

INSTITUTE FOR LEARNING IN RETIREMENT

FALL 2015

**Course Listing
& Schedule**

**September 21 –
November 13, 2015**

**Orientation
& Luncheon**

September 9, 2015



University of
NORTH
ALABAMA®
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colleagues who may be interested.

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or (256) 765-4862

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University of North Alabama
Division of Continuing Education
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The Institute for Learning in Retirement

Fall 2015 Schedule

September 21 – November 13, 2015 • UNA East Campus

MONDAYS

- 9:00 - 10:10am Outstanding People and Events in American History • Led by Mr. John Messamore
- 9:00 - 10:10am People and Their Stories • Led by Mr. John Sworm
- 10:35 - 11:45am The Shoals: Past, Present & Future • Led by Mr. Bill Matthews
- 1:00 - until Around Town – Field Trips & Movies • Led by Ms. Robin Armstrong

WEDNESDAYS

- 9:00 - 10:10am Enjoying the Arts • Led by Ms. Harriett Edwards
- 10:35 - 11:45am The World Around Us – IFDC • Led by Mr. Dan Waterman
- Science In Our Daily Lives • Led by Dr. Bill Cale
- The Great Books: Great Conversations IV • Led by Ms. Joan Hudiburg
- 1:00pm - until The Joy of Opera • Led by Dr. Jacquie Osborne

FRIDAYS

- 9:00 - 10:10am Cultural Heritage & Geography • Led by Mr. Max Tarbet
- Health in Aging • Led by Ms. Phyllis Shoemaker
- 10:35 - 11:45am The Skeptic's Guide to American History • Led by Ms. Jean Mammen

2015-2016 LEADERSHIP

OFFICERS

President: Robin Armstrong
Vice-President: Max Tarbet

COMMITTEE CHAIRS

Social: Chris Johnson
Travel: Phyllis Shoemaker
Sunshine: Anne Petty

COUNCIL

Three Year Term: Harriett Edwards, John Messamore, John Sworm
Two Year Term: Robin Armstrong, Kay Durrett, Max Tarbet
One Year Term: Ron Helgemo, Cameron Kay, Jean Mammen

COURSE DESCRIPTIONS

Outstanding People & Events in American History

Join us as we discuss some of the fascinating people and events that have shaped this great country. Our discussions will include early 19th century medical practices in the Shoals & elsewhere (such as the Lewis & Clark expedition), early religion in the shoals, and discussions on Florence, Tennessee and how close we came to being part of the Volunteer State in the early days before statehood.

Course Format: Lecture and Discussion • **Course Leader:** Mr. John Messamore
Course Time: Monday, 9:00-10:10 am • **Course Dates:** September 21 & 28, October 5 & 12

People & Their Stories

Participants will dive in to the lives of ILR members and their friends. This course will include videos, slide shows or individual speakers telling their life stories.

Course Format: Video and Discussion • **Course Leader:** Mr. John Sworm
Course Dates: October 19 & 26, November 2 & 9
Course Time: Monday, 9:00-10:10 am

The Shoals: Past Present & Future

This semester's schedule includes what's exceptional, fascinating and wondrous about our Shoals - including the plans to celebrate its Bicentennial in 2018, the interesting history of canal-making in the Shoals that led to the construction of the Muscle Shoals Canal, the cultural and biological significance of mussels to the Shoals area and much more!

Course Format: Lecture & Discussion • **Course Leader:** Mr. Bill Matthews
Course Time: Monday, 10:35-11:45am

Around Town – Field Trips & Movies

Participants will visit local sites around the area with on-location short lectures from local experts. Author, journalist and music historian, Terry & Anita Pace will return to present two classic movies to the group.

Course Format: Field Trips(extra cost may be associated) & Video
Course Leader: Ms. Robin Armstrong • **Course Time:** Monday, 1:00 pm – until

Enjoying The Arts

Using DVDs from renowned musicologist and lecturer Robert Greenberg, the class will explore the fundamentals of music and the many genres of concert music, with the intention of increasing our understanding and enjoyment of the marvelous language of music. Two sessions will be presented by Roland Hauck & Marcia Bystrom from their archival presentation *Arias & Songs From Then To Now*.

Course Format: Video, Lecture & Discussion • **Course Leader:** Ms. Harriett Edwards
Course Time: Wednesday, 9:00-10:10am

The World Around Us – IFDC

Last semester we discussed the work of the International Fertilizer Development Center (IFDC) which recently celebrated its 40th anniversary. Located on the TVA reservation, IFDC grew from roots in TVA's production of new fertilizers in the Shoals to evolve into a significant player in helping farmers and agribusinesses in the developing world to increase their productivity and incomes. This semester will complete the course that explores the work of IFDC and the opportunities and challenges of agricultural development. Presentations will include: the "Albania model" of agricultural input market development (which had to be re-scheduled due to weather); the drivers of economic development, with some examples from Latin America; progress and problems of agricultural development in sub-Saharan Africa, with attention on Kenya; and a wrap-up of IFDC at 40, with an example of work in Kyrgyzstan.

Course Format: Lecture & Discussion • **Course Leader:** Mr. Dan Waterman
Course Time: Wednesday, 10:35-11:45am
Course Dates: September 23 & 30, October 7 & 14

Science In Our Daily Lives

This series will explore topics in our day to day lives that are best appreciated through the lens of science, but are often regarded only as part of our surroundings. Topics will include an introduction to astronomy, the natural history of Alabama, and the astonishing role of technology in unraveling the mysteries within the life sciences.

Course Format: Lecture & Discussion • **Course Leader:** Dr. Bill Cale
Course Time: Wednesday, 10:35-11:45am
Course Dates: October 21 & 28, November 4 & 11

Great Books: Great Conversations IV

Participants will read and critically discuss in detail the following works from the Great Books: James' *Pragmatism: A New Name for Some Old Ways of Thinking*; Shaw's *Major Barbara*; Chekhov's *The Darling*; Kawabata's *First Snow on Mount Fuji*; Jackson's *The Lottery*; Mueller's *Selected Poems*; Lispector's *The Smallest Woman in the World* and Proust's *Swann's Way*. Students must purchase their book at the time of enrollment at UNA East Campus (\$30). Each reading will be discussed on its own merits in a small group setting. Required reading for the first class meeting: James' *Pragmatism: A New Name for Some Old Ways of Thinking*

Course Format: Reading & Discussion • **Course Leader:** Ms. Joan Hudiburg
Course Time: Wednesday, 10:30-11:45am

The Joy of Opera

The Joy of Opera class will include operas, with English subtitles, presented on laser discs, DVDs and VHS tapes. Each opera will be preceded by brief comments on the performance. A summary of each opera will be provided. There will be a short break between acts for refreshments. A few operas scheduled to be shown include *Der Freischütz* by von Weber, *La fille du régiment* (*The Daughter of the Regiment*) by Donizetti and *Pelléas and Mélisande* by Maeterlinck

Course Format: Video & Discussion • **Course Leader:** Dr. Jacquie Osborne
Course Time: Wednesday, 1:00pm-until

Cultural Heritage & Geography

Packed full of information, this class is a favorite of all! Join us for this course as we learn about important events and people that have shaped our culture.

Course Format: Lecture and Discussion • **Course Leader:** Mr. Max Tabet
Course Time: Friday, 9:00-10:10 am
Course Dates: September 25, October 2 & 16

Health In Aging

Packed full of information, join us as we discuss dementia, depression in the elderly & stress incontinence.

Course Format: Lecture and Discussion • **Course Leader:** Ms. Phyllis Shoemaker
Course Time: Friday, 9:00 - 10:10 am
Course Dates: October 23 & 30, November 6 & 13

The Skeptic's Guide to American History

For most Americans, the history of the United States is built on a set of long-accepted beliefs about events, each of which resonates in the nation's collective memory. But what if those beliefs—however familiar—don't really tell the whole story? Our knowledge of history—or what we believe to be history—is the lens through which we view and interpret the world. And when that lens is distorted with misleading information, it has powerful effects on how we perceive the present and how we make decisions in the future, from choosing whom to vote for to interpreting the latest developments in today's news and opinion pieces. To take a skeptical approach to American history is not to dabble in imaginative conspiracy theories or doubt the essence of the American experiment; rather, it's to reframe your understanding of this great nation's past and actually strengthen your appreciation for what makes American history such a fascinating chapter in the larger story of Western civilization. Sorting through misconceptions, myths, and half-truths about America's past is also a chance to revisit some of the country's greatest episodes, figures, and themes from a fresh perspective and an opportunity to hone the way you think about and interpret the past, the present, and even the future. In **The Skeptic's Guide to American History**, you can do just that. This bold course examines many commonly held myths and half-truths about American history and prompts you to think about what *really* happened in the nation's past—as opposed to what many *believe* happened. Delivered by award-winning scholar and Professor Mark A. Stoler of The University of Vermont, these lectures demonstrate how reconsidering some of the most popular notions of U.S. history can yield new (and sometimes startlingly different) interpretations of political, social, economic, and military events. But more than just debunking commonly accepted accounts, you'll be able to replace these misconceptions with insightful truths.

Course Format: Video & Discussion • **Course Leader:** Ms. Jean Mammen
Course Time: Friday, 10:35 – 11:45 am

THE INSTITUTE FOR LEARNING IN RETIREMENT

PLEASE JOIN US FOR OUR SEMESTER ORIENTATION, PREVIEW & LUNCHEON!

Wednesday, September 9, 11:00 am in the UNA East Campus Building, 1640 Tune Ave., Florence. Members please bring a covered dish. Board meeting following lunch if needed.

WHAT IS THE INSTITUTE FOR LEARNING IN RETIREMENT (ILR)?

The ILR is a member led group that determines all activities from course planning to social events. Most discussion groups are led by members. The ILR is an organization of active mature men and women who seek continued intellectual and social stimulation. Regardless of your educational background or work experience, we invite you to try us out without committing to a membership! There are no tests, grades, or prerequisites!

THE INSTITUTE FOR LEARNING IN RETIREMENT IS FOR:

Anyone interested in making new friends and growing & stimulating their mind in an educational environment!

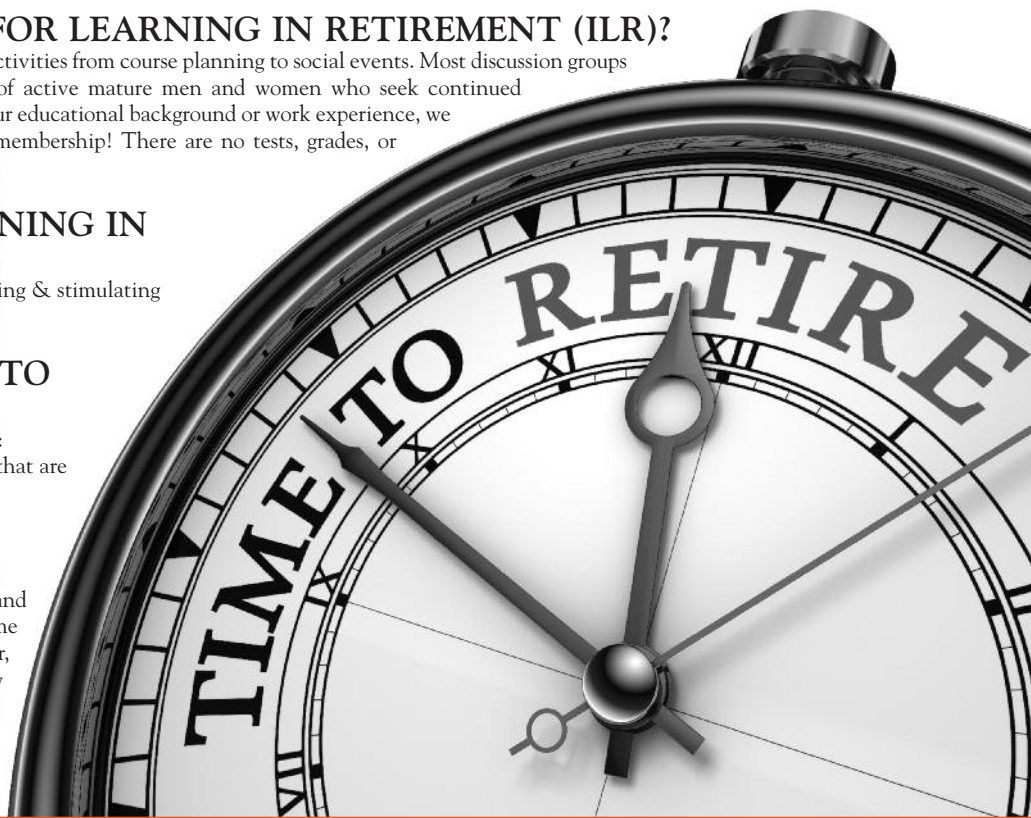
WHAT ARE THE BENEFITS TO BEING AN ILR MEMBER?

For only \$60 a semester, joining ILR entitles you to:

- Attend any or all of the courses you would like that are listed in this brochure

- Use of UNA's Collier Library
- Social Events
- Trips (extra cost may be associated)

Simply fill out the registration form located below and mail with your check. Class size is limited in some cases, so register early! You may join for a year, beginning with the Fall semester, or join for only half a year. If you are interested in attending a regular credit course, there is a Senior Scholar program which is administered through the UNA Office of Admissions (256-765-4608).




FAST & EASY REGISTRATION

Pre-registration is requested so we can be prepared for your attendance.


BY PHONE

Our registration office is open from 8 a.m. to 4:30 p.m. Monday through Friday. We accept Discover, MasterCard and Visa. **Call (256)765-4862 or 1(800)-825-5862, ext. 4862.**

IN PERSON

 During our office hours, come by our office in the UNA East Campus Building (formerly Powell School), 1640 Tune Avenue, Florence. Please have correct change.

MAIL

 Complete the attached registration form and mail with your check or credit card information (don't mail cash) to Division of Continuing Education, UNA Box 5036, University of North Alabama, Florence, Alabama 35632-0001.

Registration Form

If registering more than one person, please list additional names and information on an attached sheet or duplicate this form.

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Phone: (Day) _____ (Evening) _____

Mobile _____ Email _____

Please register me for the following courses:

- | | |
|--|---|
| <input type="checkbox"/> Outstanding People and Events in American History | <input type="checkbox"/> The Joy of Opera |
| <input type="checkbox"/> The Shoals: Past, Present & Future | <input type="checkbox"/> Enjoying the Arts |
| <input type="checkbox"/> The Skeptic's Guide to American History | <input type="checkbox"/> Cultural Heritage & Geography |
| <input type="checkbox"/> The Great Books: Great Conversations IV | <input type="checkbox"/> Health in Aging |
| <input type="checkbox"/> The World Around Us – IFDC | <input type="checkbox"/> Science In Our Daily Lives |
| <input type="checkbox"/> People & Their Stories | <input type="checkbox"/> Around Town – Field Trips & Movies |

☐ Fall Term 2015, \$60 ☐ Great Books: Book Cost, \$30

Payment Method:

Check Enclosed (payable to UNA) Please include course name on lower left side of check.

- | | | |
|---|--------------------------------------|-------------------------------|
| <input type="checkbox"/> Purchase Order | <input type="checkbox"/> Money Order | <input type="checkbox"/> Visa |
| <input type="checkbox"/> MasterCard | <input type="checkbox"/> Discover | |

Credit Card # _____

Expiration Date _____ Verification # _____

Authorized Signature _____

Please make as many copies of this form as you need.