

**University of
North
Alabama**

Women's Center

December 2009



Mark Your Calendar!



This year, the Women's Center has planned a couple of events to celebrate the holidays.

The Center kicked off this holiday season by inviting everyone to come out and make candy houses. This was a lot of fun and a perfect way to get everyone's mind off of their up and coming finals.

The Women's Center will also be hosting a holiday party this year. This party is intended to celebrate all different cultures and holiday traditions, and EVERYONE is encouraged to attend. The party will be held on study day, December 10 from 11 a.m. to 1 p.m. This will be a great opportunity for you to take a much needed break from your studies and to get some great food and interesting information about the way the holidays are celebrated in other cultures. Please make plans to attend!

Don't Let Your Guard Down

Free flu kits are still available at the Women's Center. The kits are filled with items such as cough drops, hand sanitizing wipes, face masks, tissues, and a list of tips to help you avoid the flu. Flu season is well underway, and this year we are facing the H₁N₁ virus as well as the regular seasonal flu. Flu outbreaks are picking back up, and even if you have already received your flu vaccination, you could still catch a mild case of the flu.

Don't let your guard down; come pick up a FREE flu kit at the Women's Center. Also, along with the flu kits, the Women's Center is giving out cards filled with information to help prepare you in the unlikely event of a sexual assault. Be sure to come by the Women's Center to pick up a flu kit and "Get Carded."



Quotes

- *"For what is done or learned by one class of women becomes, by virtue of their common womanhood, the property of all women."*
~ Elizabeth Blackwell
- *"Those who make peaceful revolution impossible will make violent revolution inevitable."*
~ John F. Kennedy
- *"Never doubt that a small group of thoughtful committed citizens can change the world. Indeed, it is the only thing that ever has."*
~ Margaret Mead
- *"Don't compromise yourself. You are all you've got."*
~ Janis Joplin

Upcoming Events

December 7 - Candy House Making at the Women's Center

December 9 - Last Day of Classes

December 10 - Study Day; Holiday Party at the Women's Center

December 11 - Hanukkah begins; Final Exams begin

December 18 - Graduation

December 25 - Christmas

December 26 - Kwanzaa begins

Women In History

December 1, 1955- Doing her part for the Civil Rights Movement, Rosa Parks was arrested in Montgomery, Alabama for refusing to give her bus seat to a white man.

December 1, 1968- Sex-segregated want ads in top New York newspapers, the *Times*, *Post*, *Daily News*, and *Village Voice*, were ended through the efforts of women's groups led by The National Organization of Women.

December 2, 1988- Benazir Bhutto became the first woman to ever rule an Islamic nation when she was elected the Prime Minister of Pakistan.

December 20, 1989- Captain Linda Bray became the first woman to command American soldiers in battle during the invasion of Panama.

December 24, 1948- The first solar-heated house was occupied through an experiment conducted solely by women: Dr. Maria Telkes developed the solar-heating system, Amelia Peabody sponsored the experiment, and Eleanor Raymond designed the house.

December 28, 1967- Muriel Siebert became the first woman to own a seat on the New York Stock Exchange.



Cell Phone Drive



Do you have an old cell phone that you do not use? Donate it at the Women's Center, and it will go to the HopeLine Program. The HopeLine Program takes old cell phones and accessories, refurbishes or recycles them, and sells them. The proceeds from these phones go to benefit domestic violence victims. Donate your old cell phones today and help support a wonderful cause.

Looking Back

October was a wonderful month at the Women's Center! We had to excellent speakers that came and addressed important issues.

On November 13, Angie Sizemore came and spoke on the issue of diabetes. She gave very valuable information about the risk factors for diabetes, including some very helpful tips on maintaining a healthy diet.

On November 20, the Women's Center hosted another excellent speaker. On this day, Susan Bentley spoke on breast cancer and other related women's health issues. She gave some very helpful information about breast cancer, including the importance of early detection.

The Women's Center plans to continue to have speakers in the future that will address various issues. Please be listening for announcements about upcoming speakers so that you can be sure and attend.

Where is the Women's Center?

If you do not know where the Women's Center is located, now is your chance to learn. The Women's Center is a small, tan house located on Wood Avenue. The Center is situated between the Willingham faculty parking lot and the big, purple University of North Alabama sign. It is located in front of Wesleyan Hall. It is also across the street from the BCM. The physical address for the Women's Center is 663 North Wood Avenue.

If you still cannot locate the Center, please call (256) 765-6198 or (256) 765-4380 and someone here would be more than happy to assist you in finding the Center.



**Happy Holidays
to Everyone!**





663 North Wood Ave.
Florence, AL 35632

Hours of Operation:
Monday - Friday; 8 a.m. – 4 p.m.
Phone: (256) 765—6198

**UNIVERSITY OF
NORTH ALABAMA**



Notes from the Coordinator

As the holidays draw near, and the semester comes to a close, I want to be sure to thank our outgoing intern for the semester, Jessica Clem Murray, for the splendid job she has done. We all owe her a huge debt of gratitude for her hard work and dedication to Women's Studies and the Women's Center. We wish her only the very best in all her future endeavors. Jessica, we will miss you! I want to personally wish each and every one of you a happy and safe holiday, whatever your holiday may be. Please take care of yourselves—I want to see you safely back next semester!

-Emily