Appendix H: Bystander Attitudes and Behaviors

Table 1. Bystander Readiness to Help Scale.

Please read each of the following statements and indicate the number that indicates how true each is of you:

1 = strongly disagree/not at all true 5 = strongly agree/very much true

Subscale: No Awareness

- 1. I don't think sexual violence is a problem on this campus.
- 2. I don't think there is much I can do about sexual violence on campus.
- 3. There isn't much need for me to think about sexual violence on campus.
- 4. Doing something about sexual violence is solely the job of the crisis center.

Subscale: Responsibility

- 5. Sometimes I think I should learn more about sexual violence.
- 6. I have not yet done anything to learn more about sexual violence.
- 7. I think I can do something about sexual violence.
- 8. I am planning to learn more about the problem of sexual violence on campus.

Subscale: Action

- 9. I have recently attended a program about sexual violence.
- 10. I am actively involved in projects to deal with sexual violence on campus.
- 11. I have recently taken part in activities or volunteered my time on projects focused on ending sexual violence on campus.
- 12. I have been or am currently involved in ongoing efforts to end sexual violence on campus.

Table 2. *Bystander Attitudes Scale*.

| Please indicate how | likely you | u are to | engage | in each | of the fo | ollowing | behaviors using this scale: 22 |
|---------------------|------------|----------|--------|---------|-----------|----------|--------------------------------|
| Not likely | 0 | 1 | 2 | 3 | 4 | 5 | Extremely likely |

- 1. Ask for verbal consent when I am intimate with my partner, even if we are in a long-term relationship.
- 2. Stop sexual activity when asked to, even if I am already sexually aroused.
- 3. Check in with my friend who looks drunk when they go to a room with someone else at a party.
- 4. Say something to my friend who is taking a drunk person back to their room at a party.
- 5. Challenge a friend who made a sexist joke.
- 6. Express my concern if a family member makes a sexist joke.
- 7. Challenge a friend who uses insulting words to describe girls.
- 8. Confront a friend who plans to give someone alcohol to get sex.
- 9. Refuse to participate in activities where girls' appearances are ranked/rated.
- 10. Confront a friend who is hooking up with someone who was passed out.
- 11. Confront a friend if I hear rumors that they forced sex on someone.
- 12. Report a friend that committed a rape.
- 13. Stop having sex with a partner if they say to stop, even if it started consensually.
- 14. Decide not to have sex with a partner if they are drunk.

Table 3. Frequencies for responses on the Bystander Readiness to Help Subscales.

| | | rongly ree | 4 = agree | | 3= neither agree/disagree | | 2 = disagree | | 1 = strongly disagree | |
|--|-----|---------------|-----------|------|---------------------------|------|--------------|------|-----------------------|------|
| | N | % | N | % | N | % | N | % | N | % |
| Bystander Readiness to Help– No Awareness Subscale | 45 | 5.0 | 212 | 23.4 | 411 | 45.4 | 151 | 16.7 | 86 | 9.5 |
| Bystander Readiness to Help - Responsibility Subscale | 21 | 2.3 | 46 | 5.1 | 310 | 34.2 | 378 | 41.7 | 151 | 16.7 |
| Bystander Readiness to Help – Action Subscale | 381 | 41.9 | 197 | 21.7 | 174 | 19.1 | 70 | 7.7 | 87 | 9.6 |

Table 4. Frequencies for responses on the Bystander Attitudes Scale.

| | 5 = ext likely | remely | 4 | 4 | 3 | 3 | 1 | 2 | - | 1 | 0 = no | t likely |
|------------------------------|----------------|--------|-----|------|-----|------|----|-----|----|-----|--------|----------|
| | N | % | N | % | N | % | N | % | N | % | N | % |
| Bystander Attitudes Scale | 189 | 23.8 | 346 | 43.6 | 167 | 21.0 | 45 | 5.7 | 18 | 2.3 | 29 | 3.6 |

Table 5. Means and standard deviations for all bystander scales and subscales.

| | Scale | M | SD |
|---|-----------------------|------|------|
| Bystander Readiness to Help – No Awareness Subscale | 1 = strongly disagree | 3.28 | .976 |
| | 5 = strongly agree | | |
| Bystander Readiness to Help – Responsibility Subscale | 1 = strongly disagree | 2.64 | .875 |
| | 5 = strongly agree | | |
| Bystander Readiness to Help – Action Subscale | 1 = strongly disagree | 3.92 | 1.27 |
| | 5 = strongly agree | | |
| Bystander Attitudes Scale | 1 = not likely; | 5.02 | 1.11 |
| | 6 = extremely likely | | |

Table 6. *Independent samples t-tests comparing bystander scales and subscales by gender.*

| 1 1 | 0 , | | | , 0 | |
|--|------|------|------|------|-----------|
| | Fer | nale | M | ale | _ |
| | M | SD | M | SD | t-test |
| Bystander Readiness to Help – No Awareness | 3.34 | .942 | 3.07 | 1.00 | - 3.52*** |
| Subscale | | | | | |
| Bystander Readiness to Help – Action | 3.97 | 1.25 | 3.71 | 1.34 | - 2.52** |
| Subscale | | | | | |
| Bystander Attitudes Scale | 5.15 | 1.02 | 4.69 | 1.27 | - 4.72*** |
| | | | | | |

^{*}p<.05; **p<.01; ***p<.001.

Table 7. Means and standard deviations for all bystander scales and subscales by class standing.

| | | Freshman | | Sophomore | | Junior | | Senior | | Graduate | |
|---------------------|-------|----------|------|-----------|------|--------|------|--------|------|----------|------|
| | Scale | M | SD | M | SD | M | SD | M | SD | M | SD |
| Bystander | 1 - 5 | 2.97 | 1.11 | 3.07 | .948 | 3.40 | .848 | 3.43 | .925 | 3.30 | 1.04 |
| Readiness to Help – | | | | | | | | | | | |
| No Awareness | | | | | | | | | | | |
| Subscale | | | | | | | | | | | |
| Bystander | 1 - 5 | 2.65 | .976 | 2.60 | .787 | 2.59 | .838 | 2.61 | .824 | 2.78 | .896 |
| Readiness to Help – | | | | | | | | | | | |
| Responsibility | | | | | | | | | | | |
| Subscale | | | | | | | | | | | |
| Bystander | 1 - 5 | 3.64 | 1.44 | 4.04 | 1.32 | 4.07 | 1.12 | 3.84 | 1.25 | 3.90 | 1.36 |
| Readiness to Help – | | | | | | | | | | | |
| Action Subscale | | | | | | | | | | | |
| Bystander Attitudes | 1 - 6 | 4.90 | 1.34 | 5.03 | 1.04 | 5.08 | 1.09 | 5.05 | 1.04 | 5.12 | 1.14 |
| Scale | | | | | | | | | | | |

Table 8. One way analysis of variance with post-hoc comparison for bystander scales by class standing.

| | F | df | p | Post hoc analysis |
|-------------------------------|------|--------|------|-----------------------|
| | | | | (Tukey $p < .05$) |
| Bystander Readiness to Help – | 8.53 | 4, 828 | .001 | Freshmen < Junior*** |
| No Awareness Subscale | | | | Freshmen < Senior*** |
| Bystander Readiness to Help – | 3.30 | 4, 830 | .01 | Freshmen < Sophomore* |
| Action Subscale | | | | Freshmen < Junior** |

^{*}p<.05; **p<.01; ***p<.001.