



INSTITUTE FOR LEARNING IN RETIREMENT

FALL 2017

**Course Listing
& Schedule**

September 25 – November 17, 2017



Orientation & Luncheon

September 6, 2017

Continuing Education

... because learning is a lifelong pursuit.

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colleagues who may be interested.
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Register Today!

University of North Alabama
Continuing Education & Outreach
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The Institute for Learning in Retirement

Fall 2017 Schedule

September 25 – November 17, 2017 • UNA East Campus

MONDAYS

- 9:00 - 10:10am **Outstanding People and Events in American History** • *Led by Mr. John Messamore*
Potpourri • *Led by Mr. John Sworm*
- 10:35 - 11:45am **Cultural Heritage & Geography** • *Led by Mr. Max Tarbet*
Health & Aging • *Led by Ms. Phyllis Shoemaker*
- 12:00 - 12:50pm **Brown Bag Lunch Talks** • *Led by Ms. Robin Armstrong*
- 1:00 - 2:00pm **How Colors Affect You: What Science Reveals / Batik Workshop**
Led by Ms. Robin Armstrong

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WEDNESDAYS

- 9:00 - 10:10am **Enjoying the Arts** • *Led by Ms. Harriett Edwards & Mr. Peter Hill*
- 10:35 - 11:45am **Renewable Energy & Our Grandchildren: What Current Energy Trends In The US
& Worldwide Could Mean To Them** • *Led by Mr. Bill Matthews*
Waste Not, Want Not • *Led by Mr. David Kennebeck*
The Great Books: Great Conversations VI • *Led by Ms. Nancy Belue*
- 11:45 am - until **Around Town – Field Trips** • *Led by Ms. Robin Armstrong*
- 12:30-1:30pm **Introduction to Appreciating Antique Chinese Arts and Material Culture**
Led by Mr. John Messamore

FRIDAYS

- 9:00 - 10:10am **Interfaith Class** • *Led by Drs. Jacquie & Tom Osborne*
- 10:35 - 11:45am **The Wisdom of History** • *Led by Ms. Jean Mammen*

2017-2018 LEADERSHIP

OFFICERS

President: Robin Armstrong
Vice-President: John Messamore

COMMITTEE CHAIRS

Course Leader Facilitator: Jean Mammen
Travel: Robin Armstrong

COUNCIL

Three Year Term: Dave Kennebeck, Barbara Sherr, Phyllis Shoemaker, Nelda Tarbet
Two Year Term: Michael Broder, Mary Kellogg, Jean Mammen, Terry Smith
One Year Term: Kay Durrett, Harriett Edwards, Susan Frank, George Petty

Social: Chris Johnson
Sunshine: Anne Petty

COURSE DESCRIPTIONS

Outstanding People & Events in American History

Join us as we explore American history including the rich history and resources of the Shoals, past and present. In our Fall semester we are planning a range of interesting topics beginning with a lecture by the Shoals' own Ed Yeilding on his experiences flying the super-fast, super-secret SR-71 Reconnaissance aircraft, Blackbird. Later we will hear from author, Peggy Towns, on her research on events surrounding the 1931 Scottsboro Boys trials and their impacts on the struggle for equal rights. We will discuss in another class the mysterious history and origins of the Tennessee Melungeon people and their possible connections to the Alabama Melungeons of Jackson County, Alabama. We are working to get a speaker on African Americans in the Old West as Buffalo Soldiers, mountain men, and cowboys. Did you know that many of the Medal of Honor winners in the Indian Wars were African Americans? That's the plan, but always be prepared to be surprised...

Course Format: Lecture and Discussion • Course Leader: Mr. John Messamore
Course Time: Monday, 9:00-10:10 am • Course Dates: September 25, October 2, 9 & 16

Potpourri

Potpourri means a miscellaneous collection which certainly describes this semester's schedule, which includes traditional north American dance, Lewis & Clark – The Corps of Discovery, and an outstanding video on the Wild Pacific. In short, a veritable potpourri!

Course Format: Lecture, Video & Discussion • Course Leader: Mr. John Sworm
Course Dates: October 23 & 30, November 6 & 13 • Course Time: Monday, 9:00-10:10 am

Cultural Heritage & Geography

Packed full of information, this class is a favorite of all! Join us for this course as we learn about important events and people that have shaped our culture.

Course Format: Lecture and Discussion • Course Leader: Mr. Max Tarbet
Course Time: Monday, 10:35 - 11:45 am • Course Dates: September 25, October 2, 9 & 16

Health & Aging

Packed full of information, join us as we discuss the importance of good posture, illegal drugs in our community & atrial fibrillation.

Course Format: Lecture and Discussion • Course Leader: Ms. Phyllis Shoemaker
Course Time: Monday, 10:35 - 11:45 am • Course Dates: October 23 & 30, November 6 & 13

Brown Bag Lunch Talks

Join us for brown bag lunches where we will explore a diverse variety of topics including cyber security, the in's & out's of the TimesDaily newspaper & the diversity of aquatic animals in Lauderdale County.

Course Format: Lecture/Brown Bag Lunch • Course Leader: Ms. Robin Armstrong
Course Time: Monday, 12:00 – 12:50 pm

How Colors Affect You: What Science Reveals/Batik Workshop

There's more to colors than just aesthetics. There's an actual science behind how colors work on your eyes and your brain. And the secrets that scientists are uncovering offer astounding revelations on how colors influence the way you think, feel, and behave—often without your conscious awareness. We will also explore the art of Batik during two sessions.

Course Format: Video, Lecture & Discussion • Course Time: Monday, 1:00 pm – 2:00 pm
Course Leader: Ms. Robin Armstrong

Enjoying The Arts

Great art is among the most sublime, meaningful, and redeeming creations of all civilization. Few endeavors can equal the power of great artwork to capture aesthetic beauty, to move and inspire, to change your perceptions, and to communicate the nature of human experience. Great art is also complex, mysterious, and challenging. Filled with symbolism, cultural and historical references, and often visionary imagery, great artworks oblige us—defy us, even—to reckon with their many meanings.

Course Format: Video & Discussion • Course Leaders: Ms. Harriett Edwards & Mr. Peter Hill •
Course Time: Wednesday, 9:00-10:10am

Renewable Energy & Our Grandchildren: What Current Energy Trends In The US & Worldwide Could Mean To Them

Solar energy generation employed more Americans in 2016 than coal, gas and oil combined (2017 US Energy and Employment Report). That seems almost revolutionary to some of us, but what energy generation changes will our children and grandchildren experience over the next generation or two, and how will those changes affect them? Just as solar energy generation is on a growth spurt (our driveway solar lights are 4 times as bright as a couple years ago), so is wind technology. Pacific Power is developing wind turbines and transmission lines to power 750,000 homes. In this course, we try to simplify renewable energy research and technology in a way that makes it most understandable. Computer and self-driving car technology is leaving many of us behind. But if we learn

now about the issues, problems, winners and losers, in energy generation and distribution, I think we can impress our grandchildren with our understanding of tomorrow's energy future.

Course Format: Lecture & Discussion • Course Leader: Mr. Bill Matthews
Course Time: Wednesday, 10:35-11:45am • Course Dates: September 27, October 4, 11 & 18

Waste Not, Want Not

Sustainability In The Current World & Wisdom From The Past

Join us as we discuss climate change, recycling in the Shoals area & alternative energy!

Course Format: Lecture & Discussion • Course Leader: Mr. David Kennebeck
Course Time: Wednesday, 10:35-11:45am • Course Dates: October 25, November 1, 8 & 15

Great Books: Great Conversations VI

Participants will read and critically discuss in detail the following works from the Great Books: Edward FitzGerald's translation of Robert Browning's *The Rubaiyat of Omar Khayyam/Rabbi Ben Ezra*; George Eliot's *The Lifted Veil*; Mark Twain's *The Man That Corrupted Hadleyburg*; Friedrich Nietzsche's *On The Advantage & Disadvantage Of History For Life*; Jane Addams' *The Devil Baby At Hull House*; H.G. Wells' *The Man Who Could Work Miracles*; Thomas Mann's *Mario & The Magician*; and the novel by Edith Wharton named *The Age Of Innocence*. Selections are published in one volume (\$30.00), plus a novel, which may be purchased at the time of enrollment at UNA East Campus. Each reading will be discussed on its own merits in a small group setting. Required reading for the first class meeting is a selection from *The Rubaiyat of Omar Khayyam/Rabbi Ben Ezra* by Edward FitzGerald.

Course Format: Reading & Discussion • Course Leader: Ms. Nancy Belue
Course Time: Wednesday, 10:30-11:45am

Introduction To Appreciating Antique Chinese Arts And Material Culture

In the fourth ILR edition of exploring over six thousand years of Chinese art and history, this semester's four lectures will introduce students to some highlights of Chinese material cultures and their impacts on the West. This is a fun class that uses lots of short videos to teach us the highlights about Chinese arts, history, and culture. Our facilitator and longtime antiques collector, John Messamore, supplements the videos with examples from his own Chinese collections of bronzes, jades, porcelain, ivory, wood, pottery, and more to bring the subjects to life. Students will have the opportunity to gain critical hands on experience in evaluating and enjoying authentic examples. Topics this term will include tracing the continuity of Chinese bronze mastery of forms and decoration from 4000 years before present through the contemporary art and tourist markets. Do you have a Chinese form or priceless masterpiece as a doorstep? Toward the end of term, we will have our own "Roadshow" class where the students may bring in Chinese treasures or junk for a friendly discussion of their merits. Who knows what we will find? Other classes will look at the beauty and design of Chinese Classical gardens there and in the US as well. Finally, we will explore the value and role of shipwrecks in studying Chinese ceramics and trade history. If you know nothing about Chinese arts but are curious to learn, this course is made for you!

Course Format: Lecture & Discussion • Course Leader: Mr. John Messamore
Course Time: Wednesday, 12:30–1:30pm • Course Dates: September 27, October 11 & 25, November 8

Around Town – Field Trips

Participants will visit local sites around the area with on-location short lectures from local experts.

Course Format: Field Trips(extra cost may be associated)
Course Leader: Ms. Robin Armstrong • Course Time: Wednesday, immediately following previous session • Course Dates: October 4 & 18, November 1 & 15

Interfaith Class

Hinduism is a tradition that shapes one billion people, most of them in India. Hinduism was identified by European scholars as a formal religion only in the nineteenth century. It is a cultural religious worldview that has given rise to an impressive body of sacred literature magnificent art, great music, majestic architecture, and profound philosophy. This semester we will explore the early roots of this tradition and two of its most important and well known popular scriptures.

Course Format: Lecture and Discussion • Course Leaders: Drs. Jacquie & Tom Osborne
Course Time: Friday, 9:00 - 10:10 am

The Wisdom of History

The Wisdom of History refers to the ability to use history – the lessons of the past – to make decisions in the present and to plan for the future. This course examines the lessons that history might hold for the contemporary United States, particularly in a post-9/11 world.

Course Format: Video & Discussion • Course Leader: Ms. Jean Mammen
Course Time: Friday, 10:35 – 11:45 am

THE INSTITUTE FOR LEARNING IN RETIREMENT

PLEASE JOIN US FOR OUR SEMESTER ORIENTATION, PREVIEW & LUNCHEON!

Wednesday, September 6, 11:00 am in the UNA East Campus Building, 1640 Tune Ave., Florence. Members please bring a covered dish. Board meeting following lunch if needed.

WHAT IS THE INSTITUTE FOR LEARNING IN RETIREMENT (ILR)?

The ILR is a member led group that determines all activities from course planning to social events. Most discussion groups are led by members. The ILR is an organization of active mature men and women who seek continued intellectual and social stimulation. Regardless of your educational background or work experience, we invite you to try us out without committing to a membership! There are no tests, grades, or prerequisites!

THE INSTITUTE FOR LEARNING IN RETIREMENT IS FOR:

Anyone interested in making new friends and growing & stimulating their mind in an educational environment!

WHAT ARE THE BENEFITS TO BEING AN ILR MEMBER?

For only \$70 a semester, joining ILR entitles you to:

- Attend any or all of the courses you would like that are listed in this brochure
- Social Events
- Trips (extra cost may be associated)
- ILR Members receive a 10% discount on UNA Continuing Education Courses.

Simply fill out the registration form located below and mail with your check. Class size is limited in some cases, so register early! If you are interested in attending a regular credit course, there is a Senior Scholar program which is administered through the UNA Office of Admissions (256-765-4608).

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FAST & EASY REGISTRATION

Pre-registration is requested so we can be prepared for your attendance.


BY PHONE

Our registration office is open from 8 a.m. to 4:30 p.m. Monday through Friday. We accept Discover, MasterCard and Visa. **Call (256)765-4862 or 1(800)-825-5862, ext. 4862.**

IN PERSON

 During our office hours, come by our office in the UNA East Campus Building (formerly Powell School), 1640 Tune Avenue, Florence. Please have correct change.

MAIL

 Complete the attached registration form and mail with your check or credit card information (don't mail cash) to Continuing Education & Outreach, UNA Box 5036, University of North Alabama, Florence, Alabama 35632-0001.

Registration Form

If registering more than one person, please list additional names and information on an attached sheet or duplicate this form.

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Phone: (Day) _____ (Evening) _____

Mobile _____ Email _____

Fall 2017 Courses

Outstanding People and Events in American History
The Wisdom of History
The Great Books: Great Conversations VI
Waste Not, Want Not
Potpourri
Brown Bag Lunch Talks
Introduction to Appreciating Antique Chinese Arts & Material Culture

Enjoying the Arts
Health & Aging
Around Town – Field Trips
Interfaith Class
Renewable Energy & Our Grandchildren
How Colors Affect You
Cultural Heritage & Geography

Please Register me for:

☐ Fall Term 2017, \$70 ☐ Great Books: Book Cost, \$30

Payment Method:

Check Enclosed (payable to UNA) *Please include course name on lower left side of check.*

☐ Purchase Order

☐ Money Order

☐ Visa

☐ MasterCard

☐ Discover

Credit Card # _____

Expiration Date _____ Verification # _____

Authorized Signature _____

Please make as many copies of this form as you need.