

## **Health Benefits Plan Summary of Material Modification**

### **Standard Preventive Services Changes Effective July 1, 2010**

#### **Early Childhood Developmental Screenings**

Developmental screening will now be part of standard preventive services. The American Academy of Pediatrics issued new guidelines which recommend developmental screening at specific intervals during early childhood. The first three years of life are critical to brain development. Since the brain is most adaptable in childhood, early treatment is most effective for developmental conditions.

The benefit for developmental screenings is three exams between 9 months and 30 months of life. Benefits will be paid at the same level as other preventive services on your plan.

#### **Chlamydia Screening**

Chlamydia screening will now be part of standard preventive services. Chlamydia is the most common bacterial sexually transmitted disease (STD) in the United States. If left undetected or untreated, this infection can lead to pelvic infections, infertility and tubal pregnancies in women. The United States Preventive Services Task Force (USPSTF) and several other specialty societies now recommend screening for Chlamydia.

The benefit for Chlamydia screening is one per calendar year for females ages 15-24. Benefits will be paid at the same level as other preventive services on your plan.



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