OUTDOOR EDUCATION

CATALOG DESCRIPTION: Principles of environmental use, group, family, and individual camping. Outdoor teaching of environmental relationships, sports, crafts, and living skills plus weekend outdoor living experience. Weekend outdoor living experience required as part of this course.


SPECIAL FEE: $45.00.

PROFESSIONAL STANDARDS AND ASSESSMENT:
Content included in this course fulfill Alabama Physical Education Knowledge and Ability Standards 290-3-3-33

- (2)(a)1.(ix) Techniques of instructing and officiating in a variety of activities.
- (2)(c)2.(iv) Related physical education to other disciplines and programs within the school and foster an interdisciplinary approach to teaching.

Content of this course links with UNA College of Education Conceptual Framework References 1, 2, 3, 4.
**COURSE CONTENT:**

A. Introduction
   1. Outdoor activities
   2. Locations for outdoor pursuits
   3. Participants
   4. The values of outdoor recreation
   5. Physical values
   6. Mental values
   7. Emotional values

B. Human Needs
   1. Physiological needs
   2. Food and nourishment
   3. Good health
   4. Exercise
   5. Psychological needs
   6. Security
   7. Belonging
   8. Respect for self and respect for others
   9. Self-actualization
   10. Individual differences

C. Survival
   1. Possible emergency situations
   2. Planning for survival
   3. Planning for individual emergency situations
   4. Planning for environmental emergency situations
   5. Basic survival needs
   6. The will to live
   7. Teaching for survival
   8. Hug-a-tree has six basic steps

D. The natural environment
   1. Environmental awareness
   2. Understanding ecology
   3. Ecological concepts

E. Care of the environment
   1. Carrying capacity
   2. Physical
   3. Biological impact

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<tr>
<th>Standard Code</th>
<th>Standard</th>
<th>Assessment</th>
<th>Instrument</th>
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</thead>
<tbody>
<tr>
<td>290-3-3-.33(2)(a1.(ix)</td>
<td>Techniques of instructing and officiating in a variety of activities.</td>
<td>In-class presentation</td>
<td>Rubric</td>
</tr>
<tr>
<td>290-3-3-.33 (2)(c2.(iv)</td>
<td>Related physical education to other disciplines and programs within the school and foster an interdisciplinary approach to teaching.</td>
<td>Field experience with laboratory school/ Reflective paper</td>
<td>Rubric</td>
</tr>
</tbody>
</table>
4. Sociological impact
5. Minimizing impact
6. Minimizing biological impact

F. Land-management agencies
   1. Land classification for recreation
   2. Wild, scenic, and recreational rivers
   3. National scenic trails
   4. Wilderness

G. Step-by-step planning
   1. Pre-trip meetings
   2. Final assembly of the group
   3. Transportation
   4. At the trailhead or starting point of the activity

H. Backpacking
   1. Suggested minimum gear required for backpacking
   2. Beginning backpacking outing planning guidelines for instructors
   3. Beginning backpacking outing recommended daily agenda

I. Transportation and finances
   1. Resources for transportation
   2. Transportation safety
   3. Financing

COURSE ACTIVITIES:
Lectures/discussions
Small group projects
Skills practice sessions
Field trips
Professional readings
Article critiques
Slides and/or video-tape presentations
Skills evaluations
Written exams

GRADING PROCEDURE:
EVALUATION
During this course each student will be required to complete a series of assignments to assess his/her understanding of the course material.

1. Each student will be required to complete five (5) article abstracts from the approved topics list. Each article abstract will be submitted via LiveText on or before the assignment due date. These abstracts have a point value of ten (10) points each.

2. Each student will be required to submit for evaluation five (5) worksheets. These worksheets will come from *The Complete Idiot's Guide to Hiking, Camping and the Great Outdoors*. Each worksheet will have a point value of ten (10) points.
3. Each student will be required to submit, for evaluation, a written mid-term exam. This exam will have a value of 100 points.

4. Each student will be required to submit, for evaluation, an oral class presentation. This presentation must include PowerPoint, five (5) multiple choice questions (A-E) with key, and two (2) short answer questions (with answers), Visual aid to go with presentation, and handouts on topic for each class member is required. The class presentations will have a value of sixty (60) points.

5. Each student will be required to submit, for evaluation, an individual project (pinewood derby car). Projects will be evaluated on creativity and effort. The instructor will keep all projects. The value for this project will be ten (10) points.

6. Each student will be required to submit a notebook. This project will have a value of ten (10) points. This notebook should be well organized and include the following in this order: games, space papers, handouts, class notes, and pop quizzes.

7. Each student will be given sixty (60) participation points starting the first day of class. These points are based on the student’s high level of participation in all class activities. Points will be deducted for not participating or a low level of participation based on instructors subjective evaluation. Since this is a professional preparation course, students are expected to dress professionally.

8. Each student will be required to go on a class day trip. The date of the trip will be announced the first day of class. Each student will write a reflection paper on the experience. Violation of the Code of Conduct will result in no credit being earned for the course. This project will have a value of thirty (30) points.

9. Each student will be required to participate in one overnight camping trip with campus recreation. The dates of the trips will be announced the first day of class. Each student will write a reflection paper on the experience. Violation of the Code of Conduct will result with no credit being earned for the course. This project will have a value of forty-five (45) points.

10. Each student will be required to submit, for evaluation, a written final exam. This exam will have a value of one hundred (100) points.

11. The following will result in the lowering of the student’s final grade;
   - Cell phones may be used only during approved times.
   - Any inappropriate behavior, language, or actions.
   - No unsanctioned activities.
   - The University Code of Conduct policy as stated in the University Bulletin will be enforced. Violation of the Code of Conduct will result with no credit being earned for the course. All work must be typed. Assignments will not be accepted after the due date.

The student’s final course grade will be determined according to the following scale:

<table>
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<tr>
<th>Assignment</th>
<th>Points</th>
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<tbody>
<tr>
<td>Five (5) article abstracts (10 points each)</td>
<td>50 points</td>
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<tr>
<td>Written midterm exam</td>
<td>100 points</td>
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<tr>
<td>Worksheets</td>
<td>50 points</td>
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<tr>
<td>Class presentation</td>
<td>60 points</td>
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<tr>
<td>Individual project</td>
<td>10 points</td>
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<tr>
<td>Notebook</td>
<td>10 points</td>
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Class participation 60 points
Class day trip & reflection paper 30 points
Campus rec. overnight trip & reflection paper 45 points
Final exam 100 points
Total 515 points

The student’s final grade will be determined according to the following scale:

- A= 469-515
- B= 414-468
- C= 362-413
- D= 311-361
- F= 310-below

ATTENDANCE POLICY:
Whenever a student’s cumulative absences for any reason—excused or unexcused—exceed the equivalent of 4 weeks of scheduled classes (8 classes) and activities no credit may be earned for the course. The instructor’s grade book will be the official record of student’s attendance.

MAKE-UP POLICY:
Each student is expected to be present for assigned exams. If a student is absent, he/she will receive a grade of “F” or zero (0) for the exam. At the discretion of the course instructor an absence may be excused in which case a make-up exam will be allowed. However, such cases are very rare and must involve extreme extenuating circumstances. This same policy will apply to assigned project presentations for this course.

TOBACCO AND DRUG USE POLICY:
The University Code of Conduct policy as stated in the University Bulletin will be enforced. Violation of the Code of Conduct will result with no credit being earned for the course.

PERSONAL TECHNOLOGY POLICY:
Use of cell phones or other electronic devices will not be allowed in class without prior instructor approval. Phones should be off or in silent mode. There is no reason for a student to have to send or address calls or messages during class. If the student has extenuating circumstances and needs to be available for an emergency, permission should be secured from the course instructor before class begins. The first time a cell phone rings in class may be attributed to poor judgment. If this occurs a second time the person who brought the phone to class will be dismissed from class for the day and counted absent and receive a grade of zero (0) for the day’s class work. This cell phone policy applies to all classes including exams and presentations.

UNIVERSITY OF NORTH ALABAMA ACCOMMODATION STATEMENT:
In accordance with the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act of 1973, the University offers reasonable accommodations to
students with eligible documented learning, physical and/or psychological disabilities. Under Title II of the Americans with Disabilities Act (ADA) of 1990, Section 504 of the Rehabilitation Act of 1973, and the Americans with Disabilities Amendment Act of 2008, a disability is defined as a physical or mental impairment that substantially limits one or more major life activities as compared to an average person in the population. It is the responsibility of the student to contact Disability Support Services to initiate the process to develop an accommodation plan. This accommodation plan will not be applied retroactively. Appropriate, reasonable accommodations will be made to allow each student to meet course requirements, but no fundamental or substantial alteration of academic standards will be made. Students needing assistance should contact Disability Support Services (256-765-4214).

**ACADEMIC HONESTY:**
Students of the university academic community are expected to adhere to commonly accepted standards of academic honesty. Allegations of academic dishonesty can reflect poorly on the scholarly reputation of the University including students, faculty and graduates. Individuals who elect to commit acts of academic dishonesty such as cheating, plagiarism, or misrepresentation will be subject to appropriate disciplinary action in accordance with university policy.

Incidents of possible student academic dishonesty will be addressed in accordance with the following guidelines:

1. The instructor is responsible for investigating and documenting any incident of alleged academic dishonesty that occurs under the instructor’s purview.
2. If the instructor finds the allegation of academic dishonesty to have merit, then the instructor, after a documented conference with the student, will develop a plan for disciplinary action. If the student agrees to this plan, then both instructor and student will sign the agreement. The faculty member will forward a copy of the signed agreement to the Office of Student Conduct for record-keeping purposes.
3. If the student disagrees with the instructor’s proposed plan for disciplinary action and wishes to take further action, he/she is responsible for scheduling a meeting with the chair of the department where the course is housed to appeal the proposed disciplinary plan. The department chair shall mediate the matter and seek a satisfactory judgment acceptable to the faculty member based on meetings with all parties. If a resolution is reached, the disposition of the case will be forwarded to the Office of Student Conduct. If a resolution at the departmental level is not reached and the student wishes to take further action, he/she is responsible for scheduling a meeting with the dean of the college where the course is housed to appeal the proposed disciplinary plan. The college dean shall mediate the matter and seek a satisfactory judgment acceptable to the faculty member based on meetings with all parties. If a resolution is reached, the disposition of the case will be forwarded to the Office of Student Conduct. If a resolution at the college level is not reached and the student wishes to take further action, he/she is responsible for scheduling a meeting with the Vice President for Academic Affairs and Provost (VPAA/P) to appeal the proposed disciplinary plan. The VPAA/P shall mediate the matter and seek a satisfactory
judgment acceptable to the faculty member based on meetings with all parties. After reviewing all documentation, the VPAA/P may, at his/her discretion, choose either to affirm the proposed action, to refer the case to the Office of Student Conduct for further review, or to dismiss the matter depending on the merits of the case. The final disposition of the case will be disseminated to appropriate parties, including the Office of Student Conduct.

4. If a student is allowed academic progression but demonstrates a repeated pattern of academic dishonesty, the VPAA/P may, after consultation with the Office of Student Conduct, assign additional penalties to the student, including removal from the University.
### SRM 441 - OUTDOOR EDUCATION

**Day ________________  Time ____________**

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<thead>
<tr>
<th>NAME</th>
<th>Articles (50pts)</th>
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<tr>
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<td>1 Outdoor Ed</td>
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<td>2 Endangered Species 9/14/11</td>
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<td>3 Wilderness Area 9/21/11</td>
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<td>4 Wild Fire 9/28/11</td>
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<td>5 Wetlands 10/5/11</td>
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<th>NAME</th>
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<td>1 all worksheets</td>
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<td>2 due 8:05am</td>
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<td>3 12/14/11</td>
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<tr>
<th>NAME</th>
<th>Class Presentation (60pts)</th>
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<th>NAME</th>
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<tr>
<th>NAME</th>
<th>Notebook must bring to class(pop quiz, space papers, class notes, games, handouts, etc.) (10pts) games due 10/15</th>
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<tr>
<th>NAME</th>
<th>Class Participation (60pts)</th>
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<thead>
<tr>
<th>NAME</th>
<th>Class Day trip &amp; reflection paper (30pts)10/08/11</th>
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<tr>
<th>NAME</th>
<th>Campus Rec over night trip &amp; reflection paper (45pts)pick one; Sept. 24-26, Oct. 15-17,Oct. 22-24, Nov. 12-14</th>
<th>Total</th>
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<tr>
<th>NAME</th>
<th>Written Final Exam (100) Wednesday Dec. 14th 8:00am 10 points off exam if late, no hats or cell phones</th>
<th>Total</th>
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**A = 469-515  Absences _______  Grade _____**

**B = 414-468**

**C = 362-413**

**D = 311-361**

**F = Below 310**

The above is a breakdown of the evaluation and grading procedures. If you have any questions concerning your grade, please make an appointment during office hours. Whenever a student’s cumulative absences for any reason-excused or unexcused-exceed the equivalent of 4 weeks of scheduled classes (12 classes) and activities no credit may be earned for the course*. The instructor’s grade book will be the official record of student’s attendance. Two weekend trips are required. The class group day trip will be Oct. 8th, small group over night (Sept. 24-26, Oct. 15-17.Oct. 22-24, Nov. 12-14) backpacking trips will be schedule by the UNA Outdoor adventure center [http://www.una.edu/recsports/recsports/Outdoors.html](http://www.una.edu/recsports/recsports/Outdoors.html). The University Code of Conduct policy as stated in the University Bulletin will be enforced during all activities. Violation of the Code of Conduct will result with no credit being earned for the course. Appropriate behavior is expected during and outside of class. Any inappropriate behavior, language, or other action will result in the lowering of your final grade. The use of cell phones or other non-approved electronic devices will result in the lowering of your final grade. Assignments will not be accepted after the due date. Students are encouraged to turn work prior to deadline. Please do not use tobacco products in class. Cell phones and hats are not allowed during classroom sessions. Bonus points may be earned by taking part in UNA Outdoor campus Rec. programs (10 pt.max ). Activities must be pre-approved by Dr. Hall.

Office hours: Daily, posted on instructor's door. Phone: 765-4205. mdhall@una.edu

*please no food or drink in the classroom without permission of instructor.
I have read and understand the syllabus. Dr. Hall has explained the evaluation process for this class and I have no questions.

Signature ________________________________ Date _________________