

EXERCISE SCIENCE MINOR

NAME: _____
Student ID #: _____
MAJOR: _____
MINOR: Exercise Science
CATALOG YEAR: _____

Department of Kinesiology
301 Flowers Hall

NOTE: This program of study **DOES NOT**
lead to eligibility for teacher
certification in the state of Alabama.

APPROVED June 2009

| REQUIRED COURSES | Hrs | Gr | Sem |
|---|-----------|----|-----|
| *HPE 352 Kinesiology | 3 | | |
| *HPE 353W Phys of Exercise | 3 | | |
| HPE 360 Intro to Fitness Testing | 3 | | |
| Two (2) additional courses form the following: | | | |
| HPE 402 Exercise Rx/ Healthy | 3 | | |
| HPE 403 Essentials Rx Resist Train | 3 | | |
| HPE 405 Exercise Leadership | 3 | | |
| HPE 494 Exer RX/Moderate Risk | 3 | | |
| TOTAL | 15 | | |

Note: Prerequisites for any courses required for this minor must be met **BEFORE** enrolling in the courses.

* BI 101 OR BI 111 and BI 102 OR BI 112 are prerequisites for BI 241, Human Anatomy and Physiology I and BI 242, Human Anatomy and Physiology II. BI 241 and BI 242 are prerequisites to HPE 352, Kinesiology, and HPE 353W Physiology of Exercise.