



## **Helen Keller Sports Medicine and Rehab Services Intern**

### **Supervisor and Contact Information:**

Dr. Selena Inman, Director of Sports Medicine and Rehab Services  
Helen Keller Sports Medicine and Rehab Services  
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### **Date of Internship Experience:**

Flexible – Fall, Spring, and Summer

### **Description of Duties:**

Work in the outpatient physical therapy department to:

- Help assist with rehab exercises
- Help hook and unhook patients to vasoconstriction machines, electrical stimulation machines, and assist with ultrasound machine.
- Help provide ice packs and heat packs to patients.
- Help clean, organize, and use equipment around facility.

Work in the inpatient physical therapy department to:

- Assist patients in moving, standing, walking, and performing their exercises.
- Help in transferring and placing patients in a comfortable position.
- Clean equipment and room after use.
- Observe and assist in wound care.

### **General Hours of Work for Internship:**

Outpatient: Monday, Tuesday and Thursday 8:00am-6:00pm  
Wednesday and Friday 8:00am-4:30pm

Inpatient: Usually patient rounds (traveling to different rooms) start at 7-8am or 3 pm  
depending on the physical therapists working.

### **Compensation:**

Physical therapy tech positions are sometimes but rarely available.