.



# LION OLYMPICS

Thursday, September 28 | 7:00pm | Soccer Field

**The Lion Olympics are designed for a competition in high spirited physical activity, creativity, and campus pride. Rules and guidelines are listed below.**

1. The Lion olympics will begin at 7:00 p.m. on the UNA Soccer Field. The race is reserved for the first 30 groups who sign up. All teams are asked to be there at 6:00 p.m. to check in and review the rules of each game. Officials will be present, please respect and follow all rules.
2. Each team will need 8 members to participate. Each individual can only compete in one competition exclusive of the tug of war challenge. Four (4) of the games require a pair and the final challenge will require all 8 team members to participate.
3. Five games will occur in the Lion Olympics. These Include
  - a) **Hungry Hungry Hippo:** Two players from each team will compete in the live competition of this board game classic. One pool of water balloons will be placed at the center of the field. Once the game begins, one member from each team will dash to grab as many water balloons from the pool as possible. Members must then transport the balloons back to their station before the next member can go in. The game will continue until all the water balloons are captured. The team with the most whole water balloons left in their bucket will be declared the winner.
  - b) **Balloon Pop:** Two players from each team will alternate in rushing down the field to pop balloons in the following order: First with their hands, Second by stomping on it, Third by sitting on it, and Fourth by laying on it. Once all balloons are popped, both team members can begin to solve the simple word puzzle.
  - c) **Rapid Relay Race:** Two players will compete in this timed event. There will be five stages to this competition.
    1. Izzy Dizzy - Two player will spin around a baseball bat 10 times
    2. Wheel Barrel - One player will put their hands on the ground and give their feet to their partner. The individual on the ground will then walk with their hands 5 yards.
    3. Ping Pong Ball Relay - One at a time, players must place a ping pong ball on their spoon, and walk 5 yards to the cup placed in front of them. The players will then gently place the ping pong balls into the cup WITHOUT using their hands. IF a player uses hands, they will both have to start the challenge over. If the ping pong ball falls off of the spoon, the individual player must restart. The two players must get both ping pong balls into the cup.  
*Note: The second player cannot go until the first completes the challenge.*
    4. Bean Bag Toss - Next, both members of the team must toss a beanbag into a hula hoop 5 yards away before they can move to the final stage of competition.
    5. Three-Legged Race - Team members will then have their inner ankles tied together and must run down the field 10 yards to the finish line.



# LION OLYMPICS

Thursday, September 28 | 7:00pm | Soccer Field

**The Lion Olympics are designed for a competition in high spirited physical activity, creativity, and campus pride. Rules and guidelines are listed below.**

The following games will be competed in via a bracket system set up in alphabetical order.  
Teams will compete against their fellow division members only.

d) **Jumbo Water Pong:** Each team will compete against another team in their division in a game of water pong. The cups will be filled with water and set up in a 3 - 2 -1 format. Each team will get two shots per turn. Once a ball lands in a cup it is removed. If a player makes both shots, they get two bonus shots in the same turn. The first team to remove all the cups wins.

e) **Tug of War:** All members of each individual team will compete in this challenge. Each member will line up on their side of the rope and will begin to pull upon the whistle. The team that successfully gets the middle of the rope across their respective line will be declared the winner.

4. Teams will be allotted points based upon their placement in each game within their division as stated on page 11.

First Place: 15 Points

Second Place: 10 Points

Third Place: 5 Points

Upon the conclusion of all the stages of competition, each team's scores will be added together. The teams with the highest overall points in each division will receive the First Place award, and team with the second highest overall points in each division will receive the Second Place Award.

5. Any cheating and/or roughhousing will result in immediate disqualification. This includes but is not limited to tripping others, stealing equipment, interfering in another's lane, etc. Cheating and roughhousing claims will be evaluated by the Student Activities Coordinator and her decision will be final.





# PARADE FLOAT COMPETITION

Saturday, September 30 | 11:30am | Pine Street

**Teams will be given creative freedom to design their Homecoming Parade Float. The teams will be graded by creativity, use of theme, and overall spirit. Rules and Guidelines are listed below.**

1. The parade will begin at at 11:30am. Groups must be lined up by 10:45am on Pine Street.
2. Floats may not be taller than 13 feet from the ground to the highest point.
3. Floats may not be pulled by semi-tractor-trailers.
4. Teams will not be allowed to pair up for this event.
5. Floats may be hand carried or pulled by a motor vehicle.
6. Floats are not necessary but highly recommended. Participating teams may wish to walk, ride in a car (such as a convertible), or participate in any other way provided that participating teams follow all the same guidelines.
7. If the parade gets cancelled on Saturday due to weather, all groups will be informed via email.
8. Groups will be rated on a scale of 1-10, with 30 being the highest possible total. The areas the groups will be judged on are:
  - a) Creativity
  - b) Use of Theme
  - c) Artistic Appeal
9. The winners of this event will be announced during the Homecoming Game on Sept 30 at 6pm at Braly Stadium.
10. Each entry is required to have a parade permit. **These permits will be available for pick up at the check in area on the parade day.** You must enter from the north of Pine Street in order to be admitted. It is the organizations responsibility to display the permit on their entry.  
***NO REGISTRATION = NO PERMIT = NO ENTRY IN THE PARADE.***
11. Organizations may begin working on floats when they choose.
12. All groups must have your group name somewhere on your parade entry. This can be a sign on the car, part of your float, or a sign you hold. This helps the judges know who they are scoring.

*Any organization that does not meet the deadline to sign-up for the Parade Float competition, but wants to be represented in the parade must register their float through the Student Engagement Campus Groups page.*





THE UNIVERSITY PROGRAM COUNCIL PRESENTS

# HOMECOMING

## PEP RALLY

**FRIDAY, SEPTEMBER 29, 2023**

**9 PM - 10 PM**

**UNA PRACTICE FIELD**

EVERYONE IS ENCOURAGED TO COME OUT TO OUR ANNUAL HOMECOMING PEP RALLY ON FRIDAY, SEPTEMBER 29. THIS YEAR'S RALLY WILL FEATURE OUR CHEERLEADERS & DANCERS, FOOTBALL TEAM, AWARD WINNERS, THE BAND, AND HEAD FOOTBALL COACH, BRENT DEARMON. WE HOPE TO SEE YOU THERE!

**NOTES:**

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# HOME COMING

## Tailgate

SEPTEMBER 30 | 3PM TO 6PM | SPIRIT HILL

WINGS & THINGS

PRE-GAME FESTIVITIES AT 5:45PM

*\*\*FREE HOMECOMING SHIRTS WILL BE GIVEN OUT\*\**



Individuals requiring accommodations for participation in this event, please contact the University Program Council at (256) 765-4792 or at [studentprograms@una.edu](mailto:studentprograms@una.edu).

# NPHC STROLL OFF

FRIDAY, NOVEMBER 3RD  
6:00 PM  
NORTON AUDITORIUM  
ADMISSION: \$15

CLICK THE LINK IN @UNA\_NPHC BIO FOR TICKETS





# SPIRIT CHALLENGE

## PAST LIST OF WINNERS

2003 GLOBAL FRIENDSHIP ORG

2004 PHI MU

2005 ALPHA GAMMA DELTA

2006 ZETA TAU ALPHA

2007 ZETA TAU ALPHA &  
ALPHA GAMMA DELTA

2008 ALPHA GAMMA DELTA

2009 ALPHA GAMMA DELTA

2010 ALPHA TAU OMEGA

2011 ALPHA DELTA CHI

2012 PHI MU

2013 PHI MU

2014 ALPHA GAMMA DELTA

2015 ALPHA TAU OMEGA

2016 ZETA TAU ALPHA

2017 ZETA TAU ALPHA

2018 LAMBDA SIGMA PHI

2019 LAMBDA SIGMA PHI

2020 ALPHA TAU OMEGA

2021 ALPHA GAMMA DELTA

2022 FIRST FLOOR OLIVE

2023 ??????

**ROAR LIONS!!**

# **NORTH ALABAMA**



**Go, Fight for U-N-A  
We are behind you all the way  
Go! Fight! Win Old U-N-A  
The Purple and Gold is here to stay  
We'll roar on to victory  
We'll send that team back on their  
way**

**Go! Fight! U-N-A  
We are behind you all the way  
(Chant)**

**Go! Fight! U-N-A  
Go! Fight! U-N-A  
Go! Fight! U-N-A  
Go! Fight! Lions!**



**STUDENT ENGAGEMENT**  

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University of NORTH ALABAMA