University of NORTH ALABAMA

UNA'S SUMMER YOUTH CAMPS MAY 29 – JUNE 29, 2018



- · And more... look inside!
 - Golf
 - Etiquette
 - Sewing
 - Chefs in Training
 - nA .
 - Backpacking

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May 29 – June 29, 2018
UNA'S SUMMER YOUTH CAMPS



Summer Youth Camps

CHEFS IN TRAINING

Follow the chef to cool cooking creations! This class will demonstrate cooking and various baking skills to children while using a Super Hero Theme. These skills will include menu planning, proper measuring for wet and dry ingredients, how to follow a recipe, safety in the kitchen, clean-up, proper prep techniques, Mise en place and that cooking can be fun and healthy.

JUNE 4 - JUNE 8 • COURSE #18SUYOU23101 (Grades 4 - 5) • Time: 9:00 am - 12:00 pm

Location: UNA East Campus Culinary Department Price: \$99 • Instructor: Chef Ogun & Chef Yuille

GIRL'S ONLY ETIQUETTE



Enroll your daughter in an energizing, positive and memorable camp for young women! There is always room to improve the confidence and empowerment of girls in modern society. We will spend the week working on enhancing image, evaluating inner strengths and promoting selfworth. Girls will learn a variety of etiquette skills and confidence exercises. Specific examples include correcting posture, grooming standards, table manners and strengthening communication. This camp is open to girls from all backgrounds and promises a graceful experience led by Faith Landers Woods of Faith Woods Events, a Certified Etiquette, Image and Protocol Consultant. Faith was trained at The Protocol School of Washington and has multiple years of experience in her field. Her clients have competed successfully in local high school pageants, Distinguished Young Woman and The Miss Alabama System. She also works publicly with Marriott Hotels and colleges across the state. She was recently featured in the No Ala Wedding Issue for her etiquette expertise. Supplies, snacks and drinks provided.

JUNE 4 – JUNE 8 • COURSE # 18SUYOU18601 (Ages 8 - 12) • Time: 9:00 am – 12:00 pm Location: UNA Kilby School • Price: \$99 Instructor: Faith Landers Woods

BOY'S ONLY ETIQUETTE



Enroll your son in an energizing, positive, and impactful camp for young men! There is always

room to improve the polish and leadership of young men in modern society. We will spend the week working intensely on table manners, grooming standards, promoting self-worth and strengthening communication. Some specific examples of instruction include interacting maturely with adults, polishing everyday physical appearance, how to tie a tie and utensil usage for a variety of dining standards. This camp is open to young men from all backgrounds and promises a solid learning experience led by Faith Landers Woods of Faith Woods Events, a Certified Etiquette, Image and Protocol Consultant. Faith was trained at The Protocol School of Washington and has multiple years' experience in her field. She was recently featured in the No'Ala Wedding Issue for her etiquette expertise. Supplies, snacks and drinks provided.

JUNE 4 – JUNE 8 • COURSE #18SUYOU18701 (Ages 8 - 12) • Time: 1:00 pm - 4:00 pm Location: UNA Kilby School • Price: \$99 Instructor: Faith Landers Wood

CREATING WITH CLAY

Get your hands into designing your own special piece of artwork made with clay. We will make several creations such as pinch pots, coil pots and a slab formation. Each student will take home a finished art piece each day. Wear play clothes or bring an apron.

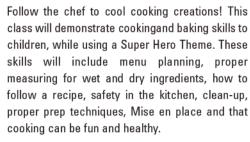
JUNE 4 – JUNE 8 • COURSE # 18SUYOU10101 (Grades K - 2) • Time: 9:00 am – 12:00 pm Location: UNA Kilby School • Price: \$99 Instructor: Brenda Truitt • Class size limited to

Instructor: Brenda Truitt • Class size limited to 18 (AND)

JUNE 4 – JUNE 8 • COURSE # 18SUYOU10201 (Grades 2 - 4) • Time: 1:00 pm – 4:00 pm

Location: UNA Kilby School • Price: \$99
Instructor: Brenda Truitt • Class size limited to 18

CHEFS IN TRAINING



JUNE 11 – JUNE 15 • COURSE # 18SUYOU10301 (Grades 2 - 3) • Time: 9:00 am – 12:00 pm

Location: UNA East Campus Culinary Department Price: \$99 • Instructor: Chef Ogun & Chef Yuille

SEWING A RAG QUILT & KNITTING A SCARF



Join us as we make a rag quilt while learning sewing and quilting skills at the same time! We will also learn basic knitting terminology, how to cast on and the knit stitch as we have fun creating a scarf. No previous sewing experience needed. A sewing machine in good working order is required. Supply list given at registration.

JUNE 11 – JUNE 15 • Course #18SUYOU25801 (Ages: 8 & up) • Time: 9:00 am – 12:00 pm Location: UNA Kilby School • Price: \$99 Instructor: Marilyn Jones • Class size limited to 8

SEWING FOR A SLEEPOVER



Learn about your sewing machine and basic sewing skills as we make a travel pillowcase, PJs and a neat bag to carry it all! A few other things may be added as time permits. No sewing experience required. A sewing machine in good working order is required. Supply list given at registration.

JUNE 11 – JUNE 15 • Course #18SUYOU25901
(Ages: 8 & up) • Time: 1:00 pm – 4:00 pm
Location: UNA Kilby School • Price: \$99
Instructor: Marilyn Jones • Class size limited to 8

SELF DEFENSE FOR TEENS



Practical and effective self-defense and situation awareness for everyday situations: This course will include responses to various types of attacks covering the spectrum from verbal to grabs, chokes, punches and weapons. This is a handson class teaching lifesaving methods, techniques and most importantly mindset.

JUNE 11 – JUNE 15 • Course # 18SUY0U11201 (Ages 12 - 17) • Time: 9:00 am – 12:00 pm Location: UNA Kilby School • Price: \$99 Instructor: Tom Jones • Class size limited to 20

VAN GOGHS IN TRAINING

Young artists get a try at producing their first great works in this fun class. Guidance in line, shapes, composition and color. We will be using pencil, charcoal crayons, water colors, acrylic paint and clay. Wear play clothes or bring an apron.

JUNE 11 - JUNE 15 • COURSE # 18SUYOU13201 (Grades K - 2) • Time: 9:00 am - 12:00 pm

Location: UNA Kilby School Price: \$99 • Instructor: Brenda Truitt

Class size limited to 18

(AND)

JUNE 11 – JUNE 15 • COURSE # 18SUYOU13301

(Grades 2 - 4) • Time: 1:00 pm – 4:00 pm

Location: UNA Kilby School
Price: \$99 • Instructor: Brenda Truitt

Class size limited to 18

perspective to help your child achieve the professional confidence and life skills they need. Faith Woods of Faith Woods Events, is a Certified Etiquette and Protocol Consultant with a license from The Protocol School of Washington. She was recently featured in the No'Ala Wedding Issue for her etiquette expertise. Notable clients include Marriott Hotels, The Miss Alabama System and numerous colleges across the state. Supplies, snacks and drinks provided.

young adult. This is a modern and fresh

JUNE 25 – JUNE 29 • COURSE # 18SUYOU22901 (All Ages) • Time: 9:00 am – 12:00 pm

Location: UNA Kilby School • Price: \$99 Instructor: Faith Landers Woods

BOY'S ONLY ETIQUETTE



CHEFS IN TRAINING

Follow the chef to cool cooking creations! This class will demonstrate cooking and light baking skills to children, while using a Super Hero Theme. These skills will include menu planning, proper measuring for wet and dry ingredients, how to follow a recipe, safety in the kitchen, clean-up, proper prep techniques, Mise en place and that cooking can be fun and healthy.

JUNE 18 - JUNE 22 • COURSE # 18SUYOU10401 (Grades K - 1) • Time: 9:00 am - 12:00 pm

Location: UNA East Campus Culinary Department Price: \$99 • Instructor: Chef Ogun & Chef Yuille

GIRL'S ONLY ETIOUETTE



Young ladies of any age are welcome to this summer camp as we will spend the week learning a variety of etiquette skills specific to the polish of women. Etiquette skills are presented to enhance their lives regardless of age as they transition through grade school, high school, college and into the professional world. They will be polished and prepared for the versatility needed to stand out in a crowd. Etiquette topics in a variety of levels will be discussed, and activities for the age appropriateness of your daughter will be assigned. Examples of topics covered include thank you notes, letter and résumé writing, professional grooming standards, proper table manners, expressing gratitude, communication skills and electronic etiquette. Students will work on etiquette exercises independently and as a group. This camp promises to help your child solidify the building blocks to being a well-rounded and mature

Young gentlemen of any age are welcome to this summer camp as we will spend the week learning a variety of etiquette skills specific to the polish of men. Etiquette skills are presented to enhance their lives regardless of age as they transition through grade school, high school, college and into the professional world. They will be polished and prepared for the versatility needed to stand out in a crowd. Etiquette topics in a variety of levels will be discussed, and activities for the appropriateness of your son will be assigned. Examples of topics covered include thank you notes, letter and résumé writing, professional grooming standards, how to tie a tie, proper intense table manners, expressing gratitude, communication skills and electronic etiquette. Students will work on etiquette exercises independently and as a group. This camp promises to help your child solidify the building blocks to being a well-rounded and mature young adult. This is a modern and fresh perspective to help your child achieve the professional confidence and life skills they need. Faith Woods of Faith Woods Events is a Certified Etiquette and Protocol Consultant with a license from The Protocol School of Washington. She was recently featured in the No'Ala Wedding Issue for her etiquette expertise. Notable clients include Marriott Hotels. The Miss Alabama System, and numerous colleges across the state. Supplies, snacks and drinks provided.

JUNE 25 - JUNE 29 • COURSE # 18SUYOU23001 (All Ages) • Time: 1:00 pm - 4:00 pm

Location: UNA Kilby School • Price: \$99
Instructor: Faith Landers Woods

KILBY COLLEGE Summer Camps

JUNIOR GOLF CAMP

Join us as we introduce juniors to the game of golf and increase their golf skills in a fun and creative learning environment. We will emphasize the relationship of playing the game of golf to personal development of integrity, honesty sportsmanship, as well as honoring the rules of the game. Skill areas covered: Putting . Chipping . Pitching • Bunkers • Full Swing • Rules of Golf • Course Management • Golf Etiquette. There will be a Tournament the last day of the camp. Every golfer will need their own set of clubs.

MAY 29 & 30 • COURSE #16SUY0U26801 (Ages 7 - 17) • Time: 9:00 am - 10:30 am Location: Blackberry Trail Golf Course,

Florence, AL • Price: \$40

Instructor: Jason Vaughn, PGA Professional, Former UNA Golf Coach, Vaughn Golf Academy

Class size limited to 20

BASIC ARCHERY

Join us in learning the basics of archery, including rules for safe archery practice, proper stance, draw, anchor and release techniques and scoring. JUNE 11 (Monday)

COURSE #18SUYOU20001KC

(Grades 1 - 3) • Time: 8:30 am - 11:30 am Location: UNA Flowers Hall • Price: \$30 Instructor: Patrick Shremshock

Class size limited to 12 students per session

(AND)

JUNE 12 (Tuesday) COURSE #18SUYOU20102KC

(Grades 4 - 6) • Time: 8:30 am - 11:30 am Location: UNA Flowers Hall • Price: \$30

Instructor: Patrick Shremshock

Class size limited to 12 students per session

COMPASS ORIENTEERING

Learn how to use a compass and topo map. Technology doesn't always work, especially when the batteries run out. Be prepared to find your way in the wilderness! Learn how to navigate the wilds with compass and map just like Lewis & Clark!

JUNE 13 (Wednesday) COURSE #18SUYOU26601KC

(Grades 1 - 3) • Time: 8:30 am - 11:30 am Location: Wildwood Park (Waterloo Road)

Price: \$30 • Instructor: Patrick Shremshock Class size limited to 12 students per session

(AND)

JUNE 14 (Thursday) • COURSE #18SUYOU26701KC (Grades 4 - 6) • Time: 8:30 am - 11:30 am Location: Wildwood Park (Waterloo Road)

Price: \$30 • Instructor: Patrick Shremshock Class size limited to 12 students per session

ART CAMP FOR BOYS

Art camp where boys can enjoy creating colorful, paintings and collages. This course will consist of fun crafting and art projects that will encourage each boy to celebrate how unique and special they are. Projects will incorporate typography and inspirational words that each boy feels will describe who they are.

JUNE 18 - 22 • COURSE # 18SUY0U24001 (Grades 2 - 6) • Time: 9:00 am - 12:00 pm

Location: UNA Kilby School

Price: \$99 • Instructor: Beckie McGee

ART CAMP FOR GIRLS

Art camp where girls can enjoy creating colorful, paintings and collages. This course will consist of fun crafting and art projects that will encourage each girl to celebrate how unique and special they are. Projects will incorporate typography inspirational words that each girl feels will describe who they are.

JUNE 18 - 22 • COURSE # 18SUYOU10601 (Grades 2 - 6) • Time: 1:00 pm - 4:00 pm

Location: UNA Kilby School

Price: \$99 • Instructor: Beckie McGee

It sounds so simple: Load everything you need into a backpack, then set off on foot for the wilderness adventure of a lifetime. But, where to go...When to go? Join us as we discover how to pack a pack, what to pack in a backpack, safety in backpacking, how to plan a trip and what you'll need to reach your

JUNE 18 (Monday) • COURSE #18SUYOU26001KC

Location: Wildwood Park (Waterloo Road) Price: \$30 • Instructor: Patrick Shremshock Class size limited to 12 students per session

JUNE 19 (Tuesday) • COURSE #18SUYOU26101KC

Location: Wildwood Park (Waterloo Road) Price: \$30 • Instructor: Patrick Shremshock Class size limited to 12 students per session

CAMPING 101



This camp is designed to familiarize students with site selection, tent set up, basic camp cooking, basic camp meal selection, tent breakdown and Leave No Trace.

JUNE 20 (Wednesday) COURSE #18SUYOU26201KC

(Grades 1 - 3) • Time: 8:30 am - 11:30 am Location: Wildwood Park (Waterloo Road) Price: \$30 • Instructor: Patrick Shremshock Class size limited to 12 students per session

JUNE 21 (Thursday) COURSE #18SUYOU26301KC

(Grades 4 - 6) • Time: 8:30 am - 11:30 am Location: Wildwood Park (Waterloo Road) Price: \$30 • Instructor: Patrick Shremshock Class size limited to 12 students per session

SURVIVAL SKILLS



Join us as we introduce you to the power and practical value of the natural world, while learning to survive and thrive outdoors! We'll learn essential survival skills as you set your imagination and adventurous spirits free while learning about the natural environment and the important skills of survival, basic food, water, shelter, fire and first aid acquisition.

JUNE 25 (Monday) COURSE #18SUYOU26401KC

(Grades 1 - 3) • Time: 8:30 am - 11:30 am

Location: Wildwood Park (Waterloo Road) Price: \$30 • Instructor: Patrick Shremshock Class size limited to 12 students per session (AND)

JUNE 26 (Tuesday) COURSE #18SUYOU26501KC

(Grades 4 - 6) • Time: 8:30 am - 11:30 am

Location: Wildwood Park (Waterloo Road) Price: \$30 • Instructor: Patrick Shremshock Class size limited to 12 students per session

Register Online @

www.una.edu/continuing-studies



destination!

(Grades 1 - 3) • Time: 8:30 am - 11:30 am

(Grades 4 - 6) • Time: 8:30 am - 11:30 am

ABOUT YOUR INSTRUCTORS:

MARILYN JONES holds a B.A. degree in Vocation Home Economics and a M.Ed. in Adult and Higher Education. She began sewing and crafting as a young teenager and has won many awards to include several quilting Best of Show. Marilyn is a certified Pilates Instructor and has taught Pilates since 2002. She began several of the Pilates programs in the area. She is dedicated to teaching to meet the needs of each student.

TOM JONES is originally from Center Star, Alabama. Moving to Florence as a young child he graduated from Coffee High School in 1974. He attended the University of North Alabama on an Army scholarship and graduated in 1978 with a professional bio/chemistry degree. Concurrent with graduation he was commissioned a Second Lieutenant and went on active duty. He specialized in Joint and Special Operations and was stationed in both the U.S. and Europe. He spent multiple tours with the Air Force, Marines and Navy and six years with a U.S. government agency, specializing in the European and Middle Eastern areas of operation. Mr. Jones started his martial arts career in the military in full contact karate. He began teaching in 1981 while stationed in Georgia. He has studied Japanese, Korean and Chinese styles as well as American free style karate. Mr. Jones is the owner of All American Tang Soo Do karate studio with locations in Russellville and Lexington, AL. Additionally, he teaches martial arts at the YMCA of the Shoals in Florence, AL.

BECKIE McGEE is an art teacher at Kilby Laboratory School. She holds a B.S. degree in Elementary Education. She enjoys painting, crafting and teaching children to express themselves through art.

CHEF JOHNSON OGUN is an accomplished Chef and university instructor with a strong combination of culinary experience and management skills coupled with instructional experience. He is a results driven and highly motivated professional with exceptional leadership skills. Being knowledgeable of both front and back of the house operation in the hospitality industry, he is an excellent instructor who motivates students. As a culinary professional, Chef Ogun consistently meets or exceeds company goals and objectives.

PATRICK SHREMSHOCK

Patrick Shremshock is an instructor in the University of North Alabama's Health, Physical Education and Recreation Department. He completed his Master's in Kinesiology at UNA fall 2015 semester. Patrick completed his undergrad at The Ohio State

University. Originally from Ohio, he moved to Alabama in 1993. He developed a love for Alabama and has never looked back. He has been an outdoor enthusiast since early childhood in part due to the interests of his parents. Patrick developed a love for amateur ornithology which led him to pursue a career in Natural Resources Interpretation. He is very excited about teaching at the university and looks forward to working for the students, faculty and staff of UNA and Kilby!

BRENDA TRUITT has been teaching art classes for over 20 years. She has taught at the University of North Alabama with Continuing Education since its inception. She received her Bachelor of Studio Art from UNA in 1985. She has taught both adults and children. She has experience with drawing, watercolor, acrylic, oil, and ceramics.

JASON VAUGHN is the Head Golf Professional and Owner of Vaughn Golf Academy. Jason is a former golf coach at UNA from 2013-2017. Jason received his Bachelors in Fitness Management from UNA and is completing his Masters in Health and Human Performance this summer. Jason was an All American golfer at UNA and was inducted into the Hall of Fame in 2014. He has two daughters who go to Kilby and wife Erica Vaughn who graduated from UNA with a degree in Nursing. He currently teaches and is the Head Professional at Blackberry Trial Golf Course. He loves teaching kids the game of golf as golf can become a lifetime sport. When he is not teaching golf or playing golf he enjoys fishing, working out, and spending time with his daughters. He is thrilled to be a part of the Kilby family and helping with golf this summer!

FAITH LANDERS WOODS of Faith Woods Events is a local etiquette and event expert. She has six years of expertise and holds her certification and license from The Protocol School of Washington. She has a M.H.E.S. in Business Conflict Mediation and a B.A. in Southern American History, both from The University of Alabama. Owning her own consulting business, she travels throughout the state consulting with hotels, universities, and hosting private events from weddings and beyond. As a lifelong native of the Shoals, she is dedicated to sharing her passion of southern entertaining and etiquette with all who will listen. Faith was recently featured in the Wedding Issue of No'Ala Magazine highlighting her camps for children as well as her wedding etiquette do's and don'ts. She is married to Billy Woods of Muscle Shoals. Contact her for further information at faith@fwevents.co or her Facebook, Faith Woods Events.

Camp Information:

- Enroll your child in the grade he or she will attend next fall.
- Most Camps will meet Monday Friday for one week.
- Please see course description for exact location.
- · A small snack is provided.

DROP-OFF & PICK-UP PROCEDURES

Please drop-off and pick-up your student at the assigned classroom. Students should be dropped off at their assigned classroom no earlier than 15 minutes before the start time. Students must be signed in and out of the class. Parents should arrange to pick up their student promptly at the end of their class. There is no supervision before 8:45 a.m. or after a student's class ends.

Parent/guardians are asked to sign the student out in person at the end of each camp day and will be asked prior to the start of camp to identify those persons who have approval to pick up the student from the program.

Registration Information:

- Advanced registration is required. Classes fill quickly!
- · Payment is due at time of registration.
- Registration deadline is by 4:30 p.m. on the Thursday preceding the camp week for which you are registering.

CANCELLATIONS & WITHDRAWALS:

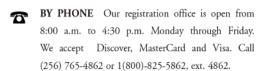
If you must cancel, call us at least three business days before the camp for a full refund. Failure to attend does not constitute a withdrawal. Substitutions are always welcome. If a camp must be cancelled, you will be called in advance and will receive a full refund.

Preregistration is requested so we can be prepared for your attendance. Payment is due at time of registration.



ONLINE

www.una.edu/continuing-education





IN PERSON During our office hours, come by our office in the UNA East Campus Building (formerly Powell School), 1640 Tune Avenue, Florence.



MAIL Complete the attached registration form and mail with your check or credit card information (don't mail cash) to Continuing Education, UNA Box 5036, University of North Alabama, Florence, Alabama 35632-0001.

Register Today! Call (256) 765-4862 or 1-800-825-5862, Ext. 4862

UNA is an Equal Opportunity/Equal Access Institution

FAST AND EASY REGISTRATION

Registra	uon rorm
Please type or print clearly. List additional campers and	d courses on an attached sheet or duplicate this form.
Camper's Name	Age
Grade this fall: Parent/Guardian	1
Address	
City	State Zip
Phone: (Day)	_ (Evening)
Medical conditions we should be aware of: _	
Person responsible for child during the week	of camp:
Phone:	Cell:
Payment Method: TOTAL ENCI □ Check Enclosed (payable to UNA) Please □ Visa □ MasterCard □ Discover Credit Card #	include course name on lower left side of the check.
Exp. Date	Verification Code:
Name on Card (please print)	
Authorized Signature	

2018 CAMP COURSES

(Please check all courses child will attend)

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May 29 & May 30	Junior Golf	(Ages 7 - 17)
June 4 – June 8	Chefs in Training	(Grades 4 - 5)
June 4 – June 8	Girl's Only Etiquette	(Ages 8 – 12)
June 4 – June 8	Boy's Only Etiquette	(Ages 8 - 12)
June 4 – June 8	Creating with Clay	(Grades K – 2)
June 4 – June 8	Creating with Clay	(Grades $2-4$)
June 11	Basic Archery	(Grades 1 - 3)
June 12	Basic Archery	(Grades 4 - 6)
June 11 – June 15	Chefs in Training	(Grades $2-3$)
June 11 – June 15	Sewing A Rag Quilt & Knitting A Scarf	(Ages 8 & Up)
June 11 – June 15	Sewing for A Sleepover	(Ages 8 & Up)
June 11 – June 15	Self Defense for Teens	(Ages 12 - 17)
June 11 – June 15	Van Goghs in Training	(Grades K - 2)
June 11 – June 15	Van Goghs in Training	(Grades 2 - 4)
June 13	Compass Orienteering	(Grades 1 - 3)
June 14	Compass Orienteering	(Grades 4 - 6)
June 18 – June 22	Chefs in Training	(Grades K - 1)
June 18 – June 22	Art Camp for Boys	(Grades 2 – 6)
June 18 – June 22	Art Camp for Girls	(Grades 2 – 6)
June 18	Backpacking 101	(Grades 1 - 3)
June 19	Backpacking 101	(Grades 4 - 6)
June 20	Camping 101	(Grades 1 - 3)
June 21	Camping 101	(Grades 4 - 6)
June 25 – June 29	Girl's Only Etiquette	(All Ages)
June 25 – June 29	Boy's Only Etiquette	(All Ages)
June 25	Survival Skills	(Grades 1 - 3)
June 26	Survival Skills	(Grades 4 - 6)