

# EHS-18 – FIRST AID KIT REQUIREMENTS

## HOW ARE KITS CLASSIFIED?

First aid kits are classified based on the assortment and quantity of first aid supplies intended to deal with most types of injuries and sudden illnesses that may be encountered in the workplace. These may include major and minor wounds, minor burns, sprains and strains, and eye injuries.

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ANSI/ISEA Z308.1-2015, CLASS A, TYPE I, II, III OR IV FIRST AID KIT			
This kit meets the ANSI/ISEA Z308.1-2015 standard as sold. It contains first aid products which meet performance specifications detailed in the standard at the below required minimum fill. It will continue to be compliant only when maintained with products that meet the standard at specified quantities.			
Required Minimum Fill			
16	Adhesive Bandage, 1 x 3 in.	1	Eye/Skin Wash, 1 fl. oz. total
1	Adhesive Tape, 2.5 yd. (total)	1	First Aid Guide
10	Antibiotic Application, 1/57 oz.	6	Hand Sanitizer, 1/32 oz.
10	Antiseptic, 1/57 oz.	2 pair	Medical Exam Gloves
1	Breathing Barrier	1	Roller Bandage, 2 in. x 4 yd.
1	Burn Dressing (Gel Soaked), 4 x 4 in.	1	Scissors
10	Burn Treatment, 1/32 oz.	2	Sterile Pad, 3 x 3 in.
1	Cold Pack, 4 x 5 in.	2	Trauma Pad, 5 x 9 in.
2	Eye Covering with Means of Attachment, 2.9 sq. in.	1	Triangular Bandage, 40 x 40 x 56 in.
The described kit may be suitable for some businesses. However, the adequacy of the contents for hazards of each work environment should always be evaluated by competent personnel. Kits should be inspected frequently to ensure the completeness and usability of all first aid supplies. Any supply beyond its marked expiration date should be discarded and replaced. For a variety of operations, employers may find that additional first aid supplies and kits are needed.			

## MAINTENANCE AND INSPECTION

To ensure the completeness and usable condition of all supplies, first aid kits should be inspected and maintained on a regular basis by the department. Some supplies may have expiration dates; any that are beyond that marked date should be replaced.

## MARKING AND LABELING

All labels and markings must be legible and permanent. Each kit and/or location must be visibly marked. Each kit must also have a label with the following information presented, as applicable, in at least a six-point font.

## CAN OVER-THE-COUNTER MEDICINE BE PLACED IN THE KIT?

Over-the-counter medicine can be put in first aid kits if packaged in single-dose, tamper-evident packaging and labeled as required by Food and Drug Administration (FDA) regulations. Over-the-counter drug products should not contain ingredients known to cause drowsiness.

## IS A CONSULTING PHYSICIAN REQUIRED TO APPROVE SUPPLIES?

No. According to 29 CFR 1910.151, first aid supplies do not need to be approved by a consulting physician. They should, however, be selected by a person competent in first aid and knowledgeable of the hazards found in the specific workplace.

## WHAT IF I HAVE OTHER QUESTIONS?

Contact the Dept. of Environmental, Health & Safety at X4804.

## REFERENCES

- 29 CFR 1910.151(b) - Medical Services and First Aid
- American National Standard and International Safety Equipment Association — Minimum Requirements for Workplace First Aid Kits and Supplies (ANSI/ISEA Z308.1-2015)