



## **ATHLETIC DEPARTMENT AT RANDOLPH SCHOOL Strength and Conditioning Internship**

Randolph School is an independent college preparatory school in Huntsville, AL.

### **Supervisor and Contact Information**

Mr. Shawn Gaunt, Director of Strength & Conditioning  
Randolph School  
2829 Willowick Trail Huntsville, AL 35763  
256-337-8130  
[sgaunt@randolphschool.net](mailto:sgaunt@randolphschool.net)

### **Dates of Internship Experience**

Summer

### **Descriptions of Duties**

Duties associated with this internship will include:

- Assisting with implementation of strength, speed, and conditioning programs for 12 varsity teams, as well as middle school athletes.
- Daily maintenance of equipment.
- Data entry of performance testing.
- Demonstrating exercise technique.
- Participation in weekly intern education meetings.
- Other duties as assigned by Director of Strength & Conditioning.

### **Qualifications**

- Strong work ethic.
- Punctuality.
- High level of enthusiasm.
- Desire to further one's career in the field of strength and conditioning.

### **Preferred Qualifications**

- Prior athletic playing experience at high school level or beyond.
- Prior participation in a strength and conditioning program.
- Pursuit of a bachelor's degree in physical education, exercise science or related field.

## **Compensation**

There is no monetary compensation for this position. College credit when approved by institution. Randolph athletic coaching apparel provided.

## **How to Apply**

Submit cover letter, resume, and three professional references to:  
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