HEALTH, PHYSICAL EDUCATION, AND RECREATION

NAME:_____
Student ID #:_____
CONCENTRATION:_Health Promotion_____
MINOR:_____
CATALOG YEAR:_____

Department of Health, Physical Education and Recreation
301 Flowers Hall

NOTE: This program of study DOES NOT lead to eligibility for teacher certification.

ACHE APPROVED June 2009

(Revised November 2012)

AREA I: WRITTEN COMPOSITION	Hrs	Gr	Sem	**MAJOR CORE**	Hrs	Gr	Sem
EN 111 1st year Composition I	3			HPE 000 Senior Portfolio	0		
EN 112 1st year Composition II	3			HPE 466W Legal Issues & Risk Man	3		
AREA II: HUMANITIES AND FINE ARTS				HPE 498 Internship	6		
COM 201 Fundamentals of Speech	3			**CONCENTRATION**			
EN 211 or 221 or 231 or 233	3			HPE 351 Chronic Diseases/Hea Prom	3		
EN 212 or 222 or 232 or 234	3			HPE 352 Kinesiology	3		
H/FA	3			HPE 353W Physiology of Exercise	3		
AREA III: NATURAL SCIENCE AND MATH				HPE 402 Exercise Rx/Healthy	3		
MA	3			HPE 406 Human Sexuality	3		
*BI 101 **OR** BI 111	4			HPE 408 Consumer Health	3		
*BI 102 **OR** BI 112	4			HPE 410 Health Promotion	3		
AREA IV: HISTORY, SOCIAL /BEHAVIORAL SCIENCES				HPE 422 Public Health	3		
HI 101 **OR 201	3			HPE 424 Drugs in Am Society	3		
HI 102 **OR 202	3			HPE 430 Behavior Mod Interventions	3		
***Soc/Beh Sc **OR** SO 221	3			HPE 443 Management of HPEA	3		
*** Soc/Beh Sc **OR** PY 201	3			HPE 453 Lifecycle Nutrition	3		
AREA V: ADDITIONAL REQUIREMENTS				HPE 494 Exercise Rx/Moderate Risk	3		
HPE 102 Weight Training	1			**SUPPORT COURSES**			
HPE 105 Walk/Jog/Run	1			BI 241 Human A&P I	4		
HPE 130 **OR** 131 Swimming	1			BI 242 Human A&P II	4		
HPE 140 Aerobic Dance	1			COM 210 Bus & Prof Speech	3		
HPE 175 Essentials of Healthy Living	3			COM 410 Layout & Design	3		
HPE 213 Foundations of Health	3						
HPE 221 Intro to Health and Physical Ed	3			**TOTAL**	**68**		
HPE 225 Nutrition and Hum Performance	3						
HPE 233 First Aid	3			**GRAND TOTAL**	**132**		
HPE 270 Practical Experience in PE	1						
CIS 125 Business Apps of Micro Soft	3						
TOTAL	**64**						
CAAP Exam	0						

*** BI 101 OR BI 111 and BI 102 OR BI 112 are prerequisites for BI 241, Human Anatomy and Physiology I and BI 242, Human Anatomy and Physiology II.**
****Students completing HI 101 must take HI 102. Students completing HI 201 must take HI 202.**
***** SO 221, Introductory Sociology, and PY 201, General Psychology, are strongly recommended to fulfill the Social/Behavioral Sciences requirements.**