

BACHELOR OF SCIENCE IN EXERCISE SCIENCE

NAME: _____

Student ID #: _____

CONCENTRATION: Pre-Professional Studies

CATALOG YEAR: _____

Department of Health, Physical Education and Recreation

301 Flowers Hall

NOTE: This program of study **DOES NOT** lead to eligibility for teacher certification

ACHE APPROVED March 2016

Revised May 2017

AREA I: WRITTEN COMPOSITION	Hrs	Gr	Sem	MAJOR CORE	Hrs	Gr	Sem
EN 111 1 st Year Composition I	3			HPE 000 Senior Portfolio	0		
En 112 1 st Year Composition II	3			HPE 235 Medical Terminology	1		
AREA II: HUMANITIES AND FINE ARTS				HPE 352 Kinesiology	3		
a. Com 201 Fundamentals of Speech	3			HPE 353W Physiology of Exercise	3		
b. 3 credit hours from AR 170 OR AR 281 OR AR 282 OR COM 133 OR MU 222 OR MU 244 OR TH 210	3			HPE 360 Intro to Fitness Test	3		
c. 3-6 credit hours from EN 211 OR EN 212 OR EN 221 OR EN 222 OR EN 231 OR EN 232 OR EN 233 OR EN 234	3			HPE 401 Adapt PE OR SRM 444 Rec/Spec Pop	3		
d. 0-3 credit hours from FL 100 OR FR 101 OR FR 102 OR FR 201 OR FR 202 OR GR 101 OR GR 102 OR GR 201 OR GR 202 OR PHL 201 OR PHL 205 OR PHL 250 OR RE 111 OR RE 221 OR RE 231 OR SP 101 OR SP 102 OR SP 201 OR SP 202	3			HPE 402 Exercise Rx/Healthy	3		
AREA III: NATURAL SCIENCE AND MATH				HPE 403 Essentials Rx Resist Train	3		
MA	3			HPE 405 Exercise Leadership	3		
BI 101 OR BI 111	4			HPE 430 Behavior Mod Interventions	3		
BI 102 OR BI 112	4			HPE 443 Management of HPEA	3		
AREA IV: HISTORY, SOCIAL/BEHAVIORAL SCIENCES				HPE 451 Applied Statis. in Hlth/Exer Sci	3		
HI 101 OR 201	3			HPE 466W Legal Issues & Risk Mgt.	3		
HI 102 OR 202	3			HPE 498 Internship	6		
PY 201 OR SO 221	3			300/400 Psy/Soc (Advisor Approved)	3		
HPE 175 OR HPE 213	3			TOTAL	43		
ADDITIONAL MAJOR REQUIREMENTS				CONCENTRATION			
HPE 221 Intro to Health and Physical Education	3			CH 111 General Chemistry	3		
HPE 225 Nutrition & Human Perf.	3			CH 111L General Chemistry Lab	1		
HPE 233 First Aid	3			CH 112 General Chemistry	3		
BI 241 Human A&P I	4			CH 112L General Chemistry Lab	1		
BI242 Human A&P II	4			PH 241 General Physics I	4		
CIS 125 Business Apps of Micro Soft	3			PH 242 General Physics II	4		
TOTAL	61			TOTAL	16		
				CHOOSE ONE OF THE FOLLOWING			
				HPE 450 Motor Learning	3		
				HPE 490 Concepts & Analysis of Res.	3		
				HPE 494 Exercise Rx/Moderate Risk	3		
				TOTAL	3		
				GRAND TOTAL	123		