

## HEALTH PROMOTION MINOR

NAME: \_\_\_\_\_  
Student ID #: \_\_\_\_\_  
MAJOR: \_\_\_\_\_  
MINOR: Health Promotion  
CATALOG YEAR: \_\_\_\_\_

Department of Health, Physical Education  
and Recreation

301 Flowers Hall

**NOTE:** This program of study **DOES NOT**  
lead to eligibility for teacher certification  
in the state of Alabama.

**APPROVED June 2009**

REQUIRED COURSES	Hrs	Gr	Sem
HPE 175 Essentials/Healthy Living	3		
HPE 213 Foundations of Health	3		
HPE 350 App Nutrition/Lifespan	3		
HPE 351 Chron Disease&Hea Pro	3		
HPE 410 Health Promotion	3		
HPE 420 Health and Aging	3		
HPE 422 Public Health	3		
HPE 430 Behavior Mod Interv	3		
<b>TOTAL</b>	<b>24</b>		

**Note:** Prerequisites for any courses required for this minor  
must be met **BEFORE** enrolling in the courses.