

HEALTH PROMOTION SUGGESTED FOUR YEAR SCHEDULE

1 ST SEMESTER (FALL)		2 nd SEMESTER (SPRING)		1 st SUMMER	
Course	Sem Hrs	Course	Sem Hrs	Course	Sem Hrs
BI 101 OR 111	4	BI 102 OR 112	4		
EN 111 Composition I	3	EN 112 Composition II	3		
HI 101 OR 201	3	HI 102 OR 202	3		
H/FA	3	MA	3		
Soc/Beh Sc/PY 201	3	Soc/Beh Sc/SO 221	3		
HPE 102 Weight Training	1	HPE 105 Walk/Jog/Run	1		
TOTAL	17	TOTAL	17		

3 rd SEMESTER (FALL)		4 th SEMESTER (SPRING)		2 nd SUMMER	
Course	Sem Hrs	Course	Sem Hrs	Course	Sem Hrs
BI 241 Human A&P I	4	BI 242 Human A&P II	4		
EN 231 Lit of West World I	3	EN 232 Lit of West World II	3		
COM 201 Speech	3	CIS 125 BusApps MicroSof	3		
HPE 175 Es/HealthyLiv	3	HPE 213 Found of Health	3		
HPE 221 Intro to HPE	3	HPE 233 First Aid	3		
HPE 130 OR 131	1	HPE 270 Pract Exp in HPE	1		
TOTAL	17	TOTAL	17		

5 th SEMESTER (FALL)		6 th SEMESTER (SPRING)		3 rd SUMMER	
Course	Sem Hrs	Course	Sem Hrs	Course	Sem Hrs
COM210 Bus&Prof Sph	3	HPE 406 Human Sexuality	3		
HPE 225 Nutr & Hum Perf	3	HPE 410 Health Promo	3		
HPE 351 Chr Diseases/HP	3	HPE 350 App Nutr/Lifesp	3		
HPE 352 Kinesiology	3	HPE 402 Exer Rx/Healthy	3		
HPE 353W Phys of Exer	3	HPE 424 Drugs in Am So	3		
HPE 140 Aerobic Dance	1	COM 410 Desk Pub in Cm	3		
TOTAL	16	TOTAL	18		

7 th SEMESTER (FALL)		8 th SEMESTER (SPRING)		4 th SUMMER	
Course	Sem Hrs	Course	Sem Hrs	Course	Sem Hrs
HPE 408 Consum Health	3	HPE 451 Tests & Measure	3		
HPE 466 Legal Iss & Risk	3	HPE 494 Exer Rx/Mod Risk	3		
HPE 420 Health & Aging	3	HPE 498 Internship	6		
HPE 422 Public Health	3				
HPE 430 Beh Mod Interv	3				
HPE 443 Man of HPEA	3				
TOTAL	18	TOTAL	12		
		TOTAL	132		

NOTES: