

The 9<sup>th</sup> Annual North Alabama  
Day of Percussion  
Schedule of Events

Colin McNutt and James Sparling, Clinicians  
Iain Moyer, David Waters, and Will Campbell, Co-Hosts

8:15am- Registration (\$10 per student, checks to: UNA BAND) begins at:  
**We would like to start registering as soon as we can, so we can start at 9am.**

Muscle Shoals Stadium  
100 Trojan Dr.  
Muscle Shoals, AL 35661

If there is inclement weather we will be inside the  
Muscle Shoals High School Auditorium

9:00am- DAY OF PERCUSSION BEGINS

9:00- Introductions

9:15- Full Group "Hands-on Session" w/ Colin and James

10:00- Subsectional "Hands-on Session" w/UNA and clinicians

11:00- Door Prizes

11:15- LUNCH on your own

There are many fast-food restaurants within minutes from Muscle Shoals Stadium.

12:30pm- Muscle Shoals High School Percussion Section

*Door Prizes will be handed out after the clinic*

1:00- Full Group "Hands-on Session" with Colin and James

*Door Prizes will be handed out between Clinics*

1:45- University of North Alabama Percussion Section Clinic

2:15- Full Field Performance by the entire University of North Alabama "Pride of Dixie" Marching Band

2:30pm- DAY OF PERCUSSION ENDS

# 9<sup>th</sup> Annual North Alabama Day of Percussion Frequently Asked Questions

## How much does it cost and who can I make checks out too?

*The Day of Percussion is \$10 per student. Please make checks out to the UNA Band. Some schools choose to have each student pay individually, while other band directors bring a check for their entire percussion section...either is fine.*

## Where will the event take place and what will happen in case of rain?

*The Day of Percussion will take place OUTSIDE in Muscle Shoals High School Stadium. In the case of rain, we will move inside to the Muscle Shoals High School Auditorium. Please see the Directions page for how to get to the stadium and where to park.*

## What does each student need to bring to the Day of Percussion?

*Each battery participant should bring their battery drum or cymbals.  
Each mallet player should bring a set of (2) mallets, if it is possible for your high school to bring some mallet instruments that would be great too.  
However, there will be keyboard instruments available to play on.*

## Does each student need to bring a copy of the exercises?

*It would be helpful if each of your students have a copy of the exercises available on the UNA Bands website and included in this packet. However, there WILL be copies available AT the Day of Percussion if needed.*

## Does the \$10 participation fee include lunch?

*NO, the \$10 fee does not include lunch. Your group will have an hour and 15 minutes for lunch during the Day of Percussion. There are MANY fast-food restaurants within minutes of the Muscle Shoals High School Stadium.*

## When will the Day of Percussion be over?

*Our goal is for buses to roll at 2:30pm, to allow many of you to make it back to your school by the end of the school day. We will give out door prizes around 2:00pm to allow this to happen.*

9<sup>th</sup> Annual North Alabama  
Day of Percussion  
Door Prize Registration Form

1 Entry per participant!

Name: \_\_\_\_\_

School: \_\_\_\_\_

\*\*\*\*\*CUT HERE\*\*\*\*\*

9<sup>th</sup> Annual North Alabama  
Day of Percussion  
Door Prize Registration Form

1 Entry per participant!

Name: \_\_\_\_\_

School: \_\_\_\_\_

\*\*\*\*\*CUT HERE\*\*\*\*\*

9<sup>th</sup> Annual North Alabama  
Day of Percussion  
Door Prize Registration Form

1 Entry per participant!

Name: \_\_\_\_\_

School: \_\_\_\_\_

# 9th Annual N.A.D.O.P. Exercises

## Exercises for all sections

**Flams**

R R R R | 1 R 1 R 1 R 1 R | L L L L | r L r L r L r l

**Flam Taps** **Flam Accents**

1 R r L 1 R r L | 1 R r r L 1 1 R r r L 1 | 1 R | 1 R r L 1 R r L | 1 R 1 r r L r 1 1 R 1 r r L r l | 1 R

**Digitz**

R R R R R R R R | R R | R R | R R | R R | R R | R R | R R | R R | R R

L L L L L L L L | L L | L L | L L | L L | L L | L L | L L | L L | L L

**Duple Roll Sequencing**

R R R R R R R R | R R | R R | R R | R R | R R | R R | R R | R R | R R | R

L L L L L L L L | L L | L L | L L | L L | L L | L L | L L | L L | L L | L

**Paradiddle Pyramid**

23 **Single Paradiddle** **Double Paradiddle**

R L R R L R L L | R L R R R L R L L | R L R L R R L R L R L L | R L R L R R L R L R L L R L R L L L

25 **Triple Paradiddle** **Para-diddle-diddle**

R L R L R L R R L R L R L L | R L R L R R L R L R L L R L R L L L | R L R R L L R L R R L L R L R R L L R L R L L L

27 **Triple Paradiddle** **Double Paradiddle**

R L R L R L R R L R L R L L | R L R L R R L R L R L L R L R L L L | R L R R L L R L R R L L R L R R L L R L R L L L

29 **Single Paradiddle**

R L R R | L R L L | R L R R | L R L L

# 9th Annual N.A.D.O.P Exercises

Score

## Exercises and Warmups

8 on a Hand

Mallets: R R L L R R L L

Snare Drum: R R L L R R L L

Quint Toms: R R L L R R L L

Bass Drums: R R L L R R L L

Cymbals: Horizontal Hinge Chokes, Move to..., Vertical Hinge Chokes, Move to..., Orchestra Crash

4,3,2,1

Mal.:

S.Dr.:

Quints: Play Left Hand Version on #2 and #4 drum

B. Dr.:

Cym.:

Double Beat

Mal.:

S.Dr.:

Quints:

B. Dr.:

Cym.:

Triple Beat

Double/Triple Tag

Mal.

S.Dr.

Quints

B. Dr.

Cym.

to Vertical Position

Vertical Crash

Vertical Crash Choke

The Cadet's Paraddidles 2010  
Variation #3

Mal.

S.Dr.

Quints

B. Dr.

Cym.

Orchestra Crash

Move to...

Vertical Crash

Move to...

Mal.

S.Dr.

Quints

B. Dr.

Cym.

Orchestra Crash Choke

Move to...

Vertical Crash Choke

Move to...

Orchestra Crash



# 9th Annual N.A.D.O.P Exercises

## Snare Drum

8 on a Hand

## Exercises and Warmups

4,3,2,1

R R L L R R L L

6

R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L

10

R L R L R L R L R L R L R L R

Double Beat

12

R R L L

Triple Beat

16

R R R R L L L R R R L L L

Double/Triple Tag

20

R R L L R R L L R R R L L L R L R

The Cadet's Paraddidles 2010  
Variation #3

22

R R R R R R R R R R R R R R L L R R L L R R L L R R L L R R

27

L L L R R R L L L R L R R L R L L R L R R L R L L R R L L R R



# 9th Annual N.A.D.O.P Exercises

## Exercises and Warmups

8 on a Hand

4,3,2,1

R R L L R R L L  
 Play Left Hand Version on #2 and #4 drum

R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L R R R R L L L L

R R R R R R R R L L L L L L L L R

Double Beat

R R L L R R L L *ff*

Triple Beat

R RR R R L L L L L R RR R RR L L L L L L

Double/Triple Tag

R R L L R R L L R R R L L L R L R

The Cadet's Paraddidles 2010  
 Variation #3

R R R R R R R R R R R R R R L L R R L L R R L L

R RRL LLR RR LLLRRRLLL RLRRLRLRLRLR LRLLLRLRRLRLLL R

Bass Drums

# 9th Annual N.A.D.O.P Exercises

## Exercises and Warmups

8 on a Hand

4,3,2,1

6

R R L L R R L L

9

R L R L R L R L

Double Beat

12

R R L L R R L L

*ff*

Triple Beat

16

R RR L LL R RR L LL

Double/Triple Tag

20

R L R L R L R L R L R L R L R L R

The Cadet's Paraddidles 2010  
Variation #3

22

R R R R R R R R R R R R R R L L R R L L R R L L

26

R RRL LLR RR LL RLR RLL RLR R LRL RLR R LRL RLR R LRL RLR R LRL R

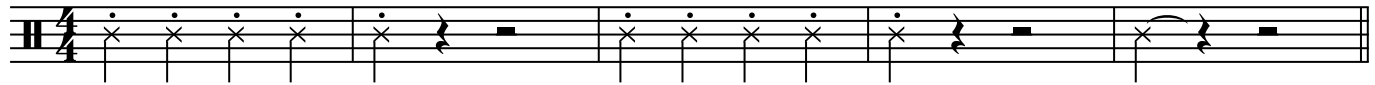
# 9th Annual N.A.D.O.P Exercises

Cymbals

## Exercises and Warmups

8 on a Hand

Horizontal Hinge Chokes      Move to....      Vertical Hinge Chokes      Move to....      Orchestra Crash



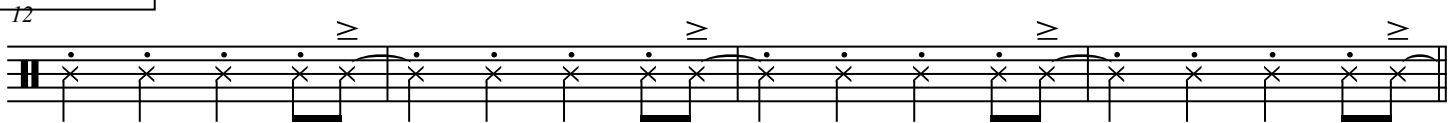
4,3,2,1

6 Vertical Crash



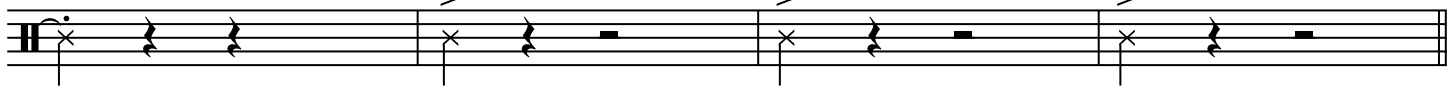
Double Beat

12



Triple Beat

16 to Vertical Position      Vertical Crash



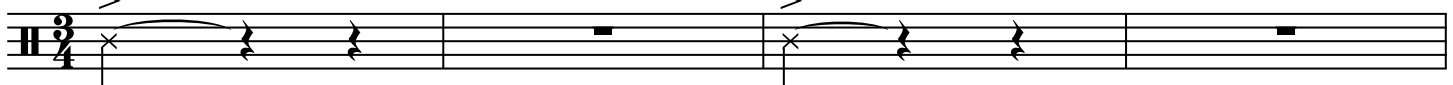
Double/Triple Tag

20      Vertical Crash Choke



The Cadet's Paraddidles 2010  
Variation #3

22 > Orchestra Crash      Move to....      > Vertical Crash      Move to....



26 > Orchestra Crash Choke      Move to....      > Vertical Crash Choke      Move to....      > Orchestra Crash

