INSTITUTE FOR LEARNING IN RETIREMENT
SPRING 2024
Course Listing & Schedule
January 22 – March 15
Preview & Luncheon
January 17, 2024

UNA is an Equal Opportunity/Equal Access Institution.
Please pass this on or copy it for other colleagues who may be interested.
www.una.edu/professionaldevelopment
or (256) 765-4862
Call 1-800-825-5862, Ext. 4862, Ext. 4862
Register Today!
Spring 2024 Schedule
January 22 – March 15, 2024 • UNA East Campus

MONDAYS
9:00 - 10:00 am
Byways of Language & Literature • Led by Dennis Balch
Science In Our Everyday Lives • Led by William Cale

10:30 - 11:40 am
Ancient Civilizations of North America • Led by Jean Mammen
The Idea of Freedom and the Rule of Law • Led by Tom Osborne

12:15 – 1:25 pm
“...is it really for KIDS!” • Led by David Daniel
Member Biographical Videos • Led by John Sworm
Interfaith Book Discussion Group • Led by Jacquie Osborne
Healthy Aging: Accepting the Joys & Challenges of Aging • Led by Linda Austin
Health & Adventure • Led by Richard Hudiburg
Readers’ Choice • Led by Dennis Balch

TUESDAYS
TBD
Culinary Lunch (February 13) • Led by Helen Norvell
TBD
Wine Tasting (Date TBD) • Led by Franny Grimmitt

WEDNESDAYS
9:00 - 10:00 am
Enjoying The Arts • Led by Elizabeth Renault
Frank Borman & Apollo-8, Hubble/Webb Images & Nuclear Power Plants • Led by Rob Martin

10:30 - 11:40 am
The Great Books: Immigrant Voices & Classic Readings For Discussion • Led by Nancy Belue
Shoals Conversations • Led by Nancy Gonce
Smattering Matters • Led by Scott Reed

12:15 – 1:25 pm
All Over The Map • Led by Susan Daniel

FRIDAYS
9:00 - 10:00 am
Hodgepodge • Led by Will Grimmitt
ILR Voices • Led by Susan Farris

10:30 - 11:40 am
The Agency: A History of the CIA • Led by Ron Helgemo
Potpourri • Led by John Sworm

12:15 – 1:25 pm
Friday Afternoon Movies! • Led by Donald Anderson
The Way We Were – Once Was Not Enough! • Led by David & Susan Daniel

11:45 am – TBD
Around Town (February 7 & March 8) • Led by April Sturtevant & Kaye Perkins

Time TBD
All Day Trip (February 21) • Led by April Sturtevant & Kaye Perkins

OFFICERS
President: Susan Daniel
Vice-President: Susan Farris

COUNCIL
Three Year Term: Max Gee, Will Grimmitt, Steve Merry, Phyllis Romine
Two Year Term: Dennis Balch, Lucy Crosby, John Harris, Kris Seabol
One Year Term: Linda Austin, Deb Barnes, Emily Kelley, Rob Martin

COMMITTEE CHAIRS
Course Leader Facilitators: Jean Mammen, Marian Morris, Charles Wickwire
Travel: April Sturtevant and Kaye Perkins
Social: Chris Johnson
Sunshine: Dianne Freeze
Technology: Richard Hudiburg, Sherry Crosslin, Steve Merry
Time: Kay Durrett, Al & Dianne Freeze, Marian Morris

LIKE US @UNAsILR
The Great Books: IMMIGRANT VOICES & ANNIVERSARY CLASSIC READINGS
Participants will read and then critically discuss the works from the books of IMMIGRANT VOICES and ANNIVERSARY CLASSIC READINGS. Selections are online or may be purchased in a new or used copy of the books. Reading titles will be presented at Preview luncheon.

All Over The Map – A Little Something For Everyone!
Home-grown Heroes, Gardening For Birds, The Ethics Of AI, The Metaphysical Club: Shapers Of Our America, Food Innovators In History and MORE!

Friday Afternoon Movies!
Relax your way into your weekend with some movies especially chosen for you. We will watch Musicals, Westerns and even a Fantasy movie.

The Way We Were – Once Was Not Enough!
Come see your friends as they were through photos from our ILR pasts. If you saw the first one, you know how great it was. If not, now’s your chance, don’t let it slip away!

Byways of Language and Literature
Topics that inform, entertain and delight! The Lego story, Tulsa after 1921, the magic of the alphabet, a history of how knowledge is made and diffused.

Ancient Civilizations of North America
Centuries before European contact, large parts of North America had cities of thousands of people living in finely built houses, palaces, temples, and wide public plazas. There were road systems connecting cities across hundreds of miles. This semester finishes our course with the Northwest, Northeast, and North Midwest.

“... is it really for KIDS?”
We will look at the “dark side” of many Fairy Tales and familiar Nursery Rhymes, along with Disney’s ‘adult’ movie dialogue. You may never look at these the same again!

Member Biographical Videos
ILR Members ---- Tom Osborne, Emily Kelley

Interfaith Book Discussion Group
Our book for the semester will be “The Faith Club: A Muslim, a Christian, a Jew – Three Women Search for Understanding”, Ranya Idliby

Enjoying the Arts
Explore and view Kinetic Art; Review the life and works of Italian artist Amadeo Modigliani; The Art form and its history of Typewriter Art; The Edo Art period in Japan

Shoals Conversations
History and future of the hospitality of the Marriott Shoals, multi-county Alabama programs related to services and supporters of gardening activities, Shoals Chamber of Commerce will share information about various programs, Director of Florence Department of Arts and Museums activity in area across various sites.

Hodgepodge
City of Florence Recycling program, History of Florence Library, Zoom session for Volunteers for Chimp Sanctuary, History of “Scenes Unseen”… Ghostly activity of Tusculumbia

All Day Trip • Wednesday, February 21
At the Jesse Owens Memorial Park, explore the replica home and museum showcases depicting the making of the 1936 Olympic Track and Field Gold Medalist superstar.

Around Town • February 7 & March 8
Walk on Whistle Path at Ivy Green and tour the birthplace of Helen Keller. Curious about our water quality? Join a fascinating tour of the Florence water facility treatment plant.

Culinary Arts Luncheon • Tuesday, February 13
Once again, ILR is going be treated to a delicious luncheon from the Culinary Arts students this spring semester. Important note, it will be on Tuesday, February 13th.

Wine Tasting
Important note, it will be on a Tuesday during the semester. Date TBD
THE INSTITUTE FOR LEARNING IN RETIREMENT

PLEASE JOIN US FOR OUR SEMESTER PREVIEW & LUNCHEON!
Wednesday, January 17 at 11:00 a.m., in the UNA East Campus Building, 1640 Tune Ave., Florence.

WHAT IS THE INSTITUTE FOR LEARNING IN RETIREMENT (ILR)?
The ILR is a member led group that determines all activities from course planning to social events. Most discussion groups are led by members. The ILR is an organization of active mature men and women who seek continued intellectual and social stimulation. Regardless of your educational background or work experience, we invite you to try us out without committing to a membership! There are no tests, grades, or prerequisites!

THE INSTITUTE FOR LEARNING IN RETIREMENT IS FOR:
Anyone interested in making new friends and growing & stimulating their mind in an educational environment!

WHAT ARE THE BENEFITS TO BEING AN ILR MEMBER?
For only $70 a semester, joining ILR entitles you to:
- Attend any or all of the courses you would like that are listed in this brochure
- Social Events
- Trips (extra cost may be associated)
- ILR Members receive a 10% discount on UNA Continuing Education Courses.
Simply fill out the registration form located below and mail with your check. Class size is limited in some cases, so register early! If you are interested in attending a regular credit course, there is a Senior Scholar program which is administered through the UNA Office of Admissions (256-765-4608).

FAST & EASY REGISTRATION
Pre-registration is requested so we can be prepared for your attendance.

☎️ BY PHONE
Our registration office is open from 8 a.m. to 4:30 p.m. Monday through Friday. We accept Discover, MasterCard and Visa. Call (256)765-4862 or 1(800)-825-5862, ext. 4862.

👩‍💻 IN PERSON
During our office hours, come by our office in the UNA Office of Regional Engagement, 541 West College Street, Florence, AL. Park at the back of the building and enter through the purple awning. Please have correct change.

✉️ MAIL
Complete the attached registration form and mail with your check or credit card information (don't mail cash) to Center for Learning & Professional Development, UNA Box 5036, University of North Alabama, Florence, Alabama 35632-0001.

Registration Form
If registering more than one person, please list additional names and information on an attached sheet or duplicate this form.

Name ____________________________________________________________
Mailing Address __________________________________________________
City __________________________ State ________ Zip ______________
Phone: (Day)____________________ (Evening)____________________
Mobile _____________________ Email ______________________________
Birthday (Optional) ____________________________

Please Register me for: □ Spring Term 2024, $70

Payment Method:
Check Enclosed (payable to UNA) Please include course name on lower left side of check.
☐ Purchase Order ☐ Money Order ☐ Visa
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Credit Card # ________________________________
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Please make as many copies of this form as you need.