



# INSTITUTE FOR LEARNING IN RETIREMENT SPRING 2017

**Course Listing  
& Schedule**

**January 23 – March 17, 2017**

**Orientation & Luncheon**

**January 11, 2017**

***Continuing Education***

***... because learning is a lifelong pursuit.***

***Register Today!***

**Call 1-800-825-5862, Ext. 4862**

**or (256) 765-4862**

**[www.una.edu/continuing-education](http://www.una.edu/continuing-education)**

***Please pass this on or copy it for other  
colleagues who may be interested.***

***UNA is an Equal Opportunity/Equal Access Institution***

University of North Alabama  
Continuing Education & Outreach  
UNA Box 5036  
Florence, AL 35632-0001



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# The Institute for Learning in Retirement

## Spring 2017 Schedule January 23 – March 17, 2017 • UNA East Campus

### MONDAYS

- 9:00 - 10:10am Outstanding People and Events in American History • Led by Mr. John Messamore
- 9:00 - 10:10am People and Their Stories • Led by Mr. John Sworm
- 10:35 - 11:45am Cultural Heritage & Geography • Led by Mr. Max Tarbet
- Memory & The Human Lifespan • Led by Ms. Phyllis Shoemaker
- 12:00 - 12:50pm Brown Bag Lunch Talks • Led by Ms. Robin Armstrong
- 1:00pm - until Film & Opera • Led by Terry & Anita Pace

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### WEDNESDAYS

- 9:00 - 10:10am Enjoying the Arts • Led by Ms. Harriett Edwards
- 10:35 - 11:45am (In) Security • Led by Mr. David Kennebeck
- Science In Our Daily Lives • Led by Dr. Bill Cale
- The Great Books: Great Conversations V & VI • Led by Ms. Nancy Belue
- 11:45 am - until Around Town – Field Trips • Led by Ms. Robin Armstrong
- 1:00pm - until Introduction to Appreciating Antique Chinese Arts and Material Culture  
Led by Mr. John Messamore

### FRIDAYS

- 9:00 - 10:10am The Reformation at 500: 1517 - 2017 • Led by Drs. Jacquie & Tom Osborne
- 10:35 - 11:45am The Wisdom of History • Led by Ms. Jean Mammen

#### 2016-2017 LEADERSHIP

#### OFFICERS

President: Robin Armstrong  
Vice-President: Max Tarbet

#### COMMITTEE CHAIRS

Social: Chris Johnson  
Travel: Robin Armstrong  
Sunshine: Anne Petty

#### COUNCIL

Three Year Term: Michael Broder, Jean Mammen, Terry Smith  
Two Year Term: Harriett Edwards, John Messamore, John Sworm  
One Year Term: Robin Armstrong, Kay Durrett, Max Tarbet

# COURSE DESCRIPTIONS

## Outstanding People & Events in American History

Join us as we continue to learn about American history including the rich history and resources of the Shoals, past and present. In our Spring semester we anticipate exploring a range of interesting topics including presentations on the history and role of African Americans as Buffalo Soldiers, mountain men, and cowboys in the old west; perspectives from a noted Alabama climatologist on a quarter century of research and controversy on Climate Change; and excerpts from a video series of lectures by noted sociologist/historian/author James Loewen who explodes myths and fallacies in the teaching of American History today while providing new information sure to add to your historical "IQ" (Everything You've Been Taught Is Wrong: Fact, Fiction, and Lies In American History).

Course Format: Lecture and Discussion • Course Leader: Mr. John Messamore  
Course Time: Monday, 9:00-10:10 am • Course Dates: January 23, 30, February 6 & 13

## People & Their Stories

Participants will dive in to the lives of ILR members and their friends. This course will include videos, slide shows or individual speakers telling their life stories.

Course Format: Video and Discussion • Course Leader: Mr. John Sworm  
Course Dates: February 20 & 27, March 6 & 13 • Course Time: Monday, 9:00-10:10 am

## Cultural Heritage & Geography

Packed full of information, this class is a favorite of all! Join us for this course as we learn about important events and people that have shaped our culture.

Course Format: Lecture and Discussion • Course Leader: Mr. Max Tarbet  
Course Time: Monday, 10:35 - 11:45 am • Course Dates: January 23 & 30, February 6 & 13

## Memory and the Human Lifespan

In Memory and the Human Lifespan, Professor Steve Joordens of the University of Toronto Scarborough, who has been repeatedly honored as both teacher and researcher, leads you on a startling voyage into the human mind, explaining not only how the various aspects of your memory operate, but the impact memory has on your daily experience of life. His 24 riveting lectures carefully explain

- the different kinds of systems that come together to make memory possible
- how those systems work together to build and access memories of specific events, solve problems, learn basic tasks like brushing your teeth, or acquire the skills to play a musical instrument
- the kinds of memory deficits that result when various parts of the brain are damaged or deteriorate
- how memory shapes not only your experience of the past but also of the present, as well as your expectations of the future
- how your memory systems develop throughout your life; and much more.

Moreover, by understanding how the brain organizes and encodes information, you can better harness its extraordinary powers to fine-tune how it works for you and use this information to help reshape your very experience of being alive.

Course Format: Video and Discussion • Course Leader: Ms. Phyllis Shoemaker  
Course Time: Monday, 10:35 - 11:45 am • Course Dates: February 20 & 27, March 6 & 13

## Brown Bag Lunch Talks

Join us for brown bag lunches where we will explore a diverse variety of topics including cell phone usage & apps, reflections of a former President's fourteen years at UNA, and a superintendent's vision for the Sheffield City School System.

Course Format: Lecture/Brown Bag Lunch • Course Leader: Ms. Robin Armstrong  
Course Time: Monday, 12:00 – 12:50 pm

## Film & Opera

Led by Terry & Anita Pace, our upcoming film and opera course will include several popular titles! *Lawrence of Arabia* & *Porgy & Bess* are just a few of the titles scheduled to be shown.

Course Format: Film & Discussion • Course Time: Monday, 1:00 pm – until  
Course Leaders: Terry & Anita Pace

## Enjoying The Arts

*Masterworks of American Art*, narrated by popular lecturer Dr. William Kloss, continues with the chronological survey of American art from colonial times up to the beginning of the First World War. The lectures begin with the last two decades of the nineteenth century and look at several still life and *plein air* painters and American expatriate painters. Two lectures examine Thomas Eakins and two look further at Winslow Homer, discussed in the previous semester. Lecturer Dr. William Kloss concludes his presentation of the essential realism of American art up to this time before World War II as both reflective of contemporary European art but also of significant art in its own right.

Course Format: Video, Lecture & Discussion • Course Leader: Ms. Harriett Edwards  
Course Time: Wednesday, 9:00-10:10am

## (In) Security

Join us as we explore cybersecurity, the internet, scams in northern Alabama, the secret service & homeland security!

Course Format: Lecture & Discussion • Course Leader: Mr. David Kennebeck  
Course Time: Wednesday, 10:35-11:45am • Course Dates: January 25, February 1, 8 & 15

## Science In Our Daily Lives

Our Spring series will focus on the geography and environments on all seven continents, the wildlife of Tanzania, the latest in the science of psychology and the secrets behind figuring how long we humans will live, how many fish we can catch, and how many deer we can shoot!

Course Format: Lecture & Discussion • Course Leader: Dr. Bill Cale  
Course Time: Wednesday, 10:35-11:45am • Course Dates: February 22, March 1, 8 & 15

## Great Books: Great Conversations V & VI

Participants will read and critically discuss in detail the following works from the Great Books: Simone Weil's *Human Personality*; Eudora Welty's *A Still Moment*; Dorris Lessing's *To Room Nineteen*; Seneca's *On Tranquility of Mind*; Francis Bacon's *The New Organon*; John Locke's *A Letter Concerning Tolerance*; Joshua Reynolds' *Discourse Seven*; and the novel by Andrei Makine named *Confessions of a Standard-Bearer*. Students must purchase their book at the time of enrollment at UNA East Campus (\$30). Each reading will be discussed on its own merits in a small group setting. Required reading for the first class meeting is *Human Personality* by Simone Weil.

Course Format: Reading & Discussion • Course Leader: Ms. Nancy Belue  
Course Time: Wednesday, 10:30-11:45am

## Introduction To Appreciating Antique Chinese Arts And Material Culture

In the third ILR edition of exploring over six thousand years of Chinese art and history, this semester's four lectures will focus on introducing students to some of the highlights of Chinese material cultures and their impacts on the West. This is a fun class that uses lots of short videos to teach us the highlights about Chinese arts, history, and culture. Our facilitator and longtime antiques collector, John Messamore, supplements the videos with examples from his own Chinese collections of bronzes, jades, porcelain, ivory, wood, pottery, and more to bring the subjects to life. Students will have the opportunity to gain critical hands on experience in evaluating and enjoying authentic examples. Topics this term will include a history of the development and distribution of Blue and White porcelain and its imitators; 6000 years of Jade culture; the British Museum's 2014-15 exhibit on a key period in the Ming Dynasty: "Fifty Years that changed China"; and finally we will explore a variety of China's Monochrome Porcelains and touch on the world of innovative and beautiful glazes.

Course Format: Lecture & Discussion • Course Leader: Mr. John Messamore  
Course Time: Wednesday, 1:00 pm – until • Course Dates: January 25, February 8 & 22, March 8

## Around Town – Field Trips

Participants will visit local sites around the area with on-location short lectures from local experts.

Course Format: Field Trips(extra cost may be associated)  
Course Leader: Ms. Robin Armstrong • Course Time: Wednesday, immediately following previous session • Course Dates: February 1 & 15, March 1 & 15

## The Reformation at 500: 1517 - 2017

The increasingly pluralistic population of the United States creates diverse communities, student bodies and employees. To enhance mutual understanding and respect among the various religious, ethnic and cultural groups, the Anti-Defamation League offers a Calendar of Observances as a tool to increase awareness and sensitivity about religious obligations as well as ethnic and cultural festivities that may affect students, colleagues and neighbors. Join us as we briefly review the upcoming holidays of religious groups present in the United States that are highlighted by the Anti-Defamation League. Subsequently, this class will spend the majority of the session focusing on the The Reformation at 500: 1517-2017.

Course Format: Lecture and Discussion • Course Leaders: Drs. Jacquie & Tom Osborne  
Course Time: Friday, 9:00 - 10:10 am

## The Wisdom of History

The Wisdom of History refers to the ability to use history – the lessons of the past – to make decisions in the present and to plan for the future. This course examines the lessons that history might hold for the contemporary United States, particularly in a post-9/11 world.

Course Format: Video & Discussion • Course Leader: Ms. Jean Mammen  
Course Time: Friday, 10:35 – 11:45 am

# THE INSTITUTE FOR LEARNING IN RETIREMENT

## PLEASE JOIN US FOR OUR SEMESTER ORIENTATION, PREVIEW & LUNCHEON!

Wednesday, January 11, 11:00 am in the UNA East Campus Building, 1640 Tune Ave., Florence. Members please bring a covered dish. Board meeting following lunch if needed.

## WHAT IS THE INSTITUTE FOR LEARNING IN RETIREMENT (ILR)?

The ILR is a member led group that determines all activities from course planning to social events. Most discussion groups are led by members. The ILR is an organization of active mature men and women who seek continued intellectual and social stimulation. Regardless of your educational background or work experience, we invite you to try us out without committing to a membership! There are no tests, grades, or prerequisites!

## THE INSTITUTE FOR LEARNING IN RETIREMENT IS FOR:

Anyone interested in making new friends and growing & stimulating their mind in an educational environment!

## WHAT ARE THE BENEFITS TO BEING AN ILR MEMBER?

For only \$70 a semester, joining ILR entitles you to:

- Attend any or all of the courses you would like that are listed in this brochure
- Social Events
- Trips (extra cost may be associated)

Simply fill out the registration form located below and mail with your check. Class size is limited in some cases, so register early! If you are interested in attending a regular credit course, there is a Senior Scholar program which is administered through the UNA Office of Admissions (256-765-4608).




## FAST & EASY REGISTRATION

**Pre-registration is requested so we can be prepared for your attendance.**


### BY PHONE

Our registration office is open from 8 a.m. to 4:30 p.m. Monday through Friday. We accept Discover, MasterCard and Visa. **Call (256)765-4862 or 1(800)-825-5862, ext. 4862.**

### IN PERSON

 During our office hours, come by our office in the UNA East Campus Building (formerly Powell School), 1640 Tune Avenue, Florence. Please have correct change.

### MAIL

 Complete the attached registration form and mail with your check or credit card information (don't mail cash) to Continuing Education & Outreach, UNA Box 5036, University of North Alabama, Florence, Alabama 35632-0001.

## Registration Form

If registering more than one person, please list additional names and information on an attached sheet or duplicate this form.

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: (Day) \_\_\_\_\_ (Evening) \_\_\_\_\_

Mobile \_\_\_\_\_ Email \_\_\_\_\_

### Spring 2017 Courses

Outstanding People and Events in American History  
The Wisdom of History  
The Great Books: Great Conversations V & VI  
(In) Security  
People & Their Stories  
Brown Bag Lunch Talks  
Introduction to Appreciating Antique Chinese Arts & Material Culture

Enjoying the Arts  
Cultural Heritage & Geography  
Memory and the Human Lifespan  
Science In Our Daily Lives  
Around Town – Field Trips  
The Reformation at 500: 1517-2017  
Film & Opera

### Please Register me for:

☐ Spring Term 2017, \$70    ☐ Great Books: Book Cost, \$30

### Payment Method:

Check Enclosed (payable to UNA) *Please include course name on lower left side of check.*

☐ Purchase Order

☐ Money Order

☐ Visa

☐ MasterCard

☐ Discover

Credit Card # \_\_\_\_\_

Expiration Date \_\_\_\_\_ Verification # \_\_\_\_\_

Authorized Signature \_\_\_\_\_

Please make as many copies of this form as you need.