

# INSTITUTE FOR LEARNING IN RETIREMENT FALL 2018



## Course Listing & Schedule

September 24 –  
November 16, 2018

## Orientation & Luncheon

September 12, 2018

## Continuing Education

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# The Institute for Learning in Retirement

## Fall 2018 Schedule

September 24 – November 16, 2018 • UNA East Campus

### MONDAYS

- 9:00 - 10:10am Outstanding People and Events in American History • Led by John Messamore  
Potpourri • Led by John Sworm
- 10:35 - 11:45am Art Appreciation – Art of the Western World • Led by Elizabeth Renault
- 12:30 - 1:40pm Brown Bag Lunch Talks • Led by Robin Armstrong
- 1:50 - 3:00pm Food: A Cultural Culinary History • Led by Pam Arias Messamore

### WEDNESDAYS

- 9:00 - 10:10am Alabama Legal & You • Led by Cam Jones  
Bicentennial Conversations (Part 2) • Led by Nance Gonce
- 10:35 - 11:45am Bicentennial Conversations (Part 1) • Led by Nance Gonce  
International Development Experiences • Led by Don Waterman  
The Great Books: Short Story Omnibus • Led by Nancy Belue
- 11:50am - 3:30 pm 'Round Town – Field Trips • Led by Robin Armstrong
- 12:15 - 1:25pm Do You Think You Know Who Killed JFK? • Led by Ron Helgemo

### FRIDAYS

- 9:00 - 10:10am Interfaith Potpourri • Led by Dr. Jacquie Osborne  
Forensics/Computer Security • Led by David Kennebeck
- 10:35 - 11:45am The Wisdom of History • Led by Jean Mammen  
The Universe Today • Led by David Curott
- 12:00 - 12:50pm Unscripted Discussions • Led by John Messamore & ILR Council Members
- 12:30 - 1:40pm Byways of Language & Literature • Led by Dr. Dennis Balch

### OFFICERS

President: John Messamore  
Vice-President: David Kennebeck

### COMMITTEE CHAIRS

Course Leader Facilitator: Jean Mammen  
Travel: Robin Armstrong  
Social: Chris Johnson  
Sunshine: Anne Petty

### COUNCIL



Three Year Term: Robin Armstrong, Dennis Balch, Larry Gautney, Hilda Vaughn

Two Year Term: Barbara Sherr, Phyllis Shoemaker, Nelda Tarbet, Howard Zeff

One Year Term: Michael Broder, Jean Mammen, Kay Meredith, Terry Smith

# COURSE DESCRIPTIONS

## Outstanding People & Events in American History

Amazing speakers discuss history impacting the Shoals, including reviewing a detailed photo collection of Wilson Dam construction, a new Tennessee River history, a look at UNA's Diversity 101 Student Orientation, and more!

Course Format: Lecture and Discussion • Course Leader: John Messamore  
Course Dates: Monday - Sept 24, Oct 1, 8, 15 • Course Time: 9:00-10:10 am

## Potpourri

Potpourri means a miscellaneous collection which certainly describes the scheduled session, which includes Elephant Sanctuary in Tennessee, Growing Up in Florence in the 1950's, Hiking in Alabama, and LST 325 - Tank Landing Ship.

Course Format: Lecture and Video • Course Leader: John Sworm  
Course Dates: Monday - Oct 22, 29, Nov 5, 12 • Course Time: 9:00-10:10 am

## Art Appreciation – Art of the Western World

DVD Series Art of the Western World - from Romanesque Pilgrimage & monastic movement, Florence, Venice, Counter-Reformation, Greek, Post-Impressionist, thru New York today.

Course Format: Video & Discussion • Course Leader: Elizabeth Renault  
Course Date: Monday • Course Time: 10:35-11:45 am

## Brown Bag Lunch Talks

Here is a taste of our diverse classes: Pulitzer Prize Winner Hank Klibanoff speaks on Civil Rights Cold Cases; Dr. Sammy Gilbreath shares his personal story of Israel's Gola Meir; Health Inspectors will explain restaurant ratings; Dr. Bill Strong will give a Kigong/Tai Chi demonstration; and we will also experience DUI impairment by getting our simulator "Beer Goggles".

Course Format: Lecture • Course Leader: Robin Armstrong  
Course Date: Monday • Course Time: 12:30-1:40 PM

## Food: A Cultural Culinary History

This course explores the history of how cultures produced, cooked and consumed foods as well as their rituals and beliefs surrounding food. Geography, culture and globalization all played a part.

Course Format: Great Courses DVD & Discussion • Course Leader: Pam Arias Messamore  
Course Dates: Monday - Sept 24, Oct 1, 8, 15 • Course Time: 1:50-3:00 pm

## Alabama Legal & You

Alabama Constitution environment, reform efforts, and more!

Course Format: Lecture, Panel Discussion • Course Leader: Cam Jones  
Course Dates: Wednesday - Sept 26, Oct 3, 10, 17 • Course Time: 9:00-10:10 am

## Bicentennial Conversations (Part 1 & 2)

This series of conversations will be an introduction to the year-long celebration of the Bicentennial of the City of Florence, presented by members of the Florence Bicentennial Committee. There will be additional field trips to complement the lectures on a separate day.

Course Format: Lecture & Discussion • Course Leader: Nancy Gonce  
Course Dates: Part 1 - Wednesday - Sept 26, Oct 3, 10, 17 • Course Time: 10:35-11:45 am  
Part 2 - Wednesday - Oct 24, 31, Nov 7, 14 • Course Time: 9:00 -10:10 am

## International Development Experiences

Sessions will highlight personal experiences and general issues from 45 years in overseas economic development – from Peace Corps to Foreign Service to IFDC. Focus will be on counties in Eastern Africa and South Asia.

Course Format: Lecture, Photos, & Discussion • Course Leader: Dan Waterman  
Course Dates: Wednesday - Oct 24, 31, Nov 7, 14 • Course Time: 10:35-11:45 am

## Great Books: Short Story Omnibus

Participants will read and critically discuss the following works from the Great Books Short Story/Omnibus: *The Yellow Wallpaper* by Charlotte P. Gilman (required reading for 1st class); *First Ball* by Katherine Mansfield; *Indian Camp* by Ernest Hemingway; *The Diver* by V.S. Pritchett; *Gimpel the Fool* by Isaac Bashevis Singer; *The Wall* by Jean-Paul Sartre; *The Country Husband* by John Cheever; *The Ledge* by Lawrence

Sargent Hall. Selections are published in one volume which may be purchased at registration at UNA East Campus.

Course Format: Reading & Discussion • Course Leader: Nancy T. Belue  
Course Date: Wednesday • Course Time: 10:30-11:45 am

## 'Round Town – Field Trips

Local field trips & lunch - We will visit the Walk of Honor at River Heritage Park, take a tour inside Wilson Dam, visit the new ECM Hospital & Belle Mont Mansion.

Course Format: Local Field Trips • Course Leader: Robin Armstrong  
Course Dates: Wednesday - Oct 3, 17, 31, Nov 14 • Course Time: 11:50 am-3:30 pm

## Do You Think You Know Who Killed JFK? A Critical Analysis

Can you believe the Warren Commission; the HSCA? How about Oliver Stone? Using video and lectures we will critically examine the evidence used to argue the case for conspiracy in the death of John Kennedy.

Course Format: Video & Discussion • Course Leader: Ron Helgemo  
Course Dates: Wednesday – Sept 26, Oct 10, 24, Nov 7 • Time 12:15-1:25 pm

## Interfaith Potpourri

Our four classes this semester will be spent catching up on requests from ILR participants. There will be four very interesting and different classes that stretch our understanding of spirituality in our lives.

Course Format: Lecture & Discussion • Course Leader: Dr. Jacquie Osborne  
Course Dates: Friday - Sept 28, Oct 5, 12, 26 • Course Time: 9:00-10:10 am

## Forensics/Computer Security

What do they mean "the file I deleted is still there"? How do passwords get hacked? These and other questions will be answered in further pursuit of topics raised during earlier ILR sessions. (Yes, we're going to "assess" your personal password after all!)

Course Format: Lecture & Discussion • Course Leader: David Kennebeck  
Course Dates: Friday - Nov 2, 9, 16 • Course Time: 9:00-10:10 am

## The Wisdom of History

The Wisdom of History refers to the ability to use history- the lessons of the past- to make decisions in the present and to plan for the future. This course examines the lessons that history might hold for the contemporary United States, particularly in a post-9/11 world.

Course Format: Video & Discussion • Course Leader: Jean Mammen  
Course Dates: Friday – Sept 28, Oct 5, 12, 26 • Course Time: 10:35-11:45 am

## The Universe Today

This course will describe the size and content of the Universe, the evidence for the Big Bang, the story of Gravity and the importance of recently measured gravitational waves. No equations guaranteed.

Course Format: Lecture & Discussion • Course Leader: David Curott  
Course Dates: Friday - Nov. 2, 9, 16 • Course Time: 10:35-11:45 am

## Unscripted Discussions

This flexible, moderated class period allows students to speak or join in discussing nominated topics at length. Current events, stories, yarns, and more are encouraged.

Course Format: Moderated Discussion • Course Leader: John Messamore  
& ILR Council Members • Course Dates: Friday - Nov 2, 9, 16 • Course Time: 12:00-12:50 pm

## Byways of Language & Literature

Literary topics that inform, entertain and delight! Regional poetry of rural life; English history and word origin; Antarctic adventure and leadership style; and reflections on the Civil Rights Movement.

Course Format: Lecture • Course Leader: Dr. Dennis Balch  
Course Dates: Friday - Sept 28, Oct 5, 12, 26 • Course Time: 12:30-1:40 pm

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# THE INSTITUTE FOR LEARNING IN RETIREMENT

## PLEASE JOIN US FOR OUR SEMESTER ORIENTATION, PREVIEW & LUNCHEON!

Wednesday, September 12, 11:00 am in the UNA East Campus Building, 1640 Tune Ave., Florence. Members please bring a covered dish. Board meeting following lunch if needed.

## WHAT IS THE INSTITUTE FOR LEARNING IN RETIREMENT (ILR)?

The ILR is a member led group that determines all activities from course planning to social events. Most discussion groups are led by members. The ILR is an organization of active mature men and women who seek continued intellectual and social stimulation. Regardless of your educational background or work experience, we invite you to try us out without committing to a membership! There are no tests, grades, or prerequisites!

## THE INSTITUTE FOR LEARNING IN RETIREMENT IS FOR:

Anyone interested in making new friends and growing & stimulating their mind in an educational environment!

## WHAT ARE THE BENEFITS TO BEING AN ILR MEMBER?

For only \$70 a semester, joining ILR entitles you to:

- Attend any or all of the courses you would like that are listed in this brochure
- Social Events
- Trips (extra cost may be associated)
- ILR Members receive a 10% discount on UNA Continuing Education Courses.

Simply fill out the registration form located below and mail with your check. Class size is limited in some cases, so register early! If you are interested in attending a regular credit course, there is a Senior Scholar program which is administered through the UNA Office of Admissions (256-765-4608).




## FAST & EASY REGISTRATION

**Pre-registration is requested so we can be prepared for your attendance.**


### **BY PHONE**

Our registration office is open from 8 a.m. to 4:30 p.m. Monday through Friday. We accept Discover, MasterCard and Visa. **Call (256)765-4862 or 1(800)-825-5862, ext. 4862.**

### **IN PERSON**

 During our office hours, come by our office in the UNA East Campus Building (formerly Powell School), 1640 Tune Avenue, Florence. Please have correct change.

### **MAIL**

 Complete the attached registration form and mail with your check or credit card information (don't mail cash) to Continuing Education & Outreach, UNA Box 5036, University of North Alabama, Florence, Alabama 35632-0001.

## Registration Form

If registering more than one person, please list additional names and information on an attached sheet or duplicate this form.

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: (Day) \_\_\_\_\_ (Evening) \_\_\_\_\_

Mobile \_\_\_\_\_ Email \_\_\_\_\_

### Fall 2018 Courses

- Outstanding People and Events in American History
- The Wisdom of History
- The Great Books: Short Story Omnibus
- Potpourri
- Brown Bag Lunch Talks
- Art Appreciation - Art of the Western World
- International Development Experiences
- Unscripted Discussions
- Do You Think You Know Who Killed JFK? A Critical Analysis
- 'Round Town - Field Trips
- Bicentennial Conversations: Part 1 & 2
- Forensics/Computer Security
- Food: A Cultural Culinary History
- Alabama Legal & You
- By Ways of Language & Literature
- The Universe Today
- Interfaith Potpourri

### Please Register me for:

☐ Fall Term 2018, \$70    ☐ Great Books: Book Cost, \$36

### Payment Method:

**Check Enclosed (payable to UNA)** Please include course name on lower left side of check.

- ☐ Purchase Order    ☐ Money Order    ☐ Visa  
☐ MasterCard    ☐ Discover

Credit Card # \_\_\_\_\_

Expiration Date \_\_\_\_\_ Verification # \_\_\_\_\_

Authorized Signature \_\_\_\_\_

Please make as many copies of this form as you need.