



Women's Center



December 2007

University of North Alabama

Happy Holidays and an Aware New Year

As our time here at UNA winds down and the last minute hustle and bustle of assignments and finals creeps upon us and on that mad dash for your last minute Christmas presents take a moment to remember the various days of December to raise awareness for some worthy causes that affect everyone this holiday season. December is International Safe Toys & Gifts Month for Kids, United Nations International Day of Disabled Persons, Human Rights Day, Seasonal Depression Awareness Month, and National Drunk and Drugged Driving Prevention Month. To learn more about each of these and several more observed in December check out FundRaisers.com for more information.

On December 3, the International Day of Disabled Persons is aimed to promote an understanding of disability issues and mobilize support for the dignity, rights and well-being of persons with disabilities. It also seeks to increase awareness of gains to be derived from the integration of persons with disabilities in every aspect of political, social, economic and cultural life. Also, December 10, Human Rights Day is celebrated to honor the United Nations General Assembly's adoption and proclamation, on December 10 1948, of the Universal Declaration of Human Rights, the first global enunciation of human rights. The commemoration was established in 1950, when the General Assembly invited all states and interested organizations to celebrate

the day as they saw fit.

Other causes and issues such as International Safe Toys & Gifts Month for Kids, Seasonal Depression Awareness Month, and National Drunk and Drugged Driving Prevention Month, however, are observed all month. They are designed to raise awareness to prevent accidental childhood injury, a leading killer of children 14 and under, from toys; provide safety precautions and driving tips during the holiday season to keep all people safe when in the car; and raise awareness about Seasonal Affective Disorder that affects four to six people out of one hundred, mostly in December when the seasons change and the days get shorter, causing symptoms of depression.

'Tis' the season to spread the gift of love, peace, and kindness to one another and not to focus on the new 8G ipod. So everyone be safe and remember others this holiday season. Live life to the fullest but remember Friends Don't Let Friends Drive Drunk-- Designate a Sober Driver.

- Compiled by Samantha Denson



December Calendar

<u>Event</u>	<u>Date</u>
<i>National AIDS Day</i>	<i>1</i>
<i>Study Day</i>	<i>6</i>
<i>Semester Exams</i>	<i>7-12</i>
<i>Hanukkah</i>	<i>4-13</i>
<i>Graduation</i>	<i>14</i>
<i>Winter Solstice</i>	<i>22</i>
<i>Christmas Eve</i>	<i>24</i>
<i>Christmas Day</i>	<i>25</i>
<i>Kwanzaa</i>	<i>12/26- 1/1</i>
<i>New Years Eve</i>	<i>31</i>

Quotes:

- "For what is done or learned by one class of women becomes, by virtue of their common womanhood, the property of all women." ~ Elizabeth Blackwell
- "Those who make peaceful revolution impossible will make violent revolution inevitable." ~ John F. Kennedy
- "Never doubt that a small group of thoughtful committed citizens can change the world. Indeed, it is the only thing that ever has." ~ Margaret Mead
- "Don't compromise yourself. You are all you've got." ~ Janis Joplin

World AIDS Day

"It is bad enough that people are dying of AIDS, but no one should die of ignorance."

~ Elizabeth Taylor ~

The Women's Center set up an information table at the GUC on November 30th to raise awareness on campus. We had leaflets on sexual health, FREE condoms and candies. We also invited people to the Wilson Park event on Dec 1st.

A few ladies came to get condoms for their teenage sons. I was personally impressed to know that some parents take active interest in their child's well being. Always use protection while having sex because there is life after a baby, but there's no life after AIDS. It is essential regardless of one's sexual orientation.

On December 1st at Wilson Park supporters gathered to spread awareness among our community. Students from UNA and Florence High School, Focus Group, Florence Public Library, Florence P.D., N.W. AL CNG, McDonalds and others joined to fight

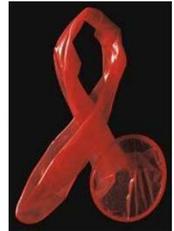
against AIDS. Mayor of Florence, Bobby Irons graced everyone with his presence. We released red balloons after his speech.

Writer and activist, Susan Sontag says, "AIDS obliges people to think of sex as having, possibly, the direst consequences: suicide. Or murder". It is important that we stop AIDS but we must also support people who live with it. I believe in the right: people living with HIV and not dying of it.

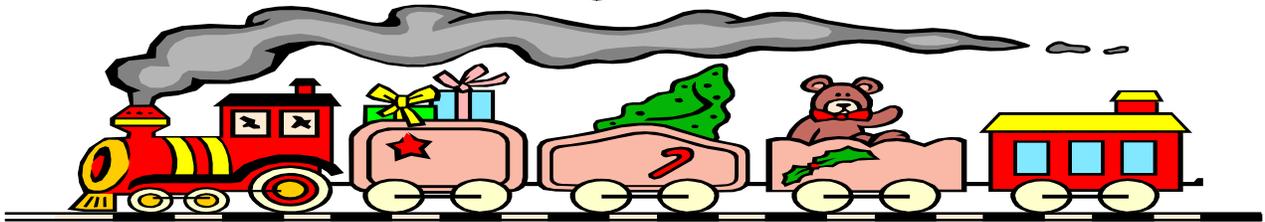
Women's Center keeps a stock of FREE condoms please feel FREE to stop by. We also provide FREE HIV testing on Tuesdays between 1:30-4:30 pm. We are #9 on the UNA campus map. Rape Response also provides HIV testing. Ring 765-0025 to book appointment. Appointments are not necessary but are preferable.

Support and be Safe: Wear a ribbon, wear a condom.

~ Pratik Mamtora ~



Have a safe and happy Holiday Season.



Partying at the Women's Center



This month the Women's Center held two parties for two entirely different purposes. We had a Bead for Life party and a Spa party.

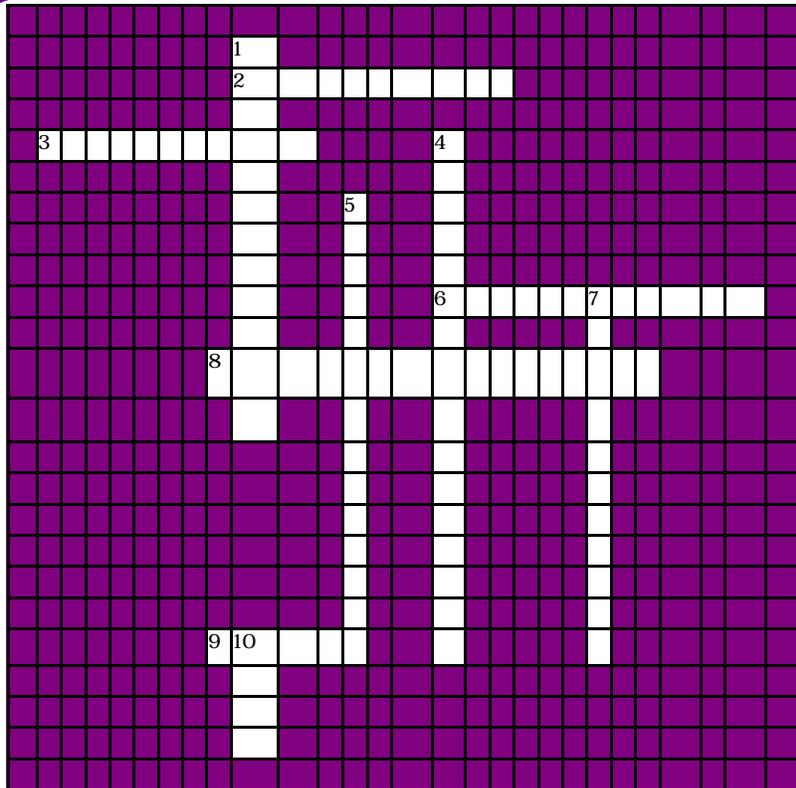
Bead for Life is an organization that supports women in Uganda. The women make beads out of recycled paper to sell. All of the proceeds from this project go directly back to the women that make them. This helps these women lift themselves and their families out of poverty. We found this event to be extremely successful.

The second party that we held was a Spa Party. The general purpose of this was to help everyone to relax before we began finals. There were free refreshments and skin care. Everyone who attended said that they enjoyed themselves.

Next time we all hope that you can join us.

- K. McCord





Down

- 1. She co-founded the National Organization of Women and challenged traditional roles of women in the Feminist Mystique.
- 4. Running under the Equal Rights part in 1872, she was the first women to ever run for president in the United States.
- 5. Born in to slavery, this women gave the famous speech "Ain't I a Woman" at a Women's Convention in 1851.
- 7. The first Women's Rights convention was held in 1848 here.
- 10. This organization's purpose is to advance equity for women and girls through advocacy, education, and research. (The acronym)

Across

- 2. She founded the global movement to end violence against women and girls.
- 3. Which amendment to the United States Constitution gave women the right to vote?
- 6. This is the local non-profit agency that is dedicated to the reduction of rape and serving victims of sexual assault.
- 8. The first woman elected to the United States Supreme Court.
- 9. Women's History Month in the united States as proclaimed by George W. Bush in 2006.



"Because woman's work is never done and is underpaid or unpaid or boring or repetitious and we're the first to get fired and what we look like is more important than what we do and if we get raped it's our fault and if we get beaten we must have provoked it and if we raise our voices we're nagging bitches and if we enjoy sex we're nymphos and if we don't we're frigid and if we love women it's because we can't get a "real" man and if we ask our doctor too many questions we're neurotic and/or pushy and if we expect childcare we're selfish and if we stand up for our rights we're aggressive and "unfeminine" and if we don't we're typical weak females and if we want to get married we're out to trap a man and if we don't we're unnatural and because we still can't get an adequate safe contraceptive but men can walk on the moon and if we can't cope or don't want a pregnancy we're made to feel guilty about abortion and...for lots and lots of other reasons we are part of the women's liberation movement."

—NOW (National Organization for Women)



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Women in History

December 24, 1948- The first solar-heated house was occupied through an experiment conducted solely by women; Dr. Maria Telkes developed the solar-heating system, Amelia Peabody sponsored the experiment, and Eleanor Raymond designed the house. Although Dr. Telkes system proved to be both a cheap and effective means of heating, it was only ignored by industries.

December 1, 1955- Doing her part for the Civil Rights Movement, Rosa Parks was arrested in Montgomery, Alabama for refusing to give her bus seat to a white man.

December 28, 1967- Muriel Siebert becomes the first woman to own a seat on the New York Stock Exchange.

December 1, 1968- sex-segregated want ads in top New York newspapers, the Times, Post, Daily News, and Village Voice, was ended through the efforts of women's groups led by The National Organization of Women.

December 2, 1988- Benazir Bhutto became the first woman to ever rule an Islamic nation when she was elected the Prime Minister of Pakistan.

December 20, 1989- Captain Linda Bray became the first women to command American soldiers in battle during the invasion of Panama.

The Turning of a Page

With the coming of December, so comes the close of another fall semester the University of North Alabama. I am sure that we are all looking forward to a much needed long break from school for family time and recovery for the coming of yet another semester. The Women's Center would like to thank everyone who became involved with us this semester. Any volunteers are a wonderful addition. We only encourage more to come by and see what we are all about. Our goal is to make the Women's Center a comfortable place for anyone who wants to come in.

This semester has been full of events and activities that have given everyone ample opportunities to learn about everyone, their beliefs, and their culture. Each and every event was a chance for the center to bring people in and get them involved. The following events were held this semester: a book drive, a bake sale, a movie screening, and a party.

In the month of September we held a book drive that was extremely successful. The three organizations that we collected for benefited individual in need. We collected about 500 books. Everyone involved would like to thank the faculty, staff, and

students that donated. Without the caring individuals that found it in their heart to bring books, some people would not have had the chance to have books.

In the month of October we held a bake sale to help fund our ongoing cookbook project. Submissions for the cookbook are still needed. If anyone is interested contact the Women's center. Also in October in recognitions of Domestic Violence Awareness Month, we held a Bollywood movie screening. We saw the movie Water. The screening gave everyone who attended a chance to ask questions on issues that arose in the movie. We also asked questions that we had about Indian society and culture.

This year we decided to hold a Bead party. All proceeds from the party went directly to benefit women from Uganda. We held this party in conjunction with our annual Holiday Party.

It has been a wonderful semester at the Women's Center and we can only hope it will only get better in the future. For anyone who is graduating, we wish you all the best in the future.

- K . McCord