“Psychology helps to measure the probability that an aim is attainable.”
Edward Thorndike

News, ponderings, and information from the minds of the Psychology students, staff, and faculty at the University of North Alabama

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https://www.facebook.com/groups/134308693862/
Psych☺l☺gy Club
Psychology Mentor Program

Look out psych students, there is a new program available for all your academic needs! This program will help with all of those unanswered questions we’ve all had at some point or another: What classes should I take? When will I graduate? What can I do with Psychology? What happens after graduation? Should I consider graduate school?

If you are one of the many students who have had these questions plague your life then spend no more time asking “Where do I go from here?” and instead turn your focus to one of the Mentors who have been there before and can walk you through this confusing labyrinth of possibilities.

For those of you who are interested in this exciting new opportunity to better understand where your psychology degree can take you then contact the psychology department for more information.

Meet the Mentors

Coleman Thompson, Senior
Hometown: Waynesboro, TN
Katie Poole, Senior
Hometown: Elkmont, AL
Shannon Hogan, Junior
Hometown: Pensacola, FL
Nathan Donahue, Post-Bacc.
Hometown: Nebraska City, NE
Erin Cooper, Senior
Hometown: Pulaski, TN
Alyson Bergner, Senior
Hometown: Savannah, GA
Ellen Mannon, Senior
Hometown: Scottsboro, AL
Annelise Kennedy, Junior
Hometown: Loretto, TN
Laci Willis, Senior
Hometown: Arab, AL
Mary Ware, Senior
Hometown: Florence, AL

Great Student Mentors and an awesome Psychology Club... two reasons UNA’s Psychology Department had the highest growth of any department at UNA from 2014 to 2015.

“As Vice President of the Psychology Club I’m always trying to meet the new psych students (freshman & transfers) and remember names. I guess part of that is why I decided to join our peer mentoring program. I know what it’s like as an incoming transfer student knowing no one and it would have been nice to have some sort of guide.”

- Alyson Bergner, Senior
What is a Behavior Analyst and What Do They Do?

Behavior analysts provide services to individuals, families, group homes, schools, mental health agencies, hospitals, industrial and business settings, and other agencies working with individuals who require intensive behavioral training and/or consultation. Special populations such as individuals with Autism Spectrum Disorder and other developmental disabilities have been shown to benefit greatly from Applied Behavior Analysis (ABA) services. ABA is also frequently used in the field of education for both neurotypical students and students with disabilities. Behavior analyst professionals are strongly encouraged by the Behavior Analyst Certification Board (BACB) to pursue Board Certified Behavior Analyst (BCBA) or Board Certified Assistant Behavior Analyst (BCaBA) certification. BCBA and BCaBA certifications are considered the industry standard in this field and are nationally and internationally recognized.

A career in ABA is one filled with options. When the time comes to choose a specialization, there are a variety of choices available to you, each of which will vary in the type of work and the workplace environment. Many professionals in this field decide to work in education, treating children with behavioral challenges like autism, developmental disabilities, or unchecked aggression. Others go into private practice or consulting, treating clients with disabilities or mental health issues. Still others go into a corporate environment, developing plans to improve productivity and optimize morale. Whether working with individual children with autism, in a school with a group of kids, or in helping a corporation perform better through improved productivity, the behavior analyst has an opportunity to make a difference in people’s lives every day. Our first student in this program will finish Spring 2016.

Contact Information

For questions about the certificate program, please contact Dr. Zayac, at 256-765-4224 or email rzayac@una.edu.
Fun Fact about Peru:
Lima has a massive population of over 8 million people. According to Dr. Zayac despite the roads being always busy and the impulsiveness of the drivers, he and his team did not witness a single accident.
If you could have any super power what would it be? The ability to change anything into dark chocolate

If you had a warning label, what would yours say? “This guy will forget anything you tell him, so email it.”

If you could go back in time, what year would you travel to? I’d travel back to 1969, and go to Woodstock, while trying to avoid the draft.

Larry Bates, Professor

On a scale of 1-10 how funny would you say you are? I like to think I’m a solid 7.

What would you sing at Karaoke night? The first time I ever sung karaoke I gave a stirring rendition of “When I Think About You I Touch Myself.” It brought down the house.

Pet Peeves? Poor grammar and people who say they gave 110% – it’s not possible.

Ryan Zayac, Professor

If you had a warning label, what would yours say? “If you find that your Carrasco is hungry, feed promptly. If your Carrasco is sleepy, let her sleep. Deviating from a regularly scheduled eat and sleep schedule will lead to a more volatile, aggressive, and edgy Carrasco.”

Nickname? Many. Some were even said to my face. The one that stands out the most is… CookieNose.

If you could have any super power what would it be? Tough one. I waiver between Jean Grey’s telekinetic/telepath abilities and Rogues abilities to absorb others’ powers.

Gabriela Carrasco, Professor

If you had a warning label, what would yours say? “Danger! Probabilities inside.”

Pet Peeves? Don’t text in the front row. I can see you.

If you could have any super power what would it be? To make all politicians honest.

Richard Hudiburg, Professor and Chair
Are you more of an introvert or extrovert? I am an introvert.

If you could go back in time, what year would you travel to? If I could go back in time I would go back to 1970.

Favorite psychology class thus far and why? My favorite psychology class so far has been social psychology with Dr. Carrasco because it makes many things that seem so complex make sense and relates to real life more than any other class I've ever had.

Micheala Mashburn, Senior

If you could have any super power what would it be? I would love to be able to teleport!

What would you sing at Karaoke night? “Fancy” by Reba

Favorite psychology class thus far and why? Physiological Psychology. It has challenged me, and taught me so many interesting things about the brain!

Sydney McGuire, Junior

If you had a warning label, what would yours say? Mine would say that I have the most random pet peeves! The dumbest one would probably be sneezing. Obviously everyone does it (including me), and you can’t really control it, but for some reason it just annoys me so bad when I hear someone sneeze!

What would you sing at karaoke night? I’m totally tone deaf, but if I ever sang karaoke it would definitely be any song by Miranda Lambert, Pistol Annies, or Shania Twain! Hello, girl power!

In a nutshell, why psychology? Because I’m crazy, and can relate to “psychos” :)

Haley Thurman, Senior

What is your biggest fear? My biggest fear is open heights… Let me conquer it by repelling off mountains and jumping out of planes. No biggie… Right?

If you had a warning label, what would yours say? “Empathy alert, I feel what you’re thinking.” Even though you’re not saying or doing anything, I still feel what you’re manifesting and projecting. It’s scary!

In a nutshell, why psychology? Let me dissect every notion of human existence then put it all back together, with a little love of course!

Lindsey Thompson, Junior
Sarah Freed, a 2012 graduate, finished her Master’s Degree in Industrial Organizational Psychology at the University of Tennessee in Chattanooga while simultaneously interning for the Tennessee Valley Authority. She now works as an Assessment and Development Specialist for Jefferson County in Birmingham where she creates interviews, based off of research done by I-O psychologists, to prevent illegal hiring practices.

Ada Woo, a 1999 graduate who is a native of Hong Kong, completed a Master’s degree at University of Alabama in Huntsville, and a Ph.D. at University of Texas at Arlington. She is director of measurement and testing at the National Council of State Boards of Nursing.

And the Winner is…

Wow, look who won the Keller Key at the Fall 2015 graduation ceremony for highest GPA among all graduates who completed all of their credit hours at UNA…our own Alex Priester! Congrats to Alex on a job well done…especially considering that you did that after taking Psychological Statistics class!

Jeremy Patton, a 2011 graduate, was accepted into the UNA Counseling Master’s Program and graduated with his master’s in July 2013. In July of 2014 he opened his own private practice that now resides in Moulton, Alabama. He is a licensed professional counselor as well as a nationally certified counselor. He has plans to continue his education in counseling and to ultimately acquire a Ph.D.

Elizabeth Lauderdale, a 2008 graduate, completed her master’s degree in clinical psychology at Eastern Kentucky University and obtained a license as a Licensed Psychological Technician. In 2011 she began teaching at UNA as an adjunct psychology professor and in 2012 began working as a child therapist at a mental health center in Cullman County. Her future goal is to obtain her Ph.D.
LEADERS IN
UNA STUDENT RESEARCH


* denotes UNA students….and we probably even forgot a few presentations. What a great year!!!