

C.H.A.M.P.

CHAMP PERFORMANCE TRAINING FACILITY

STRENGTH AND CONDITIONING/PERSONAL TRAINING INTERNSHIP

CONTACT INFORMATION:

Justin Swinney, Owner
123 Castle Drive Suite D, Madison, AL 35758
(256) - 394 - 3313
WWW.CHAMPPERFORMANCETRAINING.COM

DESCRIPTION OF DUTIES:

- Provide personal fitness for all ages.
- Provide strength, conditioning, speed, and agility training for athletes.
- Teach proper nutrition and proper exercise technique.
- General maintenance of facility.

QUALIFICATIONS:

- Good knowledge of nutrition and exercise in fitness and sports
- Solid work ethic
- Enthusiasm and sociability
- Pursuing a degree in a Health and Physical Education related field

GENERAL INFORMATION OF INTERNSHIP:

- Available fall, spring, summer semesters.
- No financial compensation.