

University of NORTH ALABAMA

UNA'S SUMMER YOUTH CAMPS

JUNE 5 – JULY 21, 2017



- Art
- Chefs in Training
- Sewing
- Clay
- Etiquette
- Guitar
- And more... look inside!

University of North Alabama
Continuing Studies and Outreach
UNA Box 5036
Florence, AL 35632-0001



UNA'S SUMMER YOUTH CAMPS
June 5 - July 21, 2017
Register Today! Call 1-800-825-5862, Ext. 4862 or (256) 765-4862
www.una.edu/continuing-education

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Florence, Alabama
Permit No. 371

ABOUT YOUR INSTRUCTORS:

MARISA FREDERICK is a kindergarten teacher at Kilby Laboratory School. She holds an Educational Specialist degree in Teacher Leadership and a Master's degree in Early Childhood Education. Marisa enjoys crafting, painting and has a passion for teaching girls to build their self-esteem and express themselves through art.

MARILYN JONES holds a B.A. degree in Vocation Home Economics and a M.Ed. in Adult and Higher Education. She began sewing and crafting as a young teenager and has won many awards to include several quilting Best of Show. Marilyn is a certified Pilates Instructor and has taught Pilates since 2002. She began several of the Pilates programs in the area. She is dedicated to teaching to meet the needs of each student.

TOM JONES is originally from Center Star, Alabama. Moving to Florence as a young child he graduated from Coffee High School in 1974. He attended the University of North Alabama on an Army scholarship and graduated in 1978 with a professional bio/chemistry degree. Concurrent with graduation he was commissioned a Second Lieutenant and went on active duty. He specialized in Joint and Special Operations and was stationed in both the U.S. and Europe. He spent multiple tours with the Air Force, Marines and Navy and six years with a U.S. government agency, specializing in the European and Middle Eastern areas of operation. Mr. Jones started his martial arts career in the military in full contact karate. He began teaching in 1981 while stationed in Georgia. He has studied Japanese, Korean and Chinese styles as well as American free style karate. Mr. Jones is the owner of All American Tang Soo Do karate studio with locations in Russellville and Lexington, AL. Additionally, he teaches martial arts at the YMCA of the Shoals in Florence, AL.

LAURI MCCOY is the PE Coach and Counselor at Kilby. She received her Bachelors at Slippery Rock University in Pennsylvania, and a Master in Counseling and Special Education from North Carolina Central University. Lauri moved to Alabama in July of 2011 from North Carolina where she was a Elementary School Counselor and Coach. She is a Certified Personal Trainer and works at Health and Fitness Unlimited in Muscle Shoals. She has been working with children for over 24 years as a Coach, Teacher, and Counselor and as a Personal Trainer the last 5 years. I am thrilled to be part of the KILBY family and UNA! I feel so fortunate to be here, the Kilby kids bring me smiles each and every day. I also love to run, train and work with clients at the gym and am looking forward to helping are kids stay fit this summer!

LARRY MILLER After "picking at the guitar" most of his life, Larry Miller started making a serious study of playing the guitar about 15 years ago. His love of finger style guitar and his frustration of trying to learn

to play on his own led him in search of teachers to help make sense of the guitar. During this time he has studied under Jerry Miller (Guitar Teacher in Decatur, AL), Mrs. Margarita de Quesada (Classical Teacher in Decatur, AL), Craig Dobbins (Acoustic Work Shop www.craigdobbins.com/ Gadsden, AL), weekend seminar with John Knowles (Arranger and "right hand man" for Chet Atkins www.john-knowles.com/) and with Scott Todd (guitarist for Lenny Le Blanc). Having struggled to learn to play the guitar himself, Larry has refined the fundamentals of learning into a non-intimidating learning system that is unique and easy to grasp for those struggling with learning to play the guitar. He has put together the knowledge of many teachers to help new students overcome common problems and obstacles to learning to play the guitar well. For the last four years, Larry has uses his knowledge to teach students guitar and mandolin at Alabama Music in Florence Alabama.

CHEF JOHNSON OGUN is an accomplished Chef and university instructor with a strong combination of culinary experience and management skills coupled with instructional experience. He is a results-driven and highly motivated professional with exceptional leadership skills. Being knowledgeable of both front and back of the house operation in the hospitality industry, he is an excellent instructor who motivates students. As a culinary professional, Chef Ogun consistently meets or exceeds company goals and objectives.

BRENDA TRUITT has been teaching art classes for over 20 years. She has taught at the University of North Alabama with Continuing Education since its inception. She received her Bachelor of Studio Art from UNA in 1985. She has taught both adults and children. She has experience with drawing, watercolor, acrylic, oil, and ceramics.

FAITH LANDERS WOODS of Faith Woods Events is a local etiquette and event expert. She has six years of expertise and holds her certification and license from The Protocol School of Washington. She has a M.H.E.S. in Business Conflict Mediation and a B.A. in Southern American History, both from The University of Alabama. Owning her own consulting business, she travels throughout the state consulting with hotels, universities, and hosting private events from weddings and beyond. As a lifelong native of the Shoals, she is dedicated to sharing her passion of southern entertaining and etiquette with all who will listen. Faith was recently featured in the Wedding Issue of No'Ala Magazine highlighting her camps for children as well as her wedding etiquette do's and don'ts. She is married to Billy Woods of Muscle Shoals. Contact her for further information at faith@fwevents.co or her Facebook, Faith Woods Events.

Camp information:

- **Enroll your child in the grade he or she will attend next fall.**
- Most Camps will meet Monday - Friday for one week.
- ***Please see course description for exact location.***
- A small snack is provided.

Registration Information:

- Advanced registration is required. Classes fill quickly!
- Payment is due at time of registration.
- Registration deadline is by 4:30 p.m. on the Thursday preceding the camp week for which you are registering.

CANCELLATIONS and WITHDRAWALS:

If you must cancel, call us at least three business days before the camp for a full refund. Failure to attend does not constitute a withdrawal. Substitutions are always welcome. If a camp must be cancelled, you will be called in advance and will receive a full refund.

Preregistration is requested so we can be prepared for your attendance. Payment is due at time of registration.



ONLINE

www.una.edu/continuing-education



BY PHONE

Our registration office is open from 8:00 a.m. to 4:30 p.m. Monday through Friday. We accept Discover, MasterCard and Visa. Call (256) 765-4862 or 1(800)-825-5862, ext. 4862.



IN PERSON

During our office hours, come by our office in the UNA East Campus Building (formerly Powell School), 1640 Tune Avenue, Florence.



MAIL

Complete the attached registration form and mail with your check or credit card information (don't mail cash) to Continuing Education, UNA Box 5036, University of North Alabama, Florence, Alabama 35632-0001.

Register Today!

Call (256) 765-4862

or 1-800-825-5862, Ext. 4862

UNA is an Equal Opportunity/Equal Access Institution

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UNA is an Equal Opportunity/Equal Access Institution

FAST AND EASY REGISTRATION

Registration Form

Please type or print clearly. List additional campers and courses on an attached sheet or duplicate this form.

Camper's Name _____ Age _____

Grade this fall: _____ Parent/Guardian _____

Address _____

City _____ State _____ Zip _____

Phone: (Day) _____ (Evening) _____

Medical conditions we should be aware of: _____

Person responsible for child during the week of camp: _____

Phone: _____ Cell: _____

Payment Method: TOTAL ENCLOSED:

☐ Check Enclosed (payable to UNA) *Please include course name on lower left side of the check.*

☐ Visa ☐ MasterCard ☐ Discover

Credit Card # _____

Exp. Date _____ Verification Code: _____

Name on Card (please print) _____

Authorized Signature _____

2017 CAMP COURSES:

(Please check all courses child will attend)

- | | | |
|--|-------------------------------------|----------------|
| <input type="checkbox"/> June 5 – June 9 | Sewing Basics | (Ages 8 & Up) |
| <input type="checkbox"/> June 5 – June 9 | Sewing A Summer Doll Wardrobe | (Ages 8 & Up) |
| <input type="checkbox"/> June 5 – June 9 | Self Defense for Teens | (Ages 12 - 17) |
| <input type="checkbox"/> June 5 – June 9 | Creating with Clay | (Grades K - 1) |
| <input type="checkbox"/> June 5 – June 9 | Creating with Clay | (Grades 2 - 3) |
| <input type="checkbox"/> June 5 – June 9 | Girl's Only Etiquette | (Ages 8 – 12) |
| <input type="checkbox"/> June 5 – June 9 | Girl's Only Etiquette for Teenagers | (Ages 13 & Up) |
| <input type="checkbox"/> June 12 – June 16 | Boy's Only Etiquette | (Ages 8 - 12) |
| <input type="checkbox"/> June 12 – June 16 | Boy's Only Etiquette for Teenagers | (Ages 13 & Up) |
| <input type="checkbox"/> June 12 – June 16 | Fit Kids Rock | (Grades 4 - 6) |
| <input type="checkbox"/> June 12 – June 16 | Van Goghs in Training | (Grades K - 1) |
| <input type="checkbox"/> June 12 – June 16 | Van Goghs in Training | (Grades 2 - 3) |
| <input type="checkbox"/> June 19 – June 23 | Children's Etiquette | (Ages 8 - 12) |
| <input type="checkbox"/> June 19 – June 23 | Etiquette Camp for Teenagers | (Ages 13 & Up) |
| <input type="checkbox"/> June 19 – June 23 | Fit Kids Rock | (Grades 1 – 3) |
| <input type="checkbox"/> June 19 – June 23 | Art Camp for Boys | (Grades 2 - 6) |
| <input type="checkbox"/> June 19 – June 23 | Art Camp for Girls | (Grades 2 - 6) |
| <input type="checkbox"/> June 26 – June 30 | Girl's Only Etiquette | (All Ages) |
| <input type="checkbox"/> June 26 – June 30 | Boy's Only Etiquette | (All Ages) |
| <input type="checkbox"/> June 26 – June 30 | Guitar for Beginners | (Ages 12 - 16) |
| <input type="checkbox"/> July 3 – July 7 | Chefs in Training | (Grades K - 1) |
| <input type="checkbox"/> July 10 – July 14 | Chefs in Training | (Grades 2 – 3) |
| <input type="checkbox"/> July 17 – July 21 | Chefs in Training | (Grades 4 - 5) |

MAKE AS MANY COPIES OF THIS FORM AS NEEDED.

SUMMER YOUTH CAMPS

SEWING BASICS

Learn about your sewing machine and basic sewing. We will make a pillowcase. We will also sew pajama bottoms using a pattern. A few other things will be added as time permits. No sewing experience required. A sewing machine in good working order is required. Supply list given at registration.

JUNE 5 – JUNE 9 • Course #17SUYOU22501

(Ages: 8 & up) • Time: 9:00 am – 12:00 pm

Location: UNA Kilby School • Price: \$99

Instructor: Marilyn Jones • Class size limited to 8

SEWING A SUMMER DOLL WARDROBE

Oh my! Your doll needs a new summer wardrobe! Let's sew up a swim suit, shorts set, sundress & all sorts of goodies just for your 18 inch doll! No previous sewing experience needed. A sewing machine in good working order is required. Supply list given at registration.

JUNE 5 – JUNE 9 • Course #17SUYOU22601

(Ages: 8 & up) • Time: 1:00 pm – 4:00 pm

Location: UNA Kilby School • Price: \$99

Instructor: Marilyn Jones • Class size limited to 8

SELF DEFENSE FOR TEENS

Practical and effective self-defense and situation awareness for everyday situations: This course will include responses to various types of attacks covering the spectrum from verbal to grabs, chokes, punches and weapons. This is a hands-on class teaching lifesaving methods, techniques and most importantly mindset.

JUNE 5 – JUNE 9 • Course #17SUYOU11201

(Ages 12 - 17) • Time: 9:00 am – 12:00 pm

Location: UNA Kilby School • Price: \$99

Instructor: Tom Jones • Class size limited to 20

CREATING WITH CLAY

Get your hands into designing your own special piece of artwork made with clay. We will make several creations such as pinch pots, coil pots and a slab formation. Each student will take home a finished art piece each day. Wear play clothes or bring an apron.

JUNE 5 – JUNE 9 • COURSE # 17SUYOU10101

(Grades K - 1) • Time: 9:00 am – 12:00 pm

Location: UNA Kilby School

Price: \$99 • Instructor: Brenda Truitt

Class size limited to 18

(And)

JUNE 5 – JUNE 9 • COURSE # 17SUYOU10201

(Grades 2 - 3) • Time: 1:00 pm – 4:00 pm

Location: UNA Kilby School • Price: \$99

Instructor: Brenda Truitt • Class size limited to 18

GIRL'S ONLY ETIQUETTE

Enroll your daughter in an energizing, positive and memorable camp for young women! There is always room to improve the confidence and empowerment of girls in modern society. We will spend the week working on enhancing image, evaluating inner strengths and promoting self-worth. Girls will learn a variety of etiquette skills and confidence exercises. Specific examples include correcting posture, grooming standards, table manners and strengthening communication. This camp is open to girls from all backgrounds and promises a graceful experience led by Faith Landers Woods of Faith Woods Events, a Certified Etiquette, Image and Protocol Consultant. Faith was trained at The Protocol School of Washington and has multiple years of experience in her field. Her clients have competed successfully in local high school pageants, Distinguished Young Woman and The Miss Alabama System. She also works publicly with Marriott Hotels and colleges across the state. She was recently featured in the No'Ala Wedding Issue for her etiquette expertise. Supplies, snacks and drinks provided.

JUNE 5 – JUNE 9 • COURSE # 17SUYOU18601

(Ages 8 - 12) • Time: 9:00 am – 12:00 pm

Location: UNA Kilby School • Price: \$99

Instructor: Faith Landers Woods

GIRL'S ONLY ETIQUETTE FOR TEENAGERS

Enroll your teenage daughter in an energizing, positive and memorable camp for young women! There is always room to improve the confidence and empowerment of girls in modern society. We will spend the week working on enhancing image, evaluating inner strengths and promoting self-worth. Girls will learn a variety of etiquette skills and confidence exercises for their age and to prepare them for the college and career worlds. Specific examples include correcting posture, grooming standards, table manners and strengthening communication. This camp is open to girls from all backgrounds and promises a graceful experience led by Faith Landers Woods of Faith Woods Events a Certified Etiquette, Image and

Protocol Consultant. Faith was trained at The Protocol School of Washington and has multiple years of experience in her field. Her clients have competed successfully in local high school pageants, Distinguished Young Woman and The Miss Alabama System. She also works publicly with Marriott Hotels and colleges across the state. She was recently featured in the No'Ala Wedding Issue for her etiquette expertise. Supplies, snacks and drinks provided.

JUNE 5 – JUNE 9 • COURSE # 17SUYOU22701

(Ages 13 & UP) • Time: 1:00 pm – 4:00 pm

Location: UNA Kilby School • Price: \$99

Instructor: Faith Landers Woods

BOY'S ONLY ETIQUETTE

Enroll your son in an energizing, positive, and impactful camp for young men! There is always room to improve the polish and leadership of young men in modern society. We will spend the week working intensely on table manners, grooming standards, promoting self-worth and strengthening communication. Some specific examples of instruction include interacting maturely with adults, polishing everyday physical appearance, how to tie a tie and utensil usage for a variety of dining standards. This camp is open to young men from all backgrounds and promises a solid learning experience led by Faith Landers Woods of Faith Woods Events, a Certified Etiquette, Image and Protocol Consultant. Faith was trained at The Protocol School of Washington and has multiple years' experience in her field. She was recently featured in the No'Ala Wedding Issue for her etiquette expertise. Supplies, snacks and drinks provided.

JUNE 12 – JUNE 16 • COURSE #17SUYOU18701

(Ages - 12) • Time: 9:00 am - 12:00 pm

Location: UNA Kilby School • Price: \$99

Instructor: Faith Landers Woods

BOY'S ONLY ETIQUETTE FOR TEENAGERS

Enroll your teenage son in an energizing, positive, and impactful camp for young men! There is always room to improve the polish and leadership of young men in modern society. We will spend the week promoting life skills to transfer into the college and career world working intensely on table manners, grooming standards, promoting self-worth, and strengthening communication. Some specific examples of instruction include interact-

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ing maturely with adults, polishing everyday physical appearance, how to tie a tie, and utensil usage for a variety of dining standards. This camp is open to young men from all backgrounds and promises a solid learning experience led by Faith Landers Woods of Faith Woods Events, a Certified Etiquette, Image and Protocol Consultant. Faith was trained at The Protocol School of Washington and has multiple years' experience in her field. She was recently featured in the No'Ala Wedding Issue for her etiquette expertise. Supplies, snacks and drinks provided.

JUNE 12 – JUNE 16 • COURSE # 17SUYOU22801

(Ages 13 & Up) • Time: 1:00 pm - 4:00 pm

Location: UNA Kilby School • Price: \$99

Instructor: Faith Landers Woods

VAN GOGHS IN TRAINING

Young artists get a try at producing their first great works in this fun class. Guidance in line, shapes, composition and color. We will be using pencil, charcoal crayons, water colors, acrylic paint and clay. Wear play clothes or bring an apron.

JUNE 12 – JUNE 16 • COURSE # 17SUYOU13201

(Grades K - 1) • Time: 9:00 am – 12:00 pm

Location: UNA Kilby School

Price: \$99 • Instructor: Brenda Truitt • Class size limited to 18

(And)

JUNE 12 – JUNE 16 • COURSE # 17SUYOU13301

(Grades 2 - 3) • Time: 1:00 pm – 4:00 pm

Location: UNA Kilby School

Price: \$99 • Instructor: Brenda Truitt • Class size limited to 18

FIT KIDS ROCK

Students will work on agility, speed and strength while experimenting with the NFL Play 60 App. Students will complete obstacle courses and calculate results.

JUNE 12 - JUNE 16 • COURSE # 17SUYOU19701

(Grades 4 - 6) • Time: 9:00 am – 12:00 pm

Location: UNA Kilby School

Price: \$99 • Instructor: Lauri McCoy

CHILDREN'S ETIQUETTE

Join us for our 5th annual Children's Etiquette Camp taught by Faith Landers Woods of Faith Woods Events. Children will spend the week learning and polishing a variety of etiquette skills to enhance their lives. Examples include proper table manners, expressing appreciation, confidence, communication skills and being a good friend. Students will work on etiquette exercises independently and as a group with fun activities to get the parents involved with what they are learning each day. This camp promises an energetic environment to help your child understand how to build a foundation as a well-rounded young adult. Faith is licensed and certified with six years of experience in etiquette instruction and event coordination. She was recently featured in the No'Ala Wedding Issue for her etiquette expertise. She has five years of experience working with children in this area of instruction. Supplies, snacks and drinks provided.

JUNE 19 – JUNE 23 • COURSE # 17SUYOU18801

(Ages 8 - 12) • Time: 9:00 am - 12:00 pm

Location: UNA Kilby School • Price: \$99

Instructor: Faith Landers Woods

ETIQUETTE CAMP FOR TEENAGERS

Young adults will spend the week learning a variety of etiquette skills to enhance their lives as they transition through high school, college and into the professional world. They will be polished and prepared for the versatility needed to stand out in a crowd. Examples of topics covered include letter and résumé writing, professional grooming standards, proper table manners, expressing gratitude, communication skills and electronic etiquette. Students will work on etiquette exercises independently and as a group. This camp promises to help your child solidify the building blocks to being a well-rounded and mature young adult. This is a modern and fresh perspective to help your child achieve the professional confidence they need. For the fourth year in a row, Faith Landers Woods of Faith Woods Events will lead the camp. Faith is a Certified Etiquette and Protocol Consultant with a license from The Protocol School of Washington. She was recently featured in the No'Ala Wedding Issue for her etiquette expertise. Notable clients include Marriott Hotels, The Miss Alabama System, and numerous colleges across the state. Supplies, snacks and drinks provided.

JUNE 19 – JUNE 23 • COURSE # 17SUYOU18901

(Ages 13 & Up) • 1:00 pm – 4:00 pm

Location: UNA Kilby School • Price: \$99

Instructor: Faith Landers

FIT KIDS ROCK

Students will work on agility, speed and strength while experimenting with the NFL Play 60 App. Students will complete obstacle courses and calculate results.

JUNE 19 – JUNE 23 • COURSE # 17SUYOU19802

(Grades 1 - 3) • Time: 9:00 am – 12:00 pm

Location: UNA Kilby School

Price: \$99 • Instructor: Lauri McCoy

ART CAMP FOR BOYS

Art camp where boys can enjoy creating colorful, paintings and collages. This course will consist of fun crafting and art projects that will encourage each boy to celebrate how unique and special they are. Projects will incorporate typography and inspirational words that each boy feels will describe who they are.

JUNE 19 – JUNE 23 • COURSE # 17SUYOU24001

(Grades 2 – 6) • Time: 9:00 am – 12:00 pm

Location: UNA Kilby School

Price: \$99 • Instructor: Marisa Frederick

ART CAMP FOR GIRLS

Art camp where girls can enjoy creating colorful, paintings and collages. This course will consist of fun crafting and art projects that will encourage each girl to celebrate how unique and special they are. Projects will incorporate typography and inspirational words that each girl feels will describe who they are.

JUNE 19 – JUNE 23 • COURSE # 17SUYOU10601

(Grades 2 – 6) • Time: 1:00 pm – 4:00 pm

Location: UNA Kilby School

Price: \$99 • Instructor: Marisa Frederick

GIRL'S ONLY ETIQUETTE

Young ladies of any age are welcome to this summer camp as we will spend the week learning a variety of etiquette skills specific to the polish of women. Etiquette skills are presented to enhance their lives regardless of age as they transition through grade school, high school, college and into the professional world. They will be polished and prepared for the versatility needed to stand out in a crowd. Etiquette topics in a variety of levels will be discussed, and activities for the age appropriateness of your daughter will be assigned. Examples of topics covered include thank you notes, letter and résumé writing, professional grooming standards, proper table manners, expressing gratitude, communication skills and electronic etiquette. Students will work on etiquette exercises independently and as a group. This camp promises to

help your child solidify the building blocks to being a well-rounded and mature young adult. This is a modern and fresh perspective to help your child achieve the professional confidence and life skills they need. Faith Woods of Faith Woods Events, is a Certified Etiquette and Protocol Consultant with a license from The Protocol School of Washington. She was recently featured in the No'Ala Wedding Issue for her etiquette expertise. Notable clients include Marriott Hotels, The Miss Alabama System and numerous colleges across the state. Supplies, snacks and drinks provided.

JUNE 26 – JUNE 30 • COURSE # 17SUYOU22901

(All Ages) • Time: 9:00 am – 12:00 pm

Location: UNA Kilby School • Price: \$99

Instructor: Faith Landers

BOY'S ONLY ETIQUETTE

Young gentlemen of any age are welcome to this summer camp as we will spend the week learning a variety of etiquette skills specific to the polish of men. Etiquette skills are presented to enhance their lives regardless of age as they transition through grade school, high school, college and into the professional world. They will be polished and prepared for the versatility needed to stand out in a crowd. Etiquette topics in a variety of levels will be discussed, and activities for the age appropriateness of your son will be assigned. Examples of topics covered include thank you notes, letter and résumé writing, professional grooming standards, how to tie a tie, proper intense table manners, expressing gratitude, communication skills and electronic etiquette. Students will work on etiquette exercises independently and as a group. This camp promises to help your child solidify the building blocks to being a well-rounded and mature young adult. This is a modern and fresh perspective to help your child achieve the professional confidence and life skills they need. Faith Woods of Faith Woods Events is a Certified Etiquette and Protocol Consultant with a license from The Protocol School of Washington. She was recently featured in the No'Ala Wedding Issue for her etiquette expertise. Notable clients include Marriott Hotels, The Miss Alabama System, and numerous colleges across the state. Supplies, snacks and drinks provided.

JUNE 26 – JUNE 30 • COURSE # 17SUYOU23001

(All Ages) • Time: 1:00 pm – 4:00 pm

Location: UNA Kilby School • Price: \$99

Instructor: Faith Landers

GUITAR FOR BEGINNERS

Here's your opportunity to learn guitar in a supportive, noncompetitive environment along with others who are just learning. Beginning Guitar Camp is the PERFECT way to get a jump start on not just playing the guitar...but enjoying it! Students will learn chord patterns, the number system and simple three chord songs. Students must bring a guitar.

JUNE 26 – JUNE 30 • COURSE # 17SUYOU12001

(Ages 12 – 16) • Time: 10:00 am – 12:00 pm

Location: UNA Kilby School

Price: \$99

CHEFS IN TRAINING

Follow the chef to cool cooking creations! This class will demonstrate cooking and light baking skills to children. These skills will include menu planning, proper measuring for wet and dry ingredients, how to follow a recipe, safety in the kitchen, clean-up, proper prep techniques, mise en place and that cooking can be fun and healthy. Class will not meet on July 4th.

JULY 3 – JULY 7 • COURSE # 17SUYOU10401

(Grades K - 1) • Time: 9:00 am – 12:00 pm

Location: UNA East Campus Culinary Department

Price: \$99 • Instructor: Chef Ogun

CHEFS IN TRAINING

Follow the chef to cool cooking creations! This class will demonstrate cooking and baking skills to children. These skills will include menu planning, proper measuring for wet and dry ingredients, how to follow a recipe, safety in the kitchen, clean-up, proper prep techniques, mise en place and that cooking can be fun and healthy.

JULY 10 – JULY 14 • COURSE # 17SUYOU10301

(Grades 2 - 3) • Time: 9:00 am – 12:00 pm

Location: UNA East Campus Culinary Department

Price: \$99 • Instructor: Chef Ogun

CHEFS IN TRAINING

Follow the chef to cool cooking creations! This class will demonstrate cooking and various baking skills to children. These skills will include menu planning, proper measuring for wet and dry ingredients, how to follow a recipe, safety in the kitchen, clean-up, proper prep techniques, mise en place and that cooking can be fun and healthy.

JULY 17 – JULY 21 • COURSE # 17SUYOU23101

(Grades 4 - 5) • Time: 9:00 am – 12:00 pm

Location: UNA East Campus Culinary Department

Price: \$99 • Instructor: Chef Ogun

INTERIOR FLAP