

Health Services COVID-19 Update

The health and safety of all UNA students, faculty and staff is very important to University Health Services. Currently, we are NOT able to test for COVID-19. This is an evolving situation, things may change in the future, and we will continue to keep you updated. We are initiating the following measures in response to the COVID-19 pandemic:

1. **EFFECTIVE IMMEDIATELY:** Health Services will operate on an APPOINTMENT ONLY schedule. Health Services will continue to service ALL students, faculty and staff staying on campus or off campus at this time. ALL appointments will now be handled via a phone call or a ZOOM video appointment. ANYONE needing an appointment for ANY reason, will need to call 256-765-5000.
2. **MEDICATIONS:** Health Services will deliver all prescription medications to the residence halls and campus apartments for any clinic appointments via phone and/or ZOOM. If you need a refill on any medication, please call 256-765-5000. If you currently take daily prescription medications, those medication refills can be transferred to Massey Drugs and they will deliver the medications to Health Services and we will deliver to the residence halls or apartments twice a day. To inquire about this service, please call 256-765-4328.
3. **CHECK-IN:** If you are instructed to come to the clinic for any reason (pick up medication, face to face visit, etc.), please call from the hallway: 256-765-4328 to let the staff know you are here and you will be taken straight to a room.
4. **VISITORS:** We are NOT allowing ANY visitors in the clinic to help minimize any unnecessary risk and exposure to illness.
5. **COVID-19:** If you think you have symptoms of COVID-19 or have been near or around someone that has tested positive for COVID-19, please call 256-765-5000 for further instructions and where you can go to be tested.
6. **STAY HOME:** We strongly recommend that everyone stays home, takes all necessary precautions listed below and does not risk any unnecessary exposure to COVID-19.

The [CDC](#) advises that the best way to prevent infection is to avoid being exposed to COVID-19. Here are everyday actions to help prevent the spread of all respiratory viruses:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces
- Consider alternatives to shaking hands.
- Unless you are sick with cough, sneezing and fever, it is not advised to wear a mask.

Thank you for your cooperation as we navigate through this difficult situation. The health and safety of our patients and our Health Services' staff is our top priority.

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