

Supervisor and Contact Information:

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Dates of Internship Experience:

Flexible – Year Round

Description of Duties:

Work in the fitness department to:

- Run programs, evaluate clients
- Learn administrative duties/ Managerial skills
- Design fitness programs for new users
- Rehab and Flexibility Training
- Clean and maintain the fitness equipment.

General Hours of Work for Internship:

Flexible - Staggered work schedule will allow intern to observe and work with both morning and evening clients.

Compensation:

No hourly wage. Interns may receive a fee for training new clients. Great opportunities for growth within the Studio available.