



Bal-A-Vis-X



Bal-A-Vis-X

Training Hours (17)

Sponsored by

The University of North Alabama Inservice Center

COURSE DETAILS

Dates : Friday, 6th November 2015; Saturday, 7th November 2015,
Sunday 8th November 2015

Place: University of North Alabama - East Campus, 1604 Tune Avenue, Florence, AL
35630

Times : November 6 (5:00pm – 8:30pm) November 7 (8:30am – 5:30pm)
November 8 (8:00am – 1:00pm)

\$125.00 (Regular fees – payment after 16th September 2015)

\$100.00 (Early bird – payment by 16th September 2015)

**This workshop is appropriate for classroom teachers, PE teachers, PTs, OTs,
Brain Gym , Speech Therapists, Parents and Students!**

Bal-A-Vis-X is a series of increasingly complex Balance/Auditory/Vision/exercises,
deeply rooted in rhythm, that require full- body coordination and focused attention.

Requiring multiple thousands of mid-line crossings in three dimensions, these
exercises are rhythmic, with a pronounced auditory foundation, executed at a pace
that naturally results from proper physical techniques. These exercises can also be
modified for those with severe special needs. The program uses sand-filled bags,
racquetballs and balance boards. In group settings the program demands
cooperation, promotes self-challenge, and fosters collaboration. And it is fun!



Bal-A-Vis-X, used by educators, clinicians and therapists worldwide, is designed to benefit every student - improving coordination and academic success and is particularly effective for students who may be considered:

- Learning challenged - cognitive integration improves
- Behaviourally challenged – behavior “settles”
- ADD / ADHD – impulsivity decreases and attention span increases
- Gifted – physical coordination improves and stress headaches diminish
- Regular – academic success improves yet requires less effort

Bal-A-Vis-X benefits students with auditory processing difficulties that may affect word pronunciation, comprehension of verbal instructions, or participation in dialogue and discussions. For these students, the rhythmic patterns of Bal-A-Vis-X create a new awareness of the nuances of sound.

Bal-A-Vis-X benefits students who have difficulty with visual processing, ocular motility (tracking), binocularity (teaming) or visual form perception (discrimination of details).

For all students, the gains in eye-hand coordination and subsequent growth in overall confidence, hence, self-esteem, are readily observable.

About the Trainer

Bill Hubert has taught Kindergarten through University for 35 years and has been developing and perfecting BAVX over the last 30 years. Since 1999, Mr. Hubert and his assistants have conducted more than 400 trainings around the world. He currently works with children (ages 4-23) in private 30-minute sessions each week in Wichita, Kansas.

BAVX website: www.bal-a-vis-x.com

Spaces are limited and pre-registration is required.



REGISTRATION FORM FOR BAVX TRAINING

☐

Regular Tuition: \$125.00 (payment after 16th September 2015)

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Early Bird Tuition: \$100.00 (payment before 16th September 2015)

Tuition does not includes lunch

Name

Address

Tel

(H) _____ **(C)** _____

Email

Profession

School

_____ *I've enclosed full payment for the full tuition and understand that this payment is non-refundable*
-----*after November 2, 2015.**

Registration and Payment Methods

1. Print and complete the registration form
2. Mail a check for the full tuition payable to **University of North Alabama Inservice Center**
3. Mail completed registration form to: University of North Alabama Inservice Center, 1640 Tune Avenue, Florence, AL 35630
4. For early bird discount, your form with payment must be postmarked on or before September 16, 2015.

***Refund Policy**

Fees paid are non-refundable after November 2, 2015. If you cancel before November, 2015, your payment, minus a \$50.00 processing fee, will be returned. If the workshop is full or cancelled, all money received will be refunded.

For Office Use:

Full Payment: \$ _____ **Received by:** _____ **Date:** _____ **Notes:**