

Introducing Cariloop[®]

Because no one should go through caregiving alone

Caring for aging loved ones can be challenging - but you don't have to do it alone. When you receive Trustmark coverage, you gain access to Cariloop's Caregiver Support Platform[®] - a resource designed to lighten the load and support you every step of the way.



What is Cariloop?

Cariloop provides professional guidance and practical tools to help you and your family navigate elder care. Through the Caregiver Support Platform[®] you get personalized coaching, care planning tools, and access to a trusted provider network. Whether you're supporting an aging loved one or planning ahead for your own needs, Cariloop helps ease the stress and burnout that often comes with managing care.



Work with professional Cariloop Coaches to navigate senior living, Medicare and Medicaid, and financial or legal caregiving challenges.¹



Stay informed with on-demand webinars and curated content – featuring tips on managing stress, navigating care, and more.



Invite family members into the Care Portal to share updates, coordinate appointments, and keep important documents in one secure place.



Connect with other caregivers through Community Channels and find support, shared experiences, and helpful resources – wherever you are in your care journey.

¹Trustmark provides access to Cariloop's care coaching services at no extra cost, for one month, per calendar year.

Find more information on this exclusive benefit when you receive Trustmark coverage!



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Cariloop membership is provided as a value-added benefit, separate from the life insurance policy. While we strive to maintain this offering, please note that it may be subject to change or discontinuation in the future without notice.

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Caregiver Support When You Need It

For you and the ones you love



When you start to care for an aging loved one, suddenly you have to navigate complex decisions, conversations and information.

Cariloop can support you with expert guidance and hands-on tools along the way.

Enroll in your Cariloop benefit to:

- ♥ **Meet with a Care Coach:** Your dedicated Care Coach can help you navigate senior living options, Medicare and Medicaid, as well as financial and legal challenges to help plan ahead.
- ♥ **Build a Support Plan:** Access tools and invite your family into the Care Portal to organize tasks, coordinate appointments, and store key caregiving documents (i.e. wills, medical directives, power of attorney) so the entire family has access to the information in one place.
- ♥ **Connect with a Community:** Explore on-demand webinars, community channels, and content to gain tips on managing stress and feel confident in your caregiving journey.

Getting started is easy:



Access your account by scanning the QR code or using the URL below.



Open a case and connect with a Care Coach for expert guidance.
(One month unlimited support + option to extend service)



Access tools and a community within the Care Portal.