

# Collier Library – Pathfinder

## NUTRITION

**SCOPE:** The purpose of this pathfinder is to introduce some of the resources available in Collier Library in the field of **NUTRITION**. Please note that this guide is not a comprehensive listing of sources, but is intended to be a starting point from which students can begin their research according to their specific needs.

The Library of Congress Classes that include **NUTRITION** are Q, R, & TX BROWSING the following CALL NUMBERS may produce helpful titles: (For a more complete listing see <<http://www.loc.gov/catdir/cpsolcco/lcco.html>>)

QP 1 – (981)	Physiology	RM 259	Vitamin Therapy
RA 1 – 1270	Public Aspects of Medicine	TX 341 – 641	Nutrition
RM 214 – 258	Diet Therapy		

In the event you do not find what you are looking for by browsing consult [UNACAT](#), the online catalog. The following are selected **SUBJECT HEADINGS**, which appear in [UNACAT](#).

DIET

FOOD

FOOD ADDITIVES

NUTRITION

VITAMINS

Other Subject headings can be identified by using **Library of Congress Subject Headings**, located on the dictionary stand in the Reference Area.

### **BEGINNING RESEARCH – SELECTED SOURCES**

#### *Introduction and overview material*

- **ABC of Nutrition** by A. Stewart Treswell. Electronic Book (a link is provided in UNACAT to the online full text of this work)
- **Hamilton/Whitney's Nutrition: Concepts and Controversies [QP 141 .H34]** by Frances Webb
- **Modern Nutrition in Health and Disease [QP 141 .M64 2006]**
- **Nutrition and Health [QP 141 .W57 2002]** by Gerald Wiseman

#### *Literature guides and bibliographies*

- **A Research Guide to the Health Sciences: Medical, Nutritional, and Environmental [Ref Z 6658 .H35]** by Kathleen J. Haselbauer
- **Consumer Health Information Source Book [Ref Z6673 .R43]**
- **Computer Applications in Nutrition and Dietetics: An Annotated Bibliography [Z 5776. N8 O77]** by John Orta
- **Encyclopedia of Health Information Sources [Ref Z 6658 .E54]**
- **Food and Nutrition Information Guide [Ref Z 5776 .N8 S94]** by Paula Szilard
- **Guide to Understanding Dietary Supplements [Ref RM .258.5 T35 2003]** by Shawn M. Talbott
- **Nutrition A Medical Dictionary, Bibliography, and Annotated Research Guide to Internet References.** Electronic Book (a link is provided in [UNACAT](#) to the online full text of this work)

#### *Encyclopedias and Dictionaries*

- **CRC Desk Reference for Nutrition [Ref QP 141 .B523]** by Carolyn D. Berdanier
- **Encyclopedia of Food Sciences and Nutrition {Ref TX 349 E 47 2008}**
- **Encyclopedia of Foods: A Guide to Healthy Nutrition [Ref TX 349 .E482]**
- **Encyclopedia of Human Nutrition {Ref QP 141 E526 2005}**

- **Encyclopedia of Vitamins, Minerals and Supplements [Ref QP 771 .E53 2004]**
- **Foods and Nutrition Encyclopedia [Ref TX 349 .F575]**
- **The International Dictionary of Food & Nutrition [Ref TX 349 .A236]** by Kenneth Anderson
- **The Nutrition Bible: a Comprehensive, No-Nonsense Guide to Foods, Nutrients, Additives, Preservatives, Pollutants, and Everything Else We Eat and Drink [Ref RA 784 .A533]** by Jean Anderson
- **The Nutrition Desk Reference [Ref QP 141 .G33]** by Robert H. Garrison
- **Nutrition and Diet Therapy Dictionary [Ref RM 219 .L26]** by Virginia S. Claudio
- **Nutrition and Health Encyclopedia [Ref QP 141 .T88 ]** By David F. Tver
- **Nutrition and Well-Being A to Z [Ref RA 784 .N838 2004]**

*Directories*

- **Food Finds: America's Best Local Foods and the People Who Produce Them.** [Ref TX 354.5 .E54] by Allison Engel
- **The Directory of Food and Nutrition Information for Professionals and Consumers [Ref TX 353 .D56]** by Robyn C. Frank

*Sourcebooks, Handbooks & Manuals*

- **Nutrition: a Reference Handbook [Ref TX 353 .B45 1997]** by David A. Bender
- **Complete Guide to Vitamins, Minerals and Supplements [Ref QP 771 .G75]** by H. Winter Griffith
- **The Complete Book of Food Counts [Ref TX 551 .N397]** by Corinne T. Netzer
- **Bowes and Church's Food Values of Portions Commonly Used [Ref TX 551 .P385 2005]** by Jean A. Pennington
- **Consumer Health Information Source Book [Ref Z667.3 .R43 2003]** by Alan M. Rees
- **The Vitamin Sourcebook** by Tonia Reinhard. Electronic Book (a link is provided in [UNACAT](#) to the online full text of this work)
- **Nutritional Influences on Illness: a Sourcebook of Clinical Research.** [Ref RM 217.2 .W47] by Melvyn R. Werbach
- **Nutrition Desk Reference {Ref QP 141 G33 1990}**

**SUGGESTED DATABASES FOR LOCATING PERIODICAL ARTICLES on NUTRITION**

Cambridge Scientific Abstracts  
 CINAHL Plus with Full Text  
 Health and Wellness Resource Center  
 Health Source: Consumer Health  
 PubMed Central  
 Salem Health

PERIODICAL titles held by the library can be identified by clicking the PERIODICAL HOLDINGS link under "Find Articles" on the library website at <http://www.una.edu/library> or by searching in UNACAT.

A few frequently used **PERIODICALS** on **NUTRITION** are:

American Journal of Clinical Nutrition	Nutrition Bulletin
Better Nutrition	Nutrition Health Review
Clinical Nutrition	Nutrition Research
Journal of Human Nutrition and Dietetics	Nutrition Research Newsletter
Journal of the American Dietetic Association	Nutrition Reviews
Nutrition	NutritionToday

**INTERLIBRARY LOAN** - it is possible to borrow books or obtain copies of articles from other libraries if the material is unavailable locally. Inquire at the Reference Desk or consult the library's web site for policy information and request forms at: <http://www.una.edu/library/illindex.htm>.

**SUGGESTED WEBSITES** -

**WEBSITE**

**URL**

Nutrition

<http://www.nutrition.gov>

Medline

<http://www.medlineplus.gov>

Food & Nutrition Information Center

<http://fnic.nal.usda.gov>

HealthierUS

<http://www.healthierus.gov>

American Dietetic Association

<http://www.eatright.org>

**HAVE A QUESTION? ASK A LIBRARIAN.**

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