

School of the Arts  Department of Music

Vocal Health and Allergies

for
Professional Voice Users

presented by
ENT Center of Northwest Alabama

October 20, 2022
5:00p.m.
Music Building Recital Hall

ENT CENTER
OF NORTHWEST ALABAMA

ENT | HEARING | ALLERGY



College of ARTS, SCIENCES,
and ENGINEERING

University of NORTH ALABAMA

Schedule

5:00 p.m.

Introductions

5:05 p.m.

What Are Allergies and How Do They Affect Us?

5:10 p.m.

How Do Allergies Change Tonality and Resonance?

5:25 p.m.

Preventative Vocal Care and Symptoms to Be Aware of

5:35 p.m.

The Importance of Technique

5:45 p.m.

Question and Answer Period



Dr. Caleb Masterson

Dr. Caleb Masterson completed residency training in Otolaryngology, Head & Neck Surgery, and Facial Plastic Surgery. He is board-certified by the American Osteopathic Board of Otolaryngology- Head and Neck Surgery- and holds a fellowship in Otolaryngologic Allergy. In addition to Ear, Nose, and Throat care, Dr. Masterson is committed to re-writing the narrative of Sinus and Allergy Disease through education and the in-office patient experience. He has lectured at major ENT and medical conventions throughout the country and his research has been published in national peer-reviewed journals.

Dr. Masterson completed his undergraduate and graduate studies at Missouri State University where he graduated Magna Cum Laude. He then received his medical degree from Des Moines University College of Osteopathic Medicine, graduating at the top of his class. Following medical school, Dr. Masterson completed a five-year residency in Otolaryngology (Ear, Nose, & Throat or ENT) / Head & Neck Surgery and Facial Plastic Surgery at Oklahoma State University and Kansas City University Affiliated Hospitals.

Dr. Masterson is an Adjunct Clinical Assistant Professor of Anatomy at Kansas City University College of Medicine and Biosciences. He enjoys spending time with his wife and four children, playing guitar and piano, as well as engaging with his faith community.

Dr. Gretchen Windt

Originally from Chicago, mezzo-soprano Gretchen Windt channels her strong presence and engaging personality into performances in genres ranging from opera and operetta to symphonic repertoire, art song recitals, and musical theater. She has completed Young Artist and Apprentice Artist programs with companies including Sarasota Opera, Utah Symphony & Opera, Sugar Creek Symphony and Song Festival in Illinois, and the Ohio Light Opera. She has returned for subsequent engagements with several of these companies; most notably performing leading roles in operettas and musicals as a Resident Professional Artist with the Ohio Light Opera for four seasons. She performed regularly with Cincinnati Opera; highlights include mainstage performances of Goličov's *Ainadamar* (Voice of the Fountain), the world premiere of Hailstork's *Rise For Freedom*, and a touring production of *The Magic Flute*. She has also performed with Opera Southwest, Chesapeake Chamber Opera, Opera Idaho, and regional Chicago companies including Bowen Park Opera, OperaModa, and DuPage Opera Theatre. Internationally, she performed the title role in *La Cenerentola* in Italy with La Musica Lirica. Recent performances include *Salome* (Page) with Utah Opera, *Le nozze di Figaro* (Cherubino) with Opera Idaho, the title role in Offenbach's *La Périhole* with Ohio Light Opera, and the title role in Massenet's *Cendrillon* with University of Utah Lyric Opera Ensemble.



Additionally, she has performed and covered roles including Hansel (*Hansel and Gretel*), Prince Orlofsky (*Die Fledermaus*), Dorabella (*Così fan tutte*), both Third Lady and Papagena (*The Magic Flute*), Mercedes (*Carmen*), Meg Page (*Falstaff*), Pitti-Sing (*The Mikado*),

Jo (*Little Women*), and Rosina (*Il barbiere di Siviglia*). Solo concert credits include Beethoven's Ninth Symphony, Handel's *Messiah*, Mozart's Requiem, Vivaldi's *Gloria*, Faure's Requiem, and Bach's *Magnificat*.

Most recently, she was a featured soloist for the holiday pops concert *Peace, Joy, Love* with the Shoals Symphony Orchestra, and she performed songs of Giovanni Sgambati and Srul Irving Glick at the National NATS (National Association of Teachers of Singing) Conference in Chicago. Upcoming engagements include a Guest Artist Recital at Ohio University, Lili Boulanger's *Faust et Hélène* with the New York Repertory Orchestra, and *Die Fledermaus* (Prince Orlofsky) with Opera Huntsville.

Equally passionate about teaching, she is the Director of Vocal Studies and Associate Professor at the University of North Alabama. She has been invited to present and perform at numerous conferences, conventions, and festivals including National NATS Conferences, the SERNATS (Southeastern Region NATS) Scholar and Artist Series, the Darkwater Festival at UNC–Pembroke, the Sam Houston State University Art Song Festival, Alabama Music Educators Association Conference, and Iowa Choral Directors Association Summer Symposium. She was invited to participate in the Summer Voice Institute at Northwestern University with W. Stephen Smith. She is an active member of NATS currently serving as the Education Chair for the Alabama Chapter, and she was selected to participate in the prestigious NATS Intern Program in 2020.

She graduated from the University of Utah with a Doctor of Musical Arts degree. In addition, she completed degrees at the University of Cincinnati-College Conservatory of Music (M.M. in voice/opera) and North Park University (B.M.E. in music education/voice) in Chicago, IL. Currently based in Florence, Alabama, when she isn't performing or teaching, she gets to immerse herself in Southern dialect and cuisine.



Lisa Silver

Lisa's musical journey began in Detroit, Michigan. Her dad was a Detroit high school choral director. Two of his more famous students were Martha Reeves of Martha and the Vandellas and Mary Wilson of the Supremes. He also served as the synagogue music director, music teacher, and vocalist in many Jewish congregations in Metropolitan Detroit. Lisa's mom, a music lover, had a degree in social work but chose to be a stay-at-home mom.

Lisa was introduced to folk and blues, rock and jazz by her brother. She loved classical music and started studying violin when I was eight years old. She also loved the music of the '60's girl groups, Motown, and the Beatles.

Lisa is a grammy-nominated songwriter and her voice backs superstars like Garth Brooks, Dolly Parton, Vince Gill, and Willie Nelson. She is "Baby Looney Tunes" on the theme song she co-wrote, produced, and sang for the popular cartoon.

With the release by Alabama, her "Forty Hour Week" rocketed to a Grammy nomination. She played fiddle with Chet Atkins and violin for Elvis. She was one-third of The Cherry Sisters - Nashville's go-to studio background vocal trio and performed with well-known artists on the television and stage. She chose a home at Congregation Micah where, for 20 years, she was the Music Director and Cantorial Soloist—made famous within the Middle Tennessee community for her moving songwriting and her zany kids' music.

Andy Baxter

Andy Baxter lives in Florence, AL with his wife Sarah and his dog Gator. He also happens to be precisely 1/2 of the band Penny & Sparrow & 1/3 of a successful bourbon & book club. Upon briefly visiting Florence in 2014 (and subsequently falling in love with the city and it's people) Andy and his small family moved to Florence to make an album with Single Lock records. They haven't left since. They still love it here and now call it home.



Along with our panelists for the evening, the UNA Department of Music would like to extend a special thank you to the following for their assistance with this seminar.

- ENT Center of Northwest Alabama
- Kayla Bullock
- Catherine Counts
- Tabitha Duke
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- Calissha Phifer, Sr. Administrative Assistant, UNA Department of Music
- Dr. Whitney O'Neal, Chair, UNA Department of Music
- Betsy Harmon, Operations Manager, UNA School of the Arts
- Dr. Meghan Merciers, Executive Director, UNA School of the Arts
- Dr. Ryan Zayac, Senior Associate Dean, UNA College of Arts, Sciences, and Engineering
- Dr. Sara Lynn Baird, Dean, UNA College of Arts, Sciences, and Engineering

Upcoming Events

10/25, 7:30 p.m.
Fall Choral Showcase
Norton Auditorium

10/28, 7:30 p.m.
UNACE Halloween Movie Night II
Norton Auditorium

11/1, 7:30 p.m.
Percussion-palooza 2022
Norton Auditorium

11/6, 3:00 p.m.
Shoals Symphony: Two by Two
Norton Auditorium

11/8, 7:30 p.m.
Vesna Duo: *The Rite of Spring*
Norton Auditorium

