



INSTITUTE FOR LEARNING IN RETIREMENT FALL 2016

• **Course Listing & Schedule**
September 19-November 11, 2016

Orientation & Luncheon
September 7, 2016

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The Institute for Learning in Retirement

Fall 2016 Schedule

September 19 – November 11, 2016 • UNA East Campus

MONDAYS

- 9:00 - 10:10am Outstanding People and Events in American History • Led by Mr. John Messamore
- 9:00 - 10:10am People and Their Stories • Led by Mr. John Sworm
- 10:35 - 11:45am Cultural Heritage & Geography • Led by Mr. Max Tarbet
- Memory & The Human Lifespan • Led by Ms. Phyllis Shoemaker
- 12:00 - 12:50pm Brown Bag Lunches • Led by Ms. Robin Armstrong
- 1:00pm - until Appreciating Antique Chinese Arts II • Led by Mr. John Messamore

WEDNESDAYS

- 9:00 - 10:10am Enjoying the Arts • Led by Ms. Harriett Edwards
- 10:35 - 11:45am Potpourri • Led by Ms. Virginia Phillips
- Science In Our Daily Lives • Led by Dr. Bill Cale
- The Great Books: Great Conversations V • Led by Ms. Marilyn Tallman / Ms. Nancy Belue
- 1:00 pm - until Around Town – Field Trips & Movies • Led by Ms. Robin Armstrong
- Field Trips (Immediately following previous session)
 - Movies – 1:00 pm

FRIDAYS

- 9:00 - 10:10am Religious Literacy 101 • Led by Dr. Jacquie Osborne & Dr. Tom Osborne
- 10:35 - 11:45am The Wisdom of History • Led by Ms. Jean Mammen

2016-2017 LEADERSHIP

OFFICERS

President: Robin Armstrong
Vice-President: Max Tarbet

COMMITTEE CHAIRS

Social: Chris Johnson
Travel: Robin Armstrong
Sunshine: Anne Petty

COUNCIL

Three Year Term: Michael Broeder, Jean Mammen, Terry Smith
Two Year Term: Harriett Edwards, John Messamore, John Sworm
One Year Term: Robin Armstrong, Kay Durrett, Max Tarbet

COURSE DESCRIPTIONS

Outstanding People & Events in American History

Join us as we continue to learn about the history and resources of the Shoals, past and present. We begin our fall semester survey by looking at how the CIA, yes Central Intelligence Agency, uses propaganda, deception, and disinformation to accomplish its mission of providing strategic intelligence in order to protect American interests. Join us as we also unlock the secrets of more than three decades of experience in training Dolphins, sea lions, dogs, horses, and other critters. We will also dig deep into the design, planning, and execution of "Building Wilson Dam", our amazing Shoals landmark!

Course Format: Lecture and Discussion • **Course Leader:** Mr. John Messamore
Course Time: Monday, 9:00-10:10 am • **Course Dates:** September 19 & 26, October 3 & 10

People & Their Stories

Participants will dive in to the lives of ILR members and their friends. This course will include videos, slide shows or individual speakers telling their life stories.

Course Format: Video and Discussion • **Course Leader:** Mr. John Sworm
Course Dates: October 17, 24 & 31, November 7
Course Time: Monday, 9:00-10:10 am

Cultural Heritage & Geography

Packed full of information, this class is a favorite of all! Join us for this course as we learn about important events and people that have shaped our culture.

Course Format: Lecture and Discussion • **Course Leader:** Mr. Max Tarbet
Course Time: Monday, 10:35 - 11:45 am
Course Dates: September 19 & 26, October 3 & 10

Memory and the Human Lifespan

In Memory and the Human Lifespan, Professor Steve Joordens of the University of Toronto Scarborough, who has been repeatedly honored as both teacher and researcher, leads you on a startling voyage into the human mind, explaining not only how the various aspects of your memory operate, but the impact memory has on your daily experience of life. His 24 riveting lectures carefully explain

- the different kinds of systems that come together to make memory possible
- how those systems work together to build and access memories of specific events, solve problems, learn basic tasks like brushing your teeth, or acquire the skills to play a musical instrument
- the kinds of memory deficits that result when various parts of the brain are damaged or deteriorate
- how memory shapes not only your experience of the past but also of the present, as well as your expectations of the future
- how your memory systems develop throughout your life; and much more.

Moreover, by understanding how the brain organizes and encodes information, you can better harness its extraordinary powers to fine-tune how it works for you and use this information to help reshape your very experience of being alive.

Course Format: Video and Discussion • **Course Leader:** Ms. Phyllis Shoemaker
Course Time: Monday, 10:35 - 11:45 am
Course Dates: October 17, 24 & 31, November 7

Brown Bag Lunches

Join us for brown bag lunches where we will explore a diverse variety of topics including an adventure to the Holy Land of Israel, the US Secret Service & the protection of former presidents, and a New York Times photographer's shoot expedition in Cuba.

Course Format: Lecture/Brown Bag Lunch • **Course Leader:** Ms. Robin Armstrong
Course Time: Monday, 12:00 – 12:50 pm

Appreciating Antique Chinese Arts II

Expanding on last semester's introductory course, we will continue to examine selected topics in Chinese 6000 year long art history, the cultural and historical context for the development of major Chinese arts traditions, and also discuss how one can gain the skills needed to build a rewarding collection of Chinese art and antiques on any budget. This is a fun class that uses lots of short videos to teach us the highlights about Chinese history and their arts. Our facilitator and longtime antiques collector, John Messamore uses many examples from his own Chinese collections of bronzes, jades, porcelain, ivory, wood, pottery, and more to bring the subject alive and to give students hands on experience in evaluating and enjoying authentic examples. This semester will focus less on a chronological arts survey, but will delve into important cultural events that may be less familiar to westerners, but are essential components to understanding Chinese arts development. Topics will include: unlocking the coded messages in Chinese art objects, the Journey to the West (India), the amazing Sangxingdui Bronze culture, Giuseppe Castiglione (Lang Shining) and European influences on Chinese painting, European explorers of Dunhuang-saviors or looters?, the odyssey of the Palace Museum collections and more.

Course Format: Lecture & Discussion • **Course Leader:** Mr. John Messamore
Course Time: Monday, 1:00 pm – until

Enjoying The Arts

Masterworks of American Art, narrated by popular lecturer William Kloss, sets its chronological boundaries of our colonial period to the start of World War I. Dr. Kloss' illustrated lectures cover the varied subject matter of the American experience and artistic genres. The artistic style parallels in many ways that of traditional European artists. The course ends before the introduction of European modernism into American art. Portraits, historical and family life painting, still life and landscape painting include early images of the New World, its land and its people, as the colonies mature into the United States of America and become a mature nation. The lectures give a brief reminder of events in American history, from westward expansion, internal conflicts leading to the Civil War, and internationalism and the entrance into World War I. Dr. Kloss' comprehensive commentary on contemporary paintings make each session lively.

Course Format: Video, Lecture & Discussion • **Course Leader:** Ms. Harriett Edwards
Course Time: Wednesday, 9:00-10:10am

Potpourri

Potpourri means a miscellaneous collection which certainly describes this semester's schedule, which includes experiences of full time RVing in retirement, interesting experiences of international living, trekking on landmark US trails, and musical experiences from Shenandoah member Jim Seales. In short, a veritable potpourri!

Course Format: Lecture & Discussion • **Course Leader:** Ms. Virginia Phillips
Course Time: Wednesday, 10:35-11:45am
Course Dates: September 21 & 28, October 5 & 12

Science In Our Daily Lives

Our Fall series will feature a look at the water crisis in Flint, Michigan and how technology is helping people monitor disaster recovery. We'll also expose some of the great myths of science and take a short field to campus to learn about UNA's new Engineering Technology major.

Course Format: Lecture & Discussion • **Course Leader:** Dr. Bill Cale
Course Time: Wednesday, 10:35-11:45am
Course Dates: October 19 & 26, November 2 & 9

Great Books: Great Conversations V

Participants will read and critically discuss in detail the following works from the Great Books: Russell's *Philosophy and Knowledge*; Lawrence's *The Man Who Loved Islands*; R. Benedict's *Anthropology and the Abnormal*; Akutagawa's *Hell Screen*; Niebuhr's *The Children of Light and the Children of Darkness*; Sartre's *Why Write?*; Wright's *Bright and Morning Star* and Murdoch's *The Bell*. Students must purchase their book at the time of enrollment at UNA East Campus (\$30). Each reading will be discussed on its own merits in a small group setting. Required reading for the first class meeting: Russell's *Philosophy and Knowledge*.

Course Format: Reading & Discussion
Course Leaders: Ms. Marilyn Tallman/Ms. Nancy Belue
Course Time: Wednesday, 10:30-11:45am

Around Town – Field Trips & Movies

Participants will visit local sites around the area with on-location short lectures from local experts. Movies will also be presented to the group.

Course Format: Field Trips(extra cost may be associated) & Video
Course Leader: Ms. Robin Armstrong • **Course Time:** Wednesday,
Field trips – immediately following previous session; Movies – 1:00 pm - until.

Religious Literacy 101

This course will explore the four aspects of spirituality: prayer, fasting, meditation and pilgrimage. Three historically important pilgrimage routes will also be examined.

Course Format: Lecture and Discussion • **Course Leaders:** Drs. Jacquie & Tom Osborne
Course Time: Friday, 9:00 - 10:10 am

The Wisdom of History

The Wisdom of History refers to the ability to use history – the lessons of the past – to make decisions in the present and to plan for the future. This course examines the lessons that history might hold for the contemporary United States, particularly in a post-9/11 world.

Course Format: Video & Discussion • **Course Leader:** Ms. Jean Mammen
Course Time: Friday, 10:35 – 11:45 am

THE INSTITUTE FOR LEARNING IN RETIREMENT

PLEASE JOIN US FOR OUR SEMESTER ORIENTATION, PREVIEW & LUNCHEON!

Wednesday, September 7, 11:00 am in the UNA East Campus Building, 1640 Tune Ave., Florence. Members please bring a covered dish. Board meeting following lunch if needed.

WHAT IS THE INSTITUTE FOR LEARNING IN RETIREMENT (ILR)?

The ILR is a member led group that determines all activities from course planning to social events. Most discussion groups are led by members. The ILR is an organization of active mature men and women who seek continued intellectual and social stimulation. Regardless of your educational background or work experience, we invite you to try us out without committing to a membership! There are no tests, grades, or prerequisites!

THE INSTITUTE FOR LEARNING IN RETIREMENT IS FOR:

Anyone interested in making new friends and growing & stimulating their mind in an educational environment!

WHAT ARE THE BENEFITS TO BEING AN ILR MEMBER?

For only \$70 a semester, joining ILR entitles you to:

- Attend any or all of the courses you would like that are listed in this brochure
- Social Events
- Trips (extra cost may be associated)

Simply fill out the registration form located below and mail with your check. Class size is limited in some cases, so register early! If you are interested in attending a regular credit course, there is a Senior Scholar program which is administered through the UNA Office of Admissions (256-765-4608).

FAST & EASY REGISTRATION

Pre-registration is requested so we can be prepared for your attendance.



BY PHONE

Our registration office is open from 8 a.m. to 4:30 p.m. Monday through Friday. We accept Discover, MasterCard and Visa. **Call (256)765-4862 or 1(800)-825-5862, ext. 4862.**



IN PERSON

During our office hours, come by our office in the UNA East Campus Building (formerly Powell School), 1640 Tune Avenue, Florence. Please have correct change.

MAIL



Complete the attached registration form and mail with your check or credit card information (don't mail cash) to Continuing Education & Outreach, UNA Box 5036, University of North Alabama, Florence, Alabama 35632-0001.

Registration Form

If registering more than one person, please list additional names and information on an attached sheet or duplicate this form.

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Phone: (Day) _____ (Evening) _____

Mobile _____ Email _____

Please register me for the following courses:

- ☐ Outstanding People and Events in American History
- ☐ The Wisdom of History
- ☐ The Great Books: Great Conversations V
- ☐ Potpourri
- ☐ People & Their Stories
- ☐ Appreciating Antique Chinese Arts II
- ☐ Brown Bag Lunches

- ☐ Enjoying the Arts
- ☐ Cultural Heritage & Geography
- ☐ Memory and the Human Lifespan
- ☐ Science In Our Daily Lives
- ☐ Around Town – Field Trips & Movies
- ☐ Religious Literacy 101

☐ Fall Term 2016, \$70 ☐ Great Books: Book Cost, \$30

Payment Method:

Check Enclosed (payable to UNA) Please include course name on lower left side of check.

- ☐ Purchase Order ☐ Money Order ☐ Visa
- ☐ MasterCard ☐ Discover

Credit Card # _____

Expiration Date _____ Verification # _____

Authorized Signature _____

Please make as many copies of this form as you need.