

## APS Office Locations

Birmingham  
2868 Acton Road  
Birmingham, AL 35243  
205-968-8360 Fax: 205-968-8363

Oakmont Clinic  
956 Montclair Road, Suite 101  
Birmingham, AL 35213  
205-949-0099 Fax: 205-949-0363

Eating Disorder Center of Alabama  
956 Montclair Road, Suite 210  
Birmingham, AL 35213  
205-949-4550 Fax: 205-949-4554

Cullman  
409 Second Avenue NW  
Cullman, AL 35055  
256-739-4910 Fax: 256-739-9455

Decatur  
801 Church Street N.E., Suite 1  
Decatur, AL 35601  
256-355-4461 Fax: 256-355-4370

Dothan  
1672 Columbia Highway  
Dothan, AL 36303  
334-793-1964 Fax: 334-794-4131

Fairhope  
24190 US HWY 98, Suite D  
Fairhope, AL 36532  
251-517-8150 Fax: 251-929-2510

Florence  
1410 Glory Way  
Florence, AL 35633  
256-765-2230 Fax: 256-765-2084

## APS Office Locations

Madison  
450 Lanier Road  
Madison, AL 35758  
256-774-4500 Fax: 256-774-4573

Mobile  
1015 Montlimar, Suite A-210  
Mobile, AL 36609  
251-343-4101 Fax: 251-343-4789

Montgomery  
2637 Eastern Blvd.  
Montgomery, AL 36117  
334-409-9090 Fax: 334-409-9669

Tuscaloosa  
825 Rice Mine Road North  
Tuscaloosa, AL 35406  
205-391-3099 Fax: 205-391-9793

## Other EPS/EPL Provider Locations

Anniston:  
256-237-4755

Gadsden:  
256-546-9265

Opelika:  
334-745-6125

Ft. Payne:  
256-845-8227

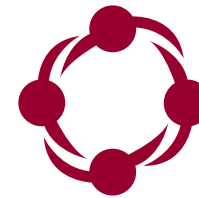
Grove Hill, Monroeville, Brewton:  
251-575-4203

Gulf Shores:  
251-967-7630 251-974-1532

Guntersville:  
256-582-8833

Jasper:  
205-384-0141

Visit our website for additional provider locations:  
[www.apsy.com](http://www.apsy.com)



# APS

Alabama Psychiatric Services

[www.apsy.com](http://www.apsy.com)

Expanded Psychiatric Services  
(EPS/EPL)

Behavioral Health Benefit Summary

## Expanded Psychiatric Services (EPS/EPL)

EPS\* and EPL are benefit options available exclusively through BlueCross and BlueShield of Alabama. Both benefit options comply with the Mental Health Parity and Addiction Equity Act of 2008.

*\*EPS is used for employer groups that employ no more than 50 full and part-time employees. These groups are not required to comply with mental health parity.*

The EPS/EPL benefits are administered by Managed Health Care Administration, Inc., a physician-owned and operated managed behavioral health care company. Services are delivered by Alabama Psychiatric Services, P.C. (APS), the Eating Disorder Center of Alabama (a division of APS), and other provider organizations.

Plan Members have direct access to a statewide network of behavioral health professionals. The provider network includes board certified adult, child and adolescent psychiatrists, advanced practice nurses, licensed clinical social workers, licensed professional counselors, licensed marriage and family therapists, licensed psychologists, substance abuse professionals and registered nurses.

### Clinical Services Provide Treatment for Psychiatric Conditions Such As:

- Depression, mood and anxiety disorders
- Behavioral problems, stress-related disorders including grief and loss
- Alcohol and chemical dependency
- Eating disorders
- Marriage, relationship and family problems
- Conduct and behavioral problems with children and adolescents

## Treatment Options Include:

- Outpatient services and treatment as recommended by an EPS/EPL physician
- Inpatient hospitalization
- Partial hospitalization programs for psychiatric and substance abuse treatment
- Partial hospitalization program for eating disorders
- Intensive outpatient programs for substance abuse treatment
- Detoxification for chemical dependency
- Educational and psychotherapy groups
- Individual, family and couple's counseling
- Psychological testing
- Members have direct access to specialists who treat adult, child and adolescent psychiatric conditions and substance abuse
- Physicians are on-call 24 hours a day / 7 days per week
- Same day service for emergency or urgent outpatient visits
- Provider hospitals are located throughout the network

## Advantages of EPS/EPL

- Confidential services
- No gate-keeping or referral procedures; Members can directly access providers
- No co-pay or deductibles for most plans; no forms to file
- Physician supervision/oversight of operations and services
- Physician supervised treatment team

## Quality of Care

APS is committed to the provision of high quality psychiatric and behavioral health services. The provider network is accredited as a Health Network by URAC, an independent accrediting organization that promotes quality healthcare.

All clinicians undergo a thorough credentialing process before entering the provider network. Re-credentialing is conducted on each clinician every three years.

The Office of Quality Improvement tracks clinical outcomes, patient satisfaction, and access to care. Patient satisfaction surveys are routinely obtained and monitored.

On-site chart reviews are conducted on a regular basis to ensure compliance with network standards and to monitor quality of care.

A toll-free number is provided for Plan Members to express any concerns or suggestions: 1-800-609-9665.