

FITNESS MANAGEMENT SUGGESTED FOUR YEAR SCHEDULE

1 st SEMESTER (FALL)		2 nd SEMESTER (SPRING)		1 st SUMMER	
Course	Sem Hrs	Course	Sem Hrs	Course	Sem Hrs
EN 111	3	EN 112	3		
HI 101 OR 201	3	HI 102 OR 202	3		
BI 101 OR 111	4	BI 102 OR 112	4		
Soc/Beh Sc	3	Soc/Beh Sc	3		
HPE 175	3	HPE 213	3		
HPE 102 OR HPE 105	1	HPE 102 OR HPE 105	1		
TOTAL	17	TOTAL	17		

3 rd SEMESTER (FALL)		4 th SEMESTER (SPRING)		2 nd SUMMER	
Course	Sem Hrs	Course	Sem Hrs	Course	Sem Hrs
BI 241	4	BI 242	4		
COM 201	3	CIS 125	3		
EN 231	3	EN 232	3		
HPE 221	3	Hum/Fine Arts	3		
HPE 225	3	MA	3		
HPE 270	1	HPE 140	1		
TOTAL	17	TOTAL	17		

5 th SEMESTER (FALL)		6 th SEMESTER (SPRING)		3 rd SUMMER	
Course	Sem Hrs	Course	Sem Hrs	Course	Sem Hrs
HPE 130 OR 131	1	HPE 353W	3	HPE 405	3
HPE 233	3	HPE 378	3		
HPE 352	3	HPE 402	3		
HPE 430	3	HPE 408	3		
HPE 450	3	MG 391	3		
SO 403	3				
TOTAL	16	TOTAL	15	TOTAL	3

7 th SEMESTER (FALL)		8 th SEMESTER (SPRING)		4 th SUMMER	
Course	Sem Hrs	Course	Sem Hrs	Course	Sem Hrs
HPE 410	3	HPE 443	3		
HPE 424	3	HPE 466	3		
HPE 451	3	HPE 498	6		
HPE 494	3				
MG 330	3				
MK 360	3	TOTAL	12		
TOTAL	18	TOTAL	132		

NOTES:

FITNESS MANAGEMENT

The Department of Health, Physical Education and Recreation offers a non-teaching major leading to the Bachelor of Science degree Physical Education with a concentration in Fitness Management.

Career opportunities in Fitness management include:

- Fitness director/club manager
- Private fitness director
- Private fitness/wellness leader
- YMCA/YWCA
- Corporate fitness director
- Corporate fitness/wellness leader
- Hospital fitness director
- Hospital fitness/wellness leader
- Personal fitness trainer
- Strength and conditioning coach
- College/university instructor

For additional information contact the:
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