



# Expanded Psychiatric Services (EPS)

When your benefit plan includes Expanded Psychiatric Services (EPS), you and your covered dependents will receive 100% coverage for mental health and chemical dependency (alcohol and drug abuse services) when care is coordinated by a participating EPS provider. In order to receive maximum benefits, you must first contact an EPS provider to coordinate all services (inpatient, outpatient and emergency room). When you visit a participating EPS provider, you will not have to meet a deductible, make a copayment or file claims.

**It is important to check your group benefit materials for more information on your mental health, drug and alcohol abuse benefits when you do not use an EPS provider. Some groups do not offer coverage in this situation.**

**Covered benefits for mental and nervous disorders, chemical detoxification and rehabilitation services under this program include:**

- Inpatient care (you must be admitted by an EPS provider);
- Outpatient visits;
- Individual, group and family therapy or counseling;
- Psychological tests;
- Lab tests; and
- Professional services of staff members who are trained in the treatment of mental health and chemical dependency (psychologists, social workers and other master's prepared professionals as well as psychiatrists).

## **Exclusions for EPS benefits:**

- Speech therapy;
- Diagnosis or treatment of mental retardation;
- Rehabilitative treatment associated with permanent or temporary disability;
- Rehabilitative treatment associated with hearing or vision impairment;
- Any treatment not recommended by the EPS provider, even if court ordered;
- Treatment for chronic pain or solely for obesity;
- Services relating to narcotic maintenance therapy such as methadone maintenance;
- Services related to nicotine addiction;
- Sex therapy programs or treatment for sex offenders;
- Prescription drugs are not dispensed by EPS providers and are covered according to contract benefits for drugs related to mental health conditions
- Residential psychiatric facilities.

## Participating EPS Providers

**Please refer to the list of Participating EPS Providers. Remember, all care (inpatient, outpatient and emergency room) must be coordinated by an EPS provider in order for you to receive maximum benefits.**

### **Alabama**

#### **Anniston**

Southern Behavioral Health Associates/  
Grandview Behavioral Health  
1302 Noble Street, Suite 3D  
Anniston, Alabama 36202  
(256) 237-4755

N.S. Xavier, M.D.  
100 Century Park South  
Suite 206  
Birmingham, Alabama 35226  
(205) 978-7800

#### **Decatur**

Alabama Psychiatric Services  
801 Church Street, NE, Suite 1  
Decatur, Alabama 35601  
(256) 355-4461

#### **Birmingham**

Alabama Psychiatric Services, P.C.  
2868 Acton Road  
Birmingham, Alabama 35243  
(205) 968-8360

#### **Cullman**

Alabama Psychiatric Services, P.C.  
409 2nd Avenue, NW  
Cullman, Alabama 35055  
(256) 739-4910

#### **Dothan**

C. Roby Hicks, M.D.  
Delta Psychiatric and Counseling Services  
Dothan Specialty Clinic  
1118 Ross Clark Circle  
Suite 501  
Dothan, Alabama 36301  
(334) 793-9564

Alabama Psychiatric Services, P.C.  
956 Montclair Road, Suite 101  
Birmingham, Alabama 35213  
(205) 949-0099

#### **Daphne**

Alabama Psychiatric Services  
1203 U.S. Highway 98  
Suite 2-A  
Daphne, Alabama 36526  
(251) 621-9167

Sam C. West, Jr., M.D.  
Medical Specialties of Dothan, P.A.  
207 Haven Drive  
Dothan, Alabama 36301  
(334) 793-1964

# Participating EPS Providers *(continued from front)*

## Florence

Alabama Psychiatric Services  
2415 Helton Drive  
Florence, Alabama 35630  
(256) 765-2230

## Ft. Payne

Southern Behavioral Health Associates/  
Grandview Behavioral Health  
701 Gault Avenue, North  
Ft. Payne, Alabama 35967  
(256) 845-8227

## Gadsden

Southern Behavioral Health Associates  
Mountain View Hospital  
3001 Scenic Highway  
Gadsden, Alabama 35904  
(256) 546-9265

## Guntersville

Mary Traynor, M.D.  
2309 Al. Hwy. 79 S.  
Guntersville, Alabama 35976  
(256) 582-8833

## Jasper

Northwest Alabama Psychiatric Services, P.C.  
4330 Medical Plaza East  
Suite 106  
Jasper, Alabama 35501  
(205) 384-0141

## Luverne

Thomas L. Smith, Jr., M.D.  
Crenshaw Community Hospital  
101 Hospital Drive  
Luverne, Alabama 36049  
(334) 335-1175

## Madison

Alabama Psychiatric Services  
450 Lanier Road  
Madison, Alabama 35758  
(256) 774-4500

## Mobile

Alabama Psychiatric Services  
1015 Montimar Drive  
Suite A-180  
Mobile, Alabama 36609  
(251) 343-4101

## Monroeville

Southwest Alabama Mental Health  
530 Hornady Drive  
Monroeville, Alabama 36461  
(251) 575-4830

## Montgomery

Alabama Psychiatric Services  
5906 Carmichael Place  
Montgomery, Alabama 36117  
(334) 409-9090

## Opelika

Daniel Mejer, M.D.  
Southern Behavioral Health Associates/  
Grandview Behavioral Health  
2202 A Gateway Drive  
Opelika, Alabama 36801  
(334) 745-6125

Rohini K. Reddy, M.D.  
Southern Behavioral Health Associates/  
Grandview Behavioral Health  
2202 A Gateway Drive  
Opelika, Alabama 36801  
(334) 745-6125

## Selma

Santhi K. Das, M.D.  
1013 Medical Center Parkway  
First Howell Building #2  
Selma, Alabama 36701  
(334) 872-4244

David Hodo, M.D.  
800 Tremont Street  
Selma, Alabama 36701  
(334) 872-6773

## Tuscaloosa

Alabama Psychiatric Services  
825 Rice Mine Road North  
Tuscaloosa, Alabama 35406  
(205) 391-3099

## **Florida**

### DeFuniak Springs

The COPE Center  
3686 U.S. Highway 331 South  
DeFuniak Springs, Florida 32435  
(850) 892-8045

### Destin

Beachside Counseling  
12273 Emerald Coast Parkway, Suite 206  
Destin, Florida 32550  
(850) 269-2223

### Ft. Walton Beach

Maria Elen P. Gajo, M.D.  
PA and Associates  
68 Beal Parkway S.W.  
Ft. Walton Beach, Florida 32548  
(850) 243-7035

### Panama City

Gregory Gast, LMHC  
Real Life Counseling, Inc.  
221 East 23rd Street  
Panama City, Florida 32405  
(850) 271-8258

### Pensacola

Jacob A. Cruz, M.D.  
4400 Bayou Boulevard  
Suite 51  
Pensacola, Florida 32503  
(850) 484-7774

Venkata Sompall, M.D.  
Lakeview Center  
1221 W. Lakeview Avenue  
Pensacola, Florida 35201  
(850) 469-3919

### **Mississippi**

Family Counseling Services  
4940 Highway 39 North  
Meridian, Mississippi 39303  
(601) 483-2864



**BlueCross BlueShield  
of Alabama**

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