



INSTITUTE FOR LEARNING IN RETIREMENT

SPRING 2016

Course Listing & Schedule
January 25 – March 18, 2016

Orientation & Luncheon
January 13, 2016

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... because learning is a lifelong pursuit.

Register Today!
Call 1-800-825-5862, Ext. 4862
or (256) 765-4862
www.una.edu/continuing-studies
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colleagues who may be interested.
UNA is an Equal Opportunity/Equal Access Institution

University of North Alabama
Continuing Education & Outreach
UNA Box 5036
Florence, AL 35632-0001



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The Institute for Learning in Retirement

Spring 2016 Schedule January 25 – March 18, 2016 • UNA East Campus

MONDAYS

- 9:00 - 10:10am **Outstanding People and Events in American History** • *Led by Mr. John Messamore*
- 9:00 - 10:10am **People and Their Stories** • *Led by Mr. John Sworm*
- 10:35 - 11:45am **Cultural Heritage & Geography** • *Led by Mr. Max Tarbet*
- Memory & The Human Lifespan**
- 1:00 - until **Around Town – Field Trips & Movies** • *Led by Ms. Robin Armstrong*

WEDNESDAYS

- 9:00 - 10:10am **Enjoying the Arts** • *Led by Ms. Harriett Edwards*
- 10:35 - 11:45am **The World Around Us** • *Led by Mr. Dan Waterman*
- Some Art, Some Science** • *Led by Dr. Bill Cale*
- The Great Books: Great Conversations IV & V** • *Led by Ms. Joan Hudiburg*
- 1:00pm - until **Collecting and Appreciating Chinese Arts** • *Led by Mr. John Messamore*

FRIDAYS

- 9:00 - 10:10am **Comparative Religions** • *Led by Dr. Jacquie Osborne*
- Three Roads in History** • *Led by Dr. Tom Osborne*
- 10:35 - 11:45am **The Wisdom of History** • *Led by Ms. Jean Mammen*

2015-2016 LEADERSHIP

OFFICERS

President: Robin Armstrong
Vice-President: Max Tarbet

COMMITTEE CHAIRS

Social: Chris Johnson
Travel: Phyllis Shoemaker
Sunshine: Anne Petty

COUNCIL

Three Year Term: Harriett Edwards, John Messamore, John Sworm
Two Year Term: Robin Armstrong, Kay Durrett, Max Tarbet
One Year Term: Ron Helgemo, Cameron Kay, Jean Mammen

COURSE DESCRIPTIONS

Outstanding People & Events in American History

Join us as we discuss some of the fascinating people and events that have shaped this great country. Our discussions will include the impact on the Shoals and United States of the deadly worldwide flu epidemic of 1918, a history of LaGrange College that became UNA, a discussion of early pioneer Shoals Celtic and Indian cultures, and examples of pre-Clovis archaeology in the Tennessee Valley.

Course Format: Lecture and Discussion • Course Leader: Mr. John Messamore
Course Time: Monday, 9:00-10:10 am • Course Dates: January 25,
February 1, 8 & 15

People & Their Stories

Participants will dive in to the lives of ILR members and their friends. This course will include videos, slide shows or individual speakers telling their life stories.

Course Format: Video and Discussion • Course Leader: Mr. John Sworm
Course Dates: February 22 & 29, March 7 & 14
Course Time: Monday, 9:00-10:10 am

Cultural Heritage & Geography

Packed full of information, this class is a favorite of all! Join us for this course as we learn about important events and people that have shaped our culture.

Course Format: Lecture and Discussion • Course Leader: Mr. Max Tarbet
Course Time: Monday, 10:35 - 11:45 am
Course Dates: January 25, February 1, 8 & 15

Memory and the Human Lifespan

In Memory and the Human Lifespan, Professor Steve Joordens of the University of Toronto Scarborough, who has been repeatedly honored as both teacher and researcher, leads you on a startling voyage into the human mind, explaining not only how the various aspects of your memory operate, but the impact memory has on your daily experience of life. His 24 riveting lectures carefully explain

- the different kinds of systems that come together to make memory possible
- how those systems work together to build and access memories of specific events, solve problems, learn basic tasks like brushing your teeth, or acquire the skills to play a musical instrument
- the kinds of memory deficits that result when various parts of the brain are damaged or deteriorate
- how memory shapes not only your experience of the past but also of the present, as well as your expectations of the future
- how your memory systems develop throughout your life; and much more.

Moreover, by understanding how the brain organizes and encodes information, you can better harness its extraordinary powers to fine-tune how it works for you and use this information to help reshape your very experience of being alive.

Course Format: Video and Discussion
Course Time: Monday, 10:35 - 11:45 am
Course Dates: February 22 & 29, March 7 & 14

Around Town – Field Trips & Movies

Participants will visit local sites around the area with on-location short lectures from local experts. Author, journalist and music historian, Terry & Anita Pace will return to present classic movies to the group.

Course Format: Field Trips(extra cost may be associated) & Video
Course Leader: Ms. Robin Armstrong • Course Time: Monday, 1:00 pm – until

Enjoying The Arts

Using DVDs from renowned musicologist and lecturer Robert Greenberg, the class will explore the fundamentals of music and the many genres of concert music, with the intention of increasing our understanding and enjoyment of the marvelous language of music.

Course Format: Video, Lecture & Discussion • Course Leader: Ms. Harriett Edwards
Course Time: Wednesday, 9:00-10:10am

The World Around Us

This semester The World Around Us will focus on perspectives from the developing world. Speakers born and raised in East Africa, Central America and South America will talk about socio-economic conditions in their countries and discuss widespread misperceptions about them among Americans. The new president of IFDC will discuss agricultural education in the US and future directions for agricultural development overseas.

Course Format: Lecture & Discussion • Course Leader: Mr. Dan Waterman
Course Time: Wednesday, 10:35-11:45am
Course Dates: January 27, February 3, 10 & 17

Some Art, Some Science

Our Spring series features a fascinating program brought to us by the Alabama Humanities Foundation on the USO during World War II, as well as a continuing discussion by three scientists on topics that touch our daily lives. We will hear a very topical lecture on controversial issues in federal environmental management, a lecture on basic genetics and how things like drug resistance and gene therapy work, and a lecture examining a few mysteries in the history of scientific investigation.

Course Format: Lecture & Discussion • Course Leader: Dr. Bill Cale
Course Time: Wednesday, 10:35-11:45am
Course Dates: February 24, March 2, 9 & 16

Great Books: Great Conversations IV & V

Participants will read and critically discuss in detail the following works from the Great Books: Boland's *Lava Cameo*; O'Brien's *The Things They Carried*; Euripides' *Hekabe*; Keats' *Selected Poems*; Hawthorne's *Ethan Brand*; Mill's *The Criterion Of A Good Form Of Government*; Santayana's *Masks* and Hesse's *Siddhartha*. Students must purchase their book at the time of enrollment at UNA East Campus (\$30). Each reading will be discussed on its own merits in a small group setting. Required reading for the first class meeting: Boland's *Lava Cameo*

Course Format: Reading & Discussion • Course Leader: Ms. Joan Hudiburg
Course Time: Wednesday, 10:30-11:45am

Collecting and Appreciating Chinese Arts

This course will overview selected Chinese historical periods and their associated arts from a western collector's perspective. Students will gain a better understanding of Chinese history and culture, its expression through decorative arts, their production and development, diffusion of Chinese culture to the West, and collecting issues and authentication techniques. Emphasis will be placed on pottery and porcelain, bronzes, jades, sculpture and carvings in various materials, and more. Examples from the author's collection will bring the culture alive.

Course Format: Lecture & Discussion • Course Leader: Mr. John Messamore
Course Time: Wednesday, 12:00 pm-until

Comparative Religions

The world religions have differences in rites, rituals, beliefs and customs. However, they all teach similar concepts about what it means to be and to behave in a spiritual manner. This course will explore those commonalities in shared discussion and reflection, based on the scriptures of religions from around the world.

Course Format: Lecture and Discussion • Course Leader: Dr. Jacquie Osborne
Course Time: Friday, 9:00 - 10:10 am
Course Dates: January 29, February 5 & 12

Three Roads In History

Join us as we discuss three major road systems and their significance in world history. We will discuss the Roman Roads, the Silk Roads and the Inca Roads.

Course Format: Lecture and Discussion • Course Leader: Dr. Tom Osborne
Course Time: Friday, 9:00 - 10:10 am
Course Dates: February 26, March 4, 11 & 18

The Wisdom of History

The Wisdom of History refers to the ability to use history – the lessons of the past – to make decisions in the present and to plan for the future. This course examines the lessons that history might hold for the contemporary United States, particularly in a post-9/11 world.

Course Format: Video & Discussion • Course Leader: Ms. Jean Mammen
Course Time: Friday, 10:35 – 11:45 am

THE INSTITUTE FOR LEARNING IN RETIREMENT

PLEASE JOIN US FOR OUR SEMESTER ORIENTATION, PREVIEW & LUNCHEON!

Wednesday, January 13, 11:00 am in the UNA East Campus Building, 1640 Tune Ave., Florence. Members please bring a covered dish. Board meeting following lunch if needed.

WHAT IS THE INSTITUTE FOR LEARNING IN RETIREMENT (ILR)?

The ILR is a member led group that determines all activities from course planning to social events. Most discussion groups are led by members. The ILR is an organization of active mature men and women who seek continued intellectual and social stimulation. Regardless of your educational background or work experience, we invite you to try us out without committing to a membership! There are no tests, grades, or prerequisites!

THE INSTITUTE FOR LEARNING IN RETIREMENT IS FOR:

Anyone interested in making new friends and growing & stimulating their mind in an educational environment!

WHAT ARE THE BENEFITS TO BEING AN ILR MEMBER?

For only \$70 a semester, joining ILR entitles you to:

- Attend any or all of the courses you would like that are listed in this brochure
- Social Events
- Trips (extra cost may be associated)

Simply fill out the registration form located below and mail with your check. Class size is limited in some cases, so register early! If you are interested in attending a regular credit course, there is a Senior Scholar program which is administered through the UNA Office of Admissions (256-765-4608).




FAST & EASY REGISTRATION

Pre-registration is requested so we can be prepared for your attendance.


BY PHONE

Our registration office is open from 8 a.m. to 4:30 p.m. Monday through Friday. We accept Discover, MasterCard and Visa. **Call (256)765-4862 or 1(800)-825-5862, ext. 4862.**

IN PERSON

 During our office hours, come by our office in the UNA East Campus Building (formerly Powell School), 1640 Tune Avenue, Florence. Please have correct change.

MAIL

 Complete the attached registration form and mail with your check or credit card information (don't mail cash) to Continuing Education & Outreach, UNA Box 5036, University of North Alabama, Florence, Alabama 35632-0001.

Registration Form

If registering more than one person, please list additional names and information on an attached sheet or duplicate this form.

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Phone: (Day) _____ (Evening) _____

Mobile _____ Email _____

Please register me for the following courses:

- | | |
|----------------------------------------------------------------------------|-------------------------------------------------------------|
| <input type="checkbox"/> Outstanding People and Events in American History | <input type="checkbox"/> Enjoying the Arts |
| <input type="checkbox"/> The Wisdom of History | <input type="checkbox"/> Cultural Heritage & Geography |
| <input type="checkbox"/> The Great Books: Great Conversations IV & V | <input type="checkbox"/> Memory and the Human Lifespan |
| <input type="checkbox"/> The World Around Us | <input type="checkbox"/> Some Art, Some Science |
| <input type="checkbox"/> People & Their Stories | <input type="checkbox"/> Around Town – Field Trips & Movies |
| <input type="checkbox"/> Collecting & Appreciating Chinese Arts | <input type="checkbox"/> Comparative Religions |
| <input type="checkbox"/> Three Roads In History | |

☐ Spring Term 2016, \$70 ☐ Great Books: Book Cost, \$30

Payment Method:

Check Enclosed (payable to UNA) Please include course name on lower left side of check.

- | | | |
|-----------------------------------------|--------------------------------------|-------------------------------|
| <input type="checkbox"/> Purchase Order | <input type="checkbox"/> Money Order | <input type="checkbox"/> Visa |
| <input type="checkbox"/> MasterCard | <input type="checkbox"/> Discover | |

Credit Card # _____

Expiration Date _____ Verification # _____

Authorized Signature _____

Please make as many copies of this form as you need.