

July 2014

Program of Study  
**Master of Science in Health and Human Performance**  
**Exercise Science Concentration**  
 30 Semester Hour Program

Date: \_\_\_\_\_ Catalog Year: \_\_\_\_\_  
 Name: \_\_\_\_\_ SID: \_\_\_\_\_  
 Address: \_\_\_\_\_ Telephone: \_\_\_\_\_  
 \_\_\_\_\_  
 Degree Held: \_\_\_\_\_

	Term	Hours	Grade	QP
<b>Required Major Courses (12)</b>				
HPE 600 Research Methods		3		
HPE 665 Critical Analysis of Research and Professional Literature		3		
HPE 670 Legal Issues and the HPE Professional		3		
HPE 675 Administration of HPE Related Programs		3		
<b>Concentration Requirements (12)</b>				
HPE 620 Statistical Methods in Education		3		
HPE 660 Scientific Basis of Health and Human Performance		3		
HPE 663 Laboratory Techniques in Health and Human Performance		3		
<b>ONE additional course from the following:</b>				
HPE 503 Principles of Exercise Prescription for Resistance Training		3		
HPE 596 Cardiopulmonary Rehabilitation and ECG Interpretation		3		
HPE 640 Epidemiology & Prevention of Chronic Disease		3		
HPE 644 Integrative Health Coaching		3		
<b>Elective Courses (6)</b>				
HPE 503 Principles of Exercise Prescription for Resistance Training		3		
HPE 510 Health Promotion		3		
HPE 596 Cardiopulmonary Rehabilitation and ECG Interpretation		3		
HPE 638 Stress Management		3		
HPE 640 Epidemiology & Prevention of Chronic Disease		3		
HPE 641 Integrative Health		3		
HPE 644 Integrative Health Coaching		3		
HPE 680 Trends and Issues in HPER and Related Disciplines		3		
HPE 685 Internship		3		
**HPE 693 Comprehensive Examination		0		
**HPE 695 Thesis		6		

\*NOTE: As part of their program of study, each graduate student accepted into this concentration MUST choose either HPE 693, Comprehensive Examination, or HPE 695, Thesis, as a culminating experience.

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 Advisor's Signature

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 Dean's Signature

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 Student's Signature